TIME OF YOUR LIFE



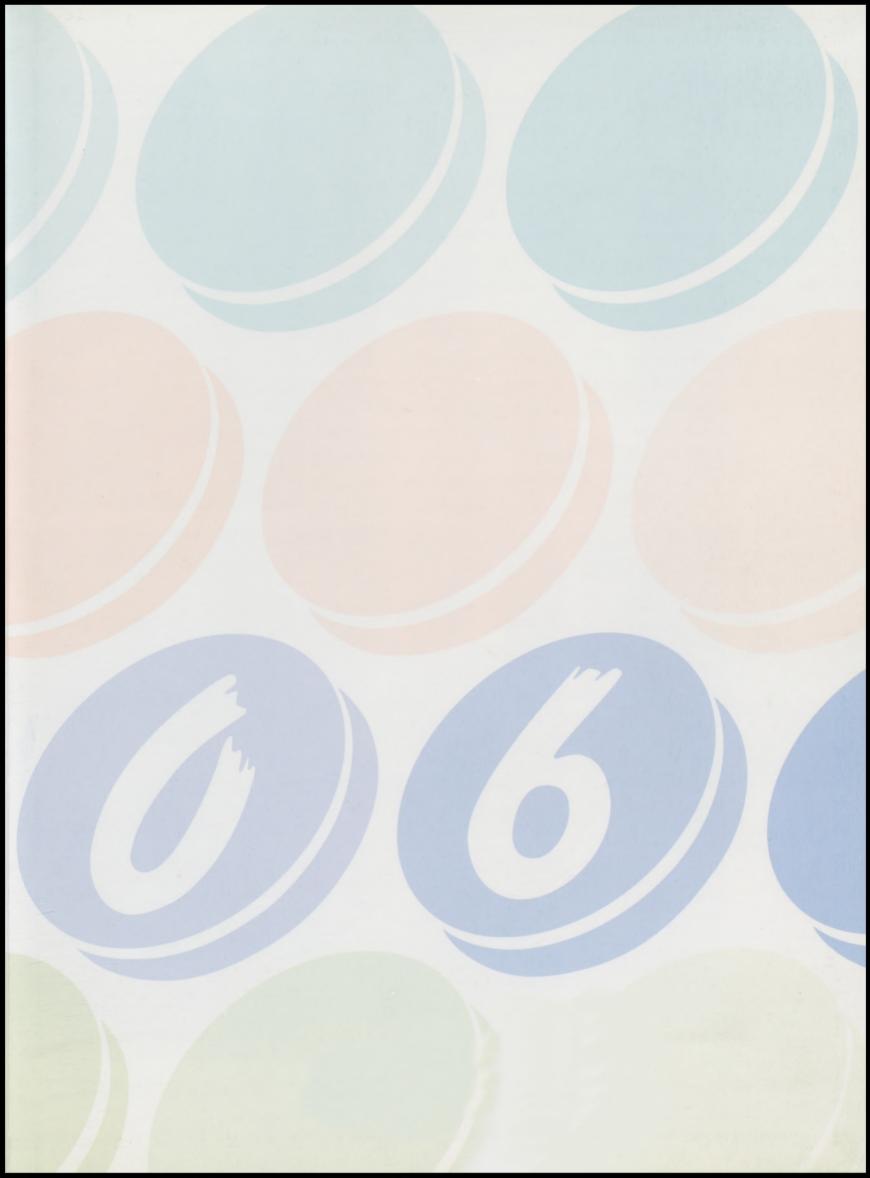
20:06



Sag itta









**below)** The Suffield Wildcat unleashes his roar of chool spirit before a big game.

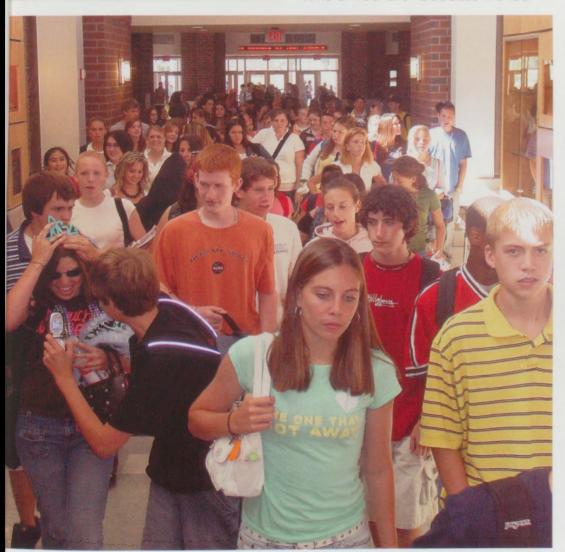
### "Time of Your Life!"

Dear Reader,

Putting together this yearbook was a very difficult task for us. We wanted to come up with an original theme that would be fun and interesting. The theme that we came up with is music. We feel that music is a very integral part of high school life. Whether it is at a party, at a dance, or just driving in the car, music is all around us. We feel that every high school experience can be described one way or another by a song. We chose to title our yearbook "Time of Your Life" because we feel

that that phrase can describe one's high school experience. Before coming here, we were always told that our time in high school would be the best years of our lives. At the time, we never could have imagined that statement being true, but it's something unpredictable, but in the end it's right, high school really *is* the time of your life!

Always and Forever,
The Yearbook Staff



(above) As lunch gets out, a rush of students slowly make their way to their fifth period classes.



(above) Mr. Gowdy, Mrs. Tan, Mrs. Holland, Senora Riordan, Senora Harnet, Senora Kelly, and Mr. Wlnarski enjoy a high class meal together outside while the weather is still warm.

# "End of the Road"

Let's face it, senior year is over and we don't want to leave. It seems like only yesterday that we touring the brand new Suffield High School as freshmen, but now we have been here four years and before we know it, we will be entering the "Real World." Some of us know where we are going to college, what we will do in our life, and what profession we will enter while others are still overwhelmed by the planning for the future. Our

(right) Timothy Dupuis and Sean Burlingham strike a macho pose for the camera on the last day of school in 8th grade. four years of high school, especially our senior year, have been filled with many joyous memories that will never be forgotten. In reality the end of the road is only the beginning to a world of possibilities.

**(right)** David Wilson, Colin Packard, and Mikey Devine can not hide their excitement before 8th grade class night.





(above) Daniel Bryll, Jonathon Haslam, and Dane Scozzari demonstrate their skills on the drums in 8th grade band.

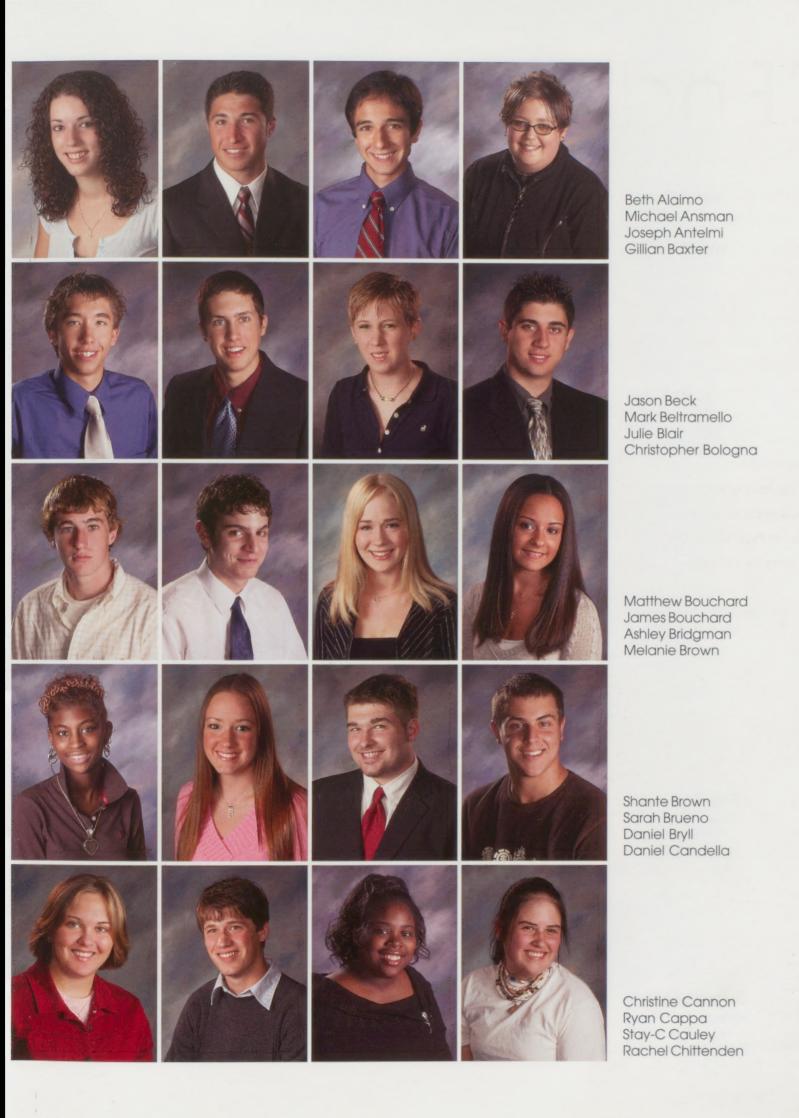
(middle right) Lindsay Small shows off her beautiful new makeover. Will this trend stick or will it fade away quickly?



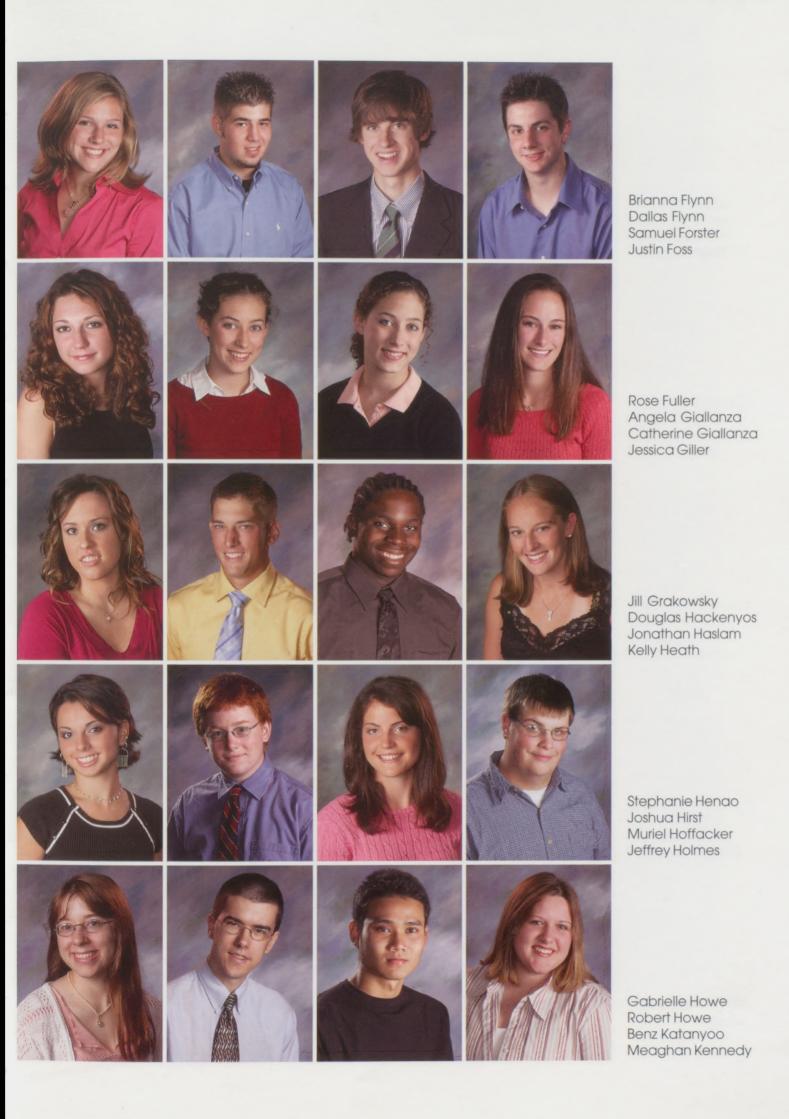




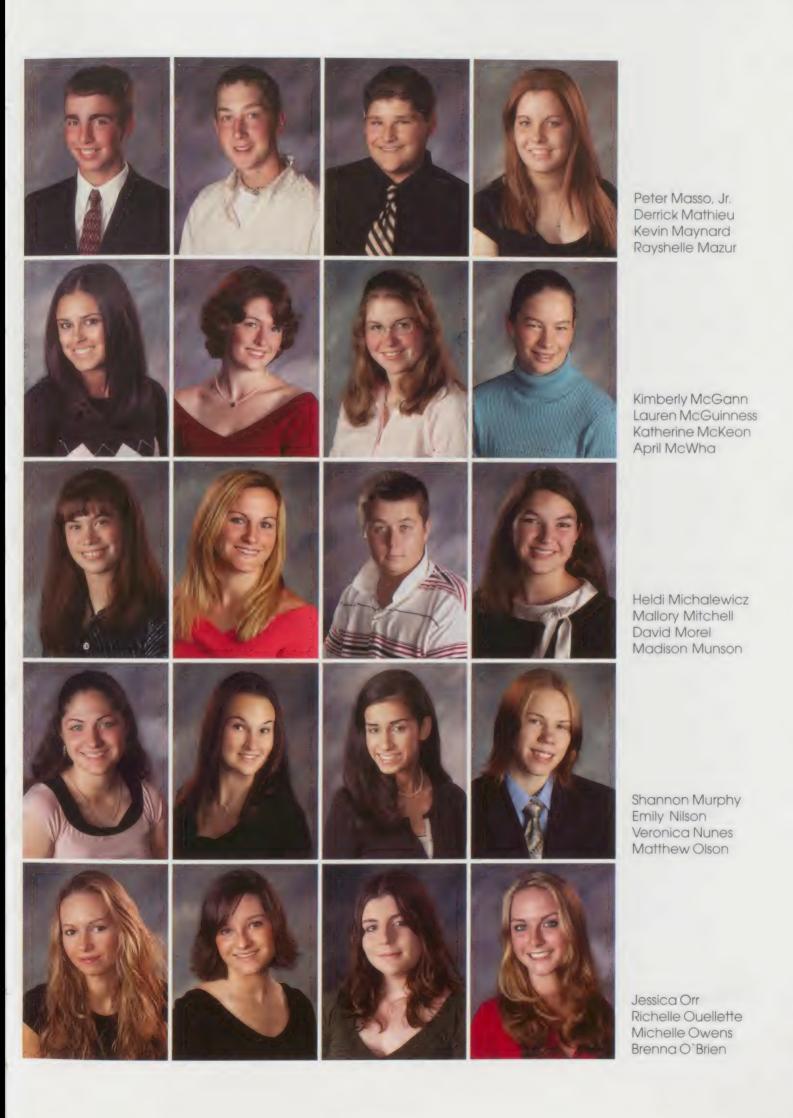
(above) Lindsay Shultz and Nicole Kenny are glad to spend time together over the summer at the Connecticut Summer Classic Horse Show.

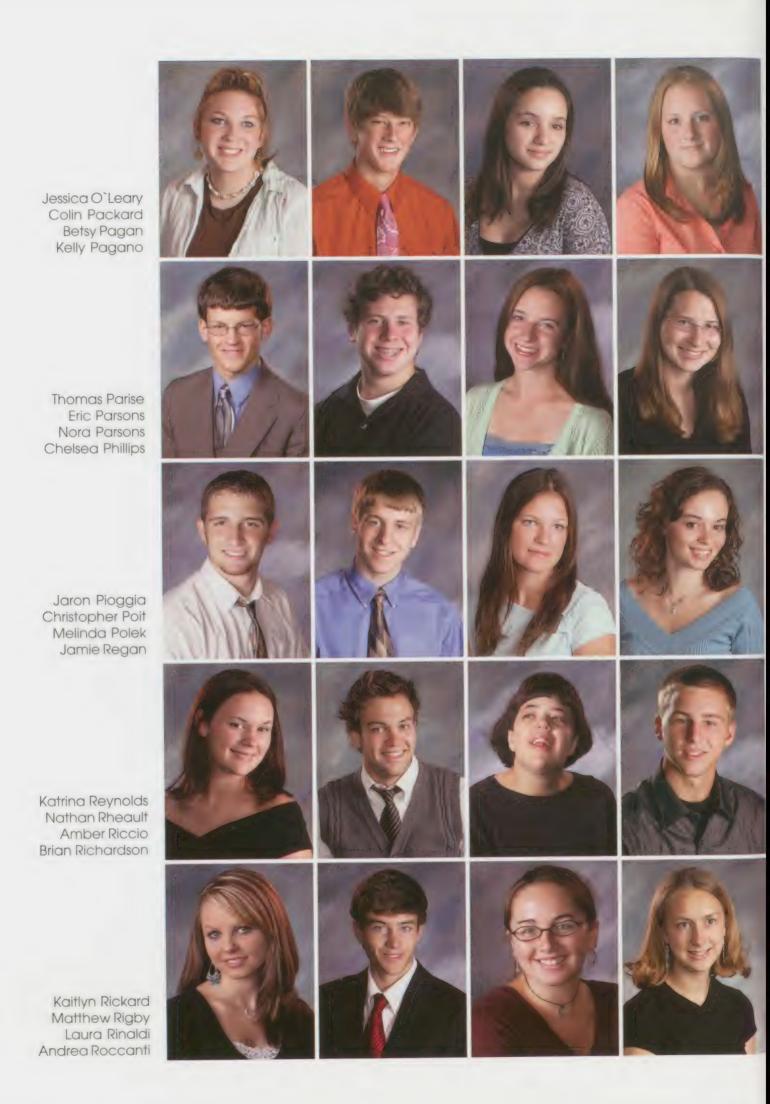


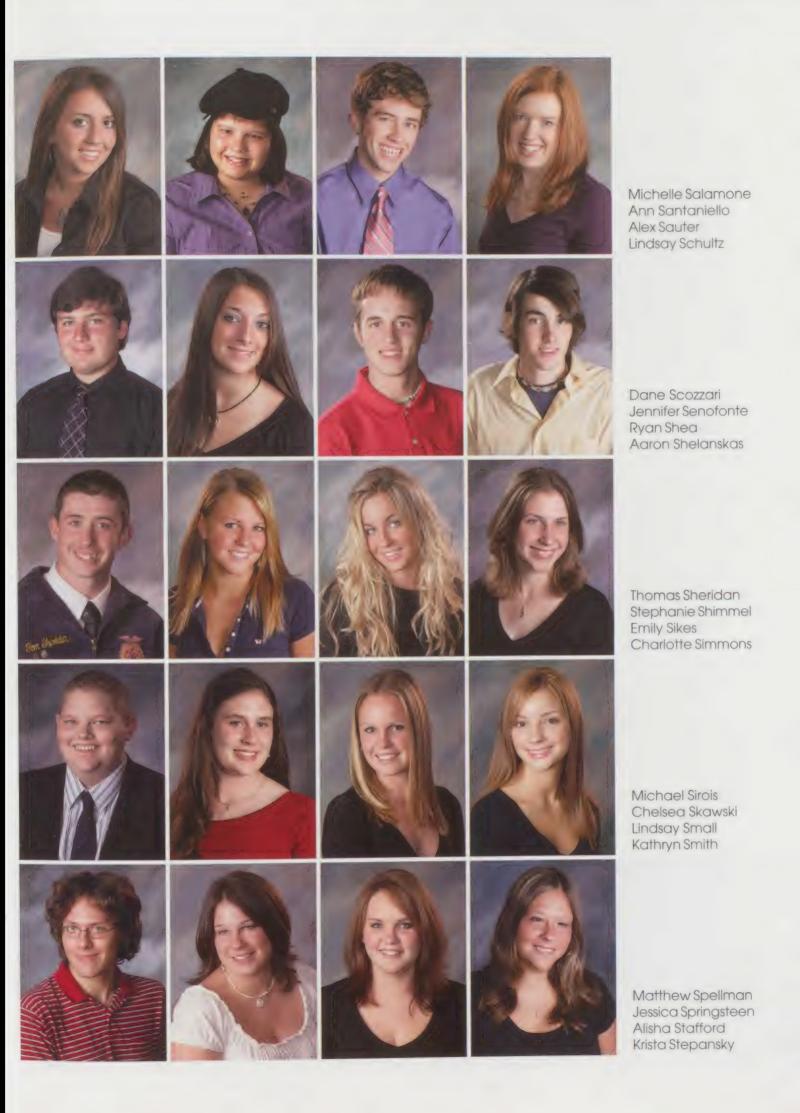
Kasey Christian Lauren Christofori Lea Collins Patrick Cooper **Emily Corallo** Rachel Cosker John Cummins Shaina Cunningham Jaclyn Czerniak John Daly Michael Deedy Michael Devine Katherine Donovan Alexander Doran Meredith Doyle Timothy Dupuis Michael Dzioba Christopher Ewald Nicholas Fasano Jason Fletcher

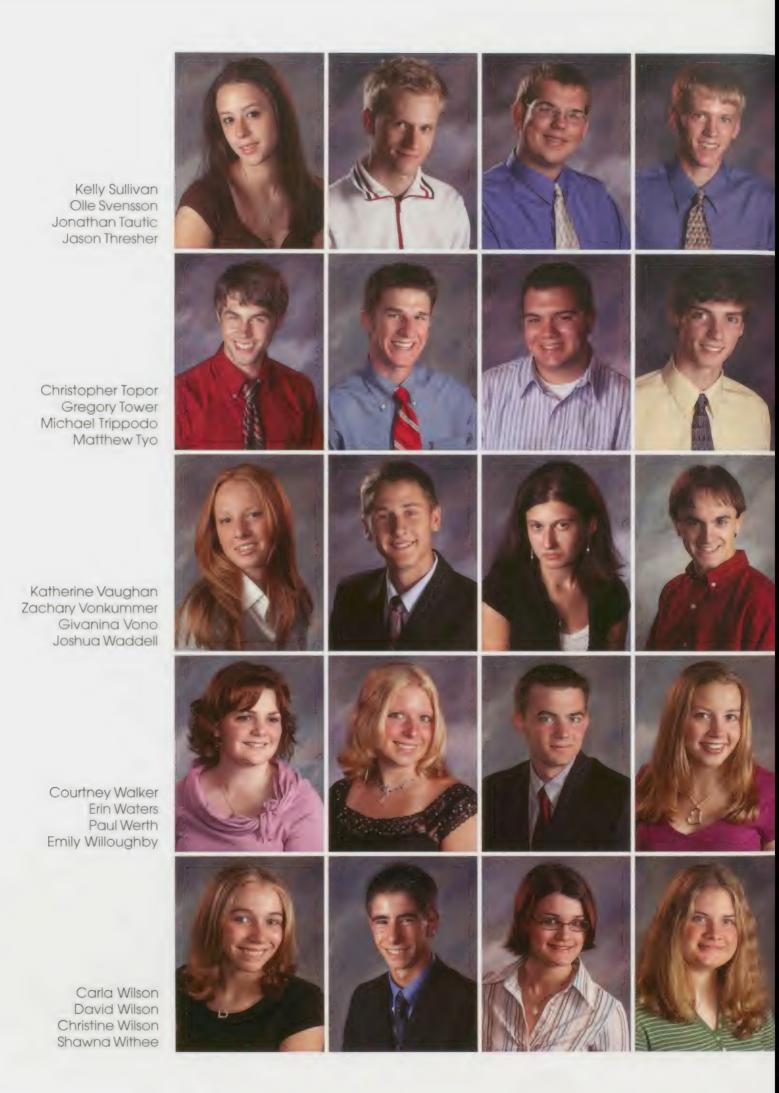


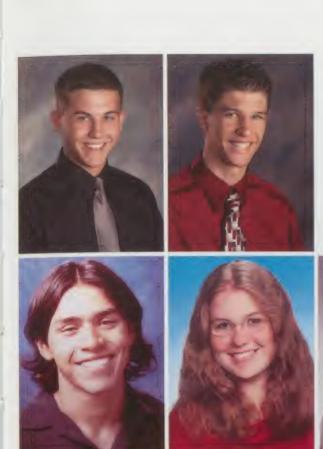
Nicole Kenney Kristine Kiely Robert Kingman Matthew Kozaczka Zachary Kozaczka Anna Kubetin Christopher Kwiat Karah Laprade Brian Lareau Kristen Lareau Joseph Lawrence Ryan Lee Nicole Lemire Shane Lewis Valerie Longhi Danielle Loughrey Nicole Lussier Dionna Macari David Marryat Ross Marx











Eric Zaczynski Benjamin Zavisza



Jamie Brause Kate McKeon Heather Reed Aimee LaBarre









Jaron Pioggia Nicholas Jansen Kalina Nowak Jackie Harris







Robert Ravina Evan Moreau Kyle Brunault



Camera Shy: Sean Burlingham, Elena Corsair, Amy Drombrowski, Ryan Forcellina, Justin Hutchins, Nicholas Marin, Christopher Markowski, Ashley Mattsen, Amanda Moler, Robert Price, Chris Puerta, Nicole Turgeon, Tyfani Unger

When a student wakes up, one of the first things on their mind is, "What should I wear today?" Suffield High School has a wide variety of unique and fascinating fashions, that derive from many different groups throughout the school. The clothes a person chooses to wear on a daily basis usually depicts what group of friends they are associated with. What someone wears and looks like on the outside, does not portray what their personality is like. Frequently teenagers are told what to do and most of their life is planned out for them, but when it comes to fashion, there is a chance for originality, individuality, and creativity. This is one of the more important aspects of one's Highschool career.

# The Thong Song

A Quick Look Into the Mindsets of the Trendsetters

(right) Rachael Bromson models her great style (below) Jay Fletcher stands tall as he shows off his punk rock style.









(right) Larry Cauley can't help but look good while he's eating lunch because he has "confident" written all over him.

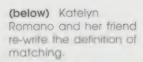
(far right) Like a model, Alexandra Czerniak struts down the catwalk and gives the camera a little spin at the end.

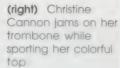


(above) Robert Hill goes camando to school and looks good doing it.



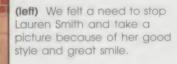
(above) Mr. Larson shows his bright colors and ninja skills. This is a good example of how a persons clothes replicates their personality.







(above) Rachael Chittenden is well known for her original style and this tuxedo shirt really proves it.







(left) Rachael Sherwood displays not only her exciting style, but also her exciting personality.

(above) Krystal Montgomery zips her jacket down to show off her trendy AE shirt.

(right) Chelsea Phillips is caught roaming the halls in her classy skirt and pink top.



(left) Dave Pianki finds comfort in wearing his sports team t-shirts because they are contemporary, but fun.



(above) Lacoste polos are an example of classy style and JJ Degen knows how to sport designer-wear well.



(left) Billy Craven tells the camera that not only is his style is perfect, but he is too.



(leff) Brian Lareau chows down his cheese burger while trying to avoid getting any food on his new jacket.

#### "Ch..Ch..Changes"



#### Changed the Most

- 1. Tom Parise and Jacklyn Czerniak
- 2. Bobby Kingman and Dionna Macari
- 3. Matt Olsen and Rachel Chittenden

#### "Rock n' Roll All Night"



Class Musician

- 1. Evan Moreau and Christine Cannon
- 2. Dane Scozzari and Riel Hoffacker
- 3. Chris Topor and Brianna Flynn

#### "Eye of the Tiger"



Best Eyes

- 1. Mike Deedy and Val Longhi
- 2. Derrick Mathieu and Ashley Bridgman
- 3. Ben Zavisa and Brenna O'Brien

#### "Wild Thing"



#### Party Animal

- 1. Pat Cooper and Alisha Stafford
- 2. Brian Lareau and Dionna Macari
- 3. Mike Ansman and Emily Sikes

#### "Born to Run"



#### Most Athletic

- 1. Kasey Christian and Kelly Heath
- 2. Tom Parise and Lindsay Small
- 3. Matt Rigby and Danielle Loughrey

#### "Lean on Me"



#### Friends Boy/Girl

- 1. Ben Zavisa and Riel Hoffacker
- 2. Greg Tower and Stephanie Shimmel
- 3. Bobby Kingman and Jacklyn Czerniak

#### "Bad Boys, Bad Boys, Whatcha Gonna Do?"



Friends Boy/Boy

- 1. Derick Mathieu and Evan Moreau
- 2. Brian Lareau and Pat Cooper
- 3. Nate Rheault and Tim Dupuis

#### "Never Had a Friend Like Me"



Friends Girl/Girl

- 1. Danielle Loughrey and Jessica Giller
- 2. Kate Rickard and Emily Corallo
- 3. Melanie Brown and Lauren Christofori

#### "It Wasn't Me"



#### Troublemaker

- 1. Brian Lareau and Emily Sikes
- 2. Pat Cooper and Sarah Brueno
- 3. Matt Bouchard and Alisha Stafford

#### "I'm too Sexy"



Best Looking

- 1. Nate Rheault and Karah Laprade
- 2. Tim Dupuis and Emily Corallo
- 3. Kasey Christian and Jacklyn Czerniak

### "Lets Give Em' Somethin' to Talk About"



Most Talkative

- 1. Greg Tower and Sarah Brueno
- 2. David Wilson and Shante Brown
- 3. Matt Bouchard and Nicole Lemire

#### "Oops I Did It Again"



Class Flirt

- 1. Matt Bouchard and Kim McGann
- 2. Mike Devine and Jacklyn Czerniak
- 3.Bobby Kingman and Stephanie Shimmel

#### "Come Original"



#### Most Unique

- 1. Mathew Olsen and Rachel Chittenden
- 2. Pat Cooper and Elena Corsair
- 3. Alex Doran and Laura Rinaldi

#### "It's Hairspray"



Best Hair

- 1. Nate Rheault and Jen Senofonte
- 2. Brian Lareau and Val Lonahi
- 3. Alex Sauter and Shante Brown

#### "Heart of Gold"



Best Personality

- 1. Greg Tower and Veronica Nunes
- 2. Colin Packard and Emily Willoughby
- 3. Joey Lawrence and Beth Alaimo

#### "Dazed and Confused"



Dazed and Confused

- 1. Chris Toper and Emily Sikes
- 2. Pat Cooper and Kalina Nowak
- 3. Matt Bouchard Shaina Cunningham

#### "Dressed to Kill"



#### **Best Dressed**

- 1. Nate Rheault and Shante Brown
- 2. Tim Dupuis and Dionna Macari
- 3. Dave Mariot and Riel Hoffacker

#### "Dancing in the Moonlight"



Best Dancer

- 1. Chris Ewald and Jen Senofonte
- 2. John Haslam and Karah Laprade
- 3. Nate Rheault and Jacklyn Czerniak

#### "If I Had A Million Dollars"



Most Likely to Become Famous

- 1. Joe Antelmi and Madison Munson
- 2. Brianna Flynn and Ben Zavisa
- 3. Tom Parise and Richelle Oullette

#### "Don't Speak"



#### Most Shy

- 1. Jason Thresher and Christine Wilson
- 2. John Tautic and Kathryn Smith
- 3. Sam Forster and Shawna Withee

#### "You'll Be In My Heart"



#### Most Memorable Couple

- 1. Rachel Chittenden and Nicole Turgen
- 2. Brian Lareau and Kathryn Smith
- 3. Ryan Forcellina and Katie Vaughn

#### "The Joker"



#### Closs Clown

- 1. Matt Bouchard and Rachel Chittenden
- 2. Greg Tower and Beth Alaimo
- 3. Pat Cooper and Jess Orr

#### "Low Rider"



#### Best Car

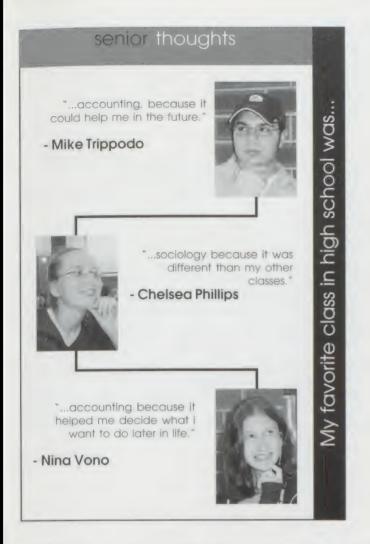
- 1. Jaron Pioggia and Stephanie Shimmel
- 2. Chris Markowski and Brenna O'Brien
- 3. Dallas Flynn and Aimee LaBarre

#### "Small Town"



#### Most Likely to Stay in Suffield

- 1. Dan Bryll and Chelsea Phillips
- 2. Kasey Christian and Emily Sikes
- 3. Shane Lewis and Grabrielle Howe



Karah Laprade - "how could i be anyone else bu me" - Dave Matthews

Eric Zaczynski - "A hero is a person who is cold enough, tired enough and hungry enough not to give a damn. I don't give a damn." - unknown

Nick Jansen - "In order to be old and wise, one must first be young and stupid." - unknown

Veronica Nunes - "So let a smile out and show your teeth cause you know you lived it well." - Saves The Day

Stephanie Henao- "A memory is the only thing that lasts forever." unknown

Gillian Baxter - "How wrong we were to think that immortality meant never dying." - Gerard Way

Krista Stepanksky - "Struggle is nature's way of strengthening." - Lost Jason Thresher - "The work goes on, the cause endures, the hope still lives and the dreams shall never die." - Edward Kennedy

Jamie Regan - "Life's to short to live the same day twice." - Jennifer Lopez

Dane Scozzari - "And in the end, the love you take is equal to the

love you make." - The Beatles

Jamie Brause - "No eternal reward shall forgive wasting the dawn." - Jim Morrison

Michael Dzioba - "Sports do not build character, they reveal it." -Heywod Brown

Tyfani Unger - "A person only fails if they fail to try." - unknown Michelle Owens - "It is better to fail in originality than to succeed in

imitation." -Herman Melville Derrick Mathieu - "If you don't know what you're doing look good doing it." - unknown

Madison Munson - "We can do no great things, only small things with great love." - Mother Theresa

Kalina Nowak - "Alone at last together in a photograph. Our eyes are always open, devoted to perfection throughout silence." -

Angela Giallanza - "Your true passion should feel like breathing; it's that natural." - Oprah Winfrey

Danielle Loughrey - "And I think we should run as fast as we can into what we don't know." - Saves the Day

Mathew Olson - "Those that change the world are those that dream with their eyes open." - Mathew Olsen

Lindsay Small- "It's not about the number of breathes you take, it's about the moments that take your breath away." - unknown

Nicole Lussier - "Knowledge speaks, but wisdom listens." - Jimi Hendrix Anna Kubetin- "We are all in the gutter, but some of us are looking at the stars," - Oscar Wilde

Beth Alaimo - "Well behaved women rarely make history." - unknown Shawna Withee - "You can no more win a war than you can win an earthquake." - unknown

Muriel Hoffacker - "Life is a pure flame and we live buy an invisible sun within." - Sir Thomas Brown

Bobby Kingman - "I close my eyes, just for tonight, the sun still sleeps, and when she wakes, you'll be a memory." - Underoath

Nicole Turgeon - "If being sane is thinking there's something wrong with being different...I'd rather be completely mental." - A. Jolie Mike Devine - "Reality is wrong, dreams are for real." - Tupac Shakur Brianna Flynn - "If you fall today, someone, somewhere, will still love

you." Brianna Flynn Patrick Cooper - "Ripple in still water when theres no pebble tossed

nor wind to blow." - Grateful Dead Mathew Tyo - "One can only see with the heart. That which is truly important is invisible to the eyes." - The Little Prince

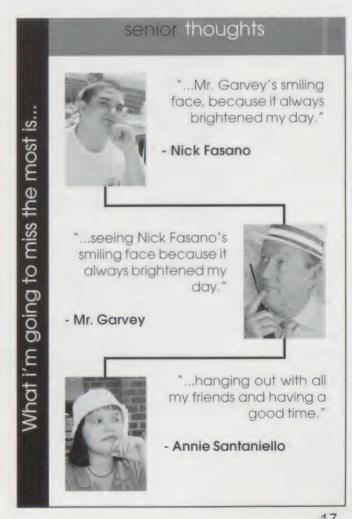
Brian Lareau - "Dawn is a cyborg sent back from the future to ruin our lives." - Pat Cooper

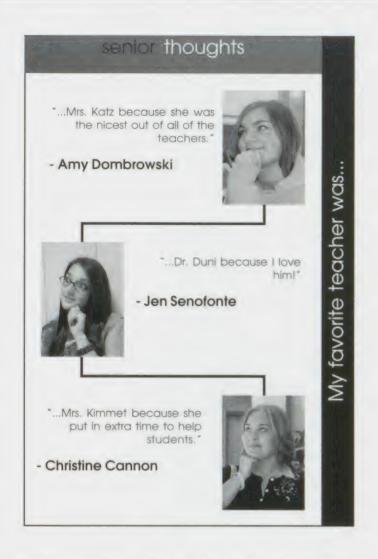
Nicole Lemire - "Never let the fear of striking keep you from playing the game." - Cinderella Story

Rachel Lee Cosker - "Be careful what you set your heart on, for it will surely be yours." - Ralph Waldo Emerson

Emily Sikes - "I want to sing the kind of songs that my dad sang to me and try to be the woman he hoped that I would be. " - Mitty Gritty Dirt

Rachel Chittenden - "May the force be with you." - Star Wars Dan Candella - "Sometimes the lights all shining on me, other times I can barely see, lately it occurs to me, what a long strange trip it's been." - Greatful Dead





Aaron Shelanskas - "Overcome the recapitulation." - RX Bandits Mark Beltramello - "Winning isn't everything, it's the only thing." - Vince Lombardi

Tom Parise - "Tom is a freak of nature." - Mark Beltramello Kristen Lareau - "Some girls are bigger than others." - The Smiths Joey Lawrence - "Humor is just another defense against the universe." - Mel Brooks

**Matt Rigby** - "To give anything less than your best is to sacrifice the gift." - Pre

**Nora Parsons** - "Das Leben ist die kunst, mit hoffnung und enttausc hongen, mit liebe und Lieden richtig." - Umzugenen

**Stephanie Shimmel** - "Always act as if there is an invisible tiara on your head." - Paris Hilton

Ryan Cappa - "Game on." - Wayne's World

Jason Fletcher - "It is one of the blessings of old friends that you can afford to be stupid with them." - Ralph Waldo Emerson

Jennifer Senofonte - "Misery is a butterfly." - Blonde Redhead

**Emily Corallo** - "Where did all the time go? It's too late to say good night. Time flies when you're having fun." - Green Day

**KK Smith** - "And in a thousand years and a thousand tears I come finding my original crew." - OAR

Melanie Brown - "Wheresoever you go, go with all your heart." - Confucious

**Katie Donovan** - "Anyone who says sunshine brings happiness has never danced in the rain." - Anonymous

**Christine Wilson** - "This is not the end of the journey, but the beginning of faith." - Jim Rogers

Shanté Brown - "You win some, you lose some." - Shanté Brown

**Christine Cannon** - "Sing to the Lord, all the earth; blow trumpets and horns, and shout for joy!" -psalms 98:4-6

**Zachary Vonkummer** - "Work like you don't need the money, love like you've never been hurt, and dance like nobody's watching." - Proverb

**Alex Sauter** - "Accept the challenges, so that you may feel the exhilaration of victory." - Gen. George Patton

Meredith Doyle - "The people you meet today are the ones that help shape you for the future." - Original

Ross Marx - "Loving is what I got, I said remember that." - Sublime Elena Corsair - "Sleep little pieces of death, bringing me ever closer to death. Every breath you take brings you closer to death." - unknown

Melinda Polek - "Alis Volat." - Propriis

**Evan Moreau** - "A word to the wise is infuriating." - Hunter S. Thompson

Chris Topor - "Rip it up, tear it up, have a ball and love." - Led Zeppelin

**Lindsay Schultz** - "Make the most of yourself, for that is all there is of you." - Ralph Waldo Emerson

**Jessica Giller** - "Dreams aren't something you wait for, they're something you work for." - unknown

Lauren McGuiness - "Only two things are infinite: the universe and human stupidity and i'm not sure about the former." - Albert Einstein Jessica Orr - "Live fast, die young." - James Dean

Tim Dupuis - "Don't let your dreams be dreams." - Jack Johnson Brian Richardson - "It's not how deep you fish, but how you wiggle your worm." - unknown

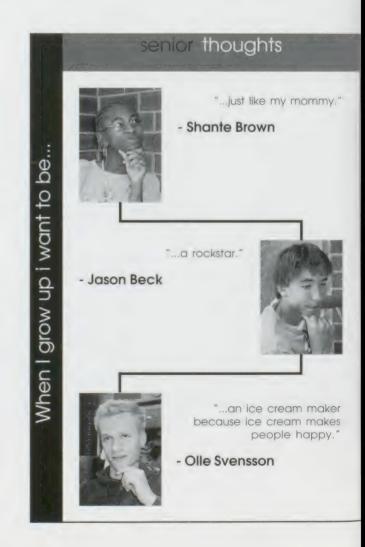
Jackie Czerniak - "And from this moment we will live our lives with open hearts and open eyes." - Story of the Year

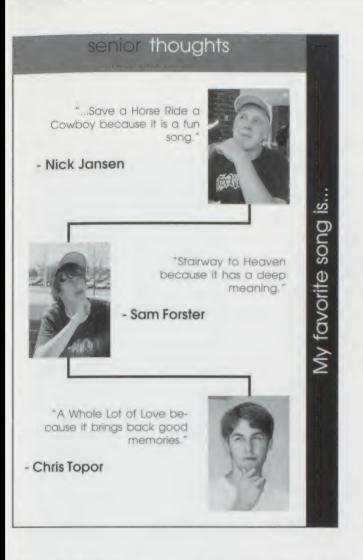
**Chelsea Skawski** - "Nothing is ever too hard to do if your faith is strong and your purpose is true." - Katelynn Battista

**Kristine Kiely -** "It's times like these we learn to live again." - Foo Fighters

Lauren Christofori - "Do one thing everyday that scares you." - Eleanor Roosevelt

**Charlotte Simmons** - "The most beautiful thing in the world can not be seen, or touched... but are felt in the heart." - Helen Keller





Ryan Shea - "The sun sets, the shadows fall, and I am still here." - Ryan Shea

Gregory Tower - "Live life to the fullest." - unknown

Kaitlyn Rickard - "We live on front porches and swing life away." - Rise

Nathan Rheault - "Slow down everyone, you're moving too fast. Frames can't catch you when you're moving like that." - Jack

Carla Wilson - "Sometimes the heart sees what is invisible to the eye." - H. Jackson Brown Jr.

Rayshelle Mazur - "There are no happy endings because nothing ever really ends." - unknown

Brenna O'Brien - "I promise we won't get caught." - Brenna O'Brien Jill Grakowsky - "Life is a balance of holding on and letting go." unknown

Kim McGann - "Learn from yesterday, live for today, hope for tomorrow." - Anonymous

Courtney Walker - "We live on front porches and swing life away." -Rise Against

Givanina Vano - "If you don't risk anything you risk even more." - Evica Jong

Dan Bryll - "She thinks my tractors sexy." - Kenny Chesney Heidi Jean Michalewicz - "We do not remember days, we remember moments," - Cesare Pavese

Ashley Bridgman - "Don't look so hard for that happy ending... you may miss the best parts of the story." - unknown

Julie Blair - "If you gaze too long into an abyss, the abyss gazes also into you." - Friedrich Nietzsche

Kelly Heath - "We all take different paths in life, but no matter where we go we take a little of each other every where." - unknown April McWha - "A true friend is someone who is there for you when they would rather be someplace else." - Len Wein

Michelle Salamone - "Dream as if you'll live forever, live as if you'll die today." - James Dean

John Haslam - "A real friend has your back to the end." - unknown Eric Parsons - "Life will be hard, but working through it is the challenge." - unknown

Sean Burlingham - "Si vis pacem, para bellum!" - Vegetius Matthew Spellman - "As far as we can tell you only live once. Make love often, laugh often, have children and teach them to live." unknown

Gabrielle Howe - "Agriculture not only gives riches to a nation, but the only riches she can call her own." - Samuel Johnson

Joe Antelmi - "My religion is very simple. My religion is kindness." -The Dalai Lama

Amanda Moler - "Life moves pretty fast. If you don't stop and enjoy

it once in a while, you could miss it." - Ferris Bueller

Andrea Roccanti - "Go confidently in the direction of your dreams and live the life you've imagined." - Thoreau

Shannon Murphy - "It is good to have an end to journey towards, but it is the journey that matters in the end." - V. LeGuin

James Bouchard - "I had it all remembered, but since I no longer have use for it, I let myself forget it." - Sancho Panza

Jonathan Tautic - "Yesterday is history, tomorrow is a mystery. Live

for today." - Anonymous Josh Hirst - "I think I am, therefore I am, I think?" - George Carlin

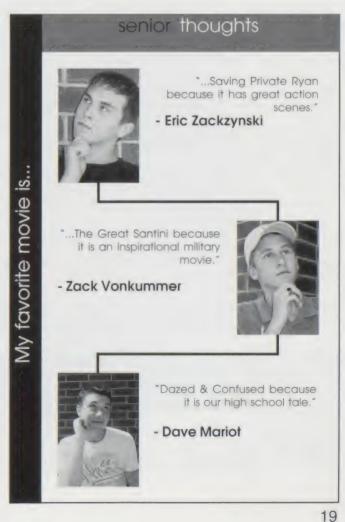
Heather Reed - "The way I see it, if you want the rainbow, you have to put up with the rain." - Dolly Parton

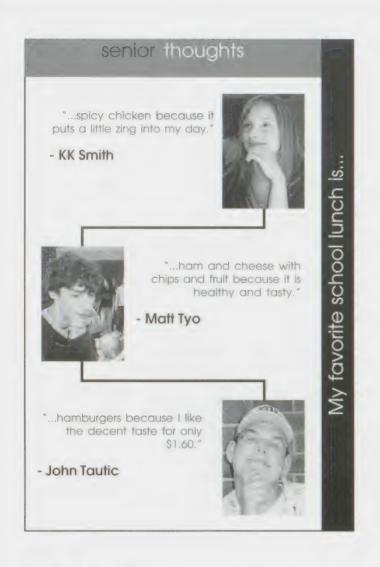
Laura Rinaldi - "You can do what you dream just remember to listen to the rain." Evanescence

Mike Sirois - "What we do in life... echoes an eternity." - The

Justin Foss - "Most people are other people, their thoughts are someone elses, their lives a mimicry, their passions a quotation." -

Betsy Pagán- "If you live one hundred years, I want to live one hundred minus one day, so I never have to live without you." unknown





**Ann Santaniello** - "Ability may get you to the top, but it takes character to keep you there." - John Wooden

Dionna Macari- "Make love not war." - unknown

**Kristen Lareau** - "There is no beginning, there is no end, only change ." -Papa Roach

**Douglas Hackenyos** - "In three words I can sum up everything I've learned about life: it goes on." - Robert Frost

Jessica Springsteen- "Nothing is constant except change." - unknown

**Katherine McKeon-** "Don't worry about what you don't know, life's a dance you learn as you go." - John Mlchael Montgomery

Kevin Maynard- "Let the madness begin." - Ozzy Osbourne

**Richelle Ouelette-** "No good sitting worrying about it, what's coming will come, and we'll meet it when it does." - J.K. Rowling

**Chris Ewald** - "Imagine no posessions. I wonder if you can. No need for greed or hunger, a brotherhood of man. Imagine all the people sharing all the world." - John Lennon

**Katrina Reynolds** - "All your life you were only waiting for this moment to be free." - The Beatles

**Chris Markowski** - "Scars heal, glory fades, and all we're left with are the memories," - Chris Cagle

Jason Beck - "Since it costs a lot to win and even more to lose, you and me are bound to spend more time wondering what to choose."
-The Grateful Dead

**Colin Packard** - "Just listen to your heart...that's what I do." - Napoleon Dynamite

Paul Werth - "It's 5 o'clock somewhere." -Jimmy Buffet Brian Lareau- "Where's the fancy bread, in your heart or in your head?" -Willy Wonka

**Alisha Stafford** - "In the end you always go back to the people that were there in the beginning." -unknown

**David Marryat** - "If you don't love me now, you will never love me again." -Fleetwood Mac

**Ryan Forcellina** - "Don't want to close my eyes, I don't want to fall asleep..." -Aerosmith

 $\begin{tabular}{ll} \textbf{Katie Vaughan} - ``... Cause I'd miss you babe, and I don't want to miss a thing." - Aerosmith \\ \end{tabular}$ 

**Catherine Giallanza** - "We make a living by what we get, we make a life by what we give." -Sir Winston Churchill

**Aimee LaBarre** - "Everything is okay in the end. If it's not okay, it's not the end." -unknown

**David Wilson** - "With accidents you'll never know what could have been." -Motion City Soundtrack

**Kasey Christian** - "Am i gonna live forever or never gonna die. The only thing I fear is I'm never gonna fly." -DMX

Sarah Brueno - "Don't wait for the perfect moment, make the moment perfect!" -unknown

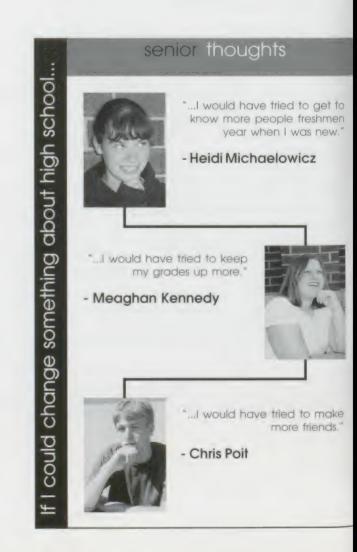
**Ben Zavisza** - "Succeed not for those who say you can't, but for the person inside who says you can." -Ben Zavisza

Mallory Mitchell - "Our lives are better left to chance, I could have missed the pain, but I'd have to miss the dance." -Garth Brooks

**Chelsea Phillips** - "I love this crazy, tragic, sometimes alsmot magic, awful, beautiful life." -Darryl Worley

 $\mbox{\it Erin Waters}$  - "Ability may get you to the top, but it takes character to keep you there." -John Wooden

**Emily Willoughby** - "It is better to fail in originality than to succeed in imitation." -Herman Melville



## "I Just Want It To Be Over"



Everyone has always talked about senioritis taking over during senior year. I think it is safe to say that some of us may have even started before junior year let out. Senioritis is a well deserved break that should be viewed as such. After four years of high school and twelve years of schooling, it is finally time to graduate and head out into the world. But before you do that make sure you enjoy every minute of this year because high school only happens once. Don't just not do anyting at all, but at least take the time to relax. Whether you have a first period study hall and sleep in or seventh period so you can leave early, make sure you enjoy it because it all flies by.

(top left) Alex Sauter makes a mad dash away from school at his cross country meet.
(middle left) A group of senior girls gets together for a picture at the yearbook picnic.
(middle right) Emily Willoughby shows Mr.
Huppe how to use his calculator.
(Bottom left to right) Ryan Forcellina makes a monkey face for the camera. Doug Hackenyos cant stay awake during class.
Emily Corallo enjoys a big bowl of cheerios.
Mike Ansman shows off her pearly whites.
Kate Rickard gets lost in her pretty yellow princess dress before the 2005 prom. Jessica Orr devours her spicy chicken patty.

"Summer has come and passed, the innocent can never last, wake me up when September ends." -Green Day

















#### Junior Class

## "Almost There, Going Nowhere"

As the class of 2007 enters their junior year they realize that the finish line is almost in sight, but there are still obstacles ahead.

When a student begins
their long journey through
junior year new burdens
and new experiences
come into their lives.
College searches, SATs,
ACTs, job searching, and
license achieving are all
parts of the crucial junior
year. It is unrecognized,
but the transition from

year is much more significant then it seems. This is when a student has to start taking responsibility for his/her

sophomore year to junior

(top): Sean Jordan asks Bethany Klose to a slow dance so they can catch up on good times.

(under top) Liz Lancaster, Rachel Sherwood, Kim Denue, and Navina

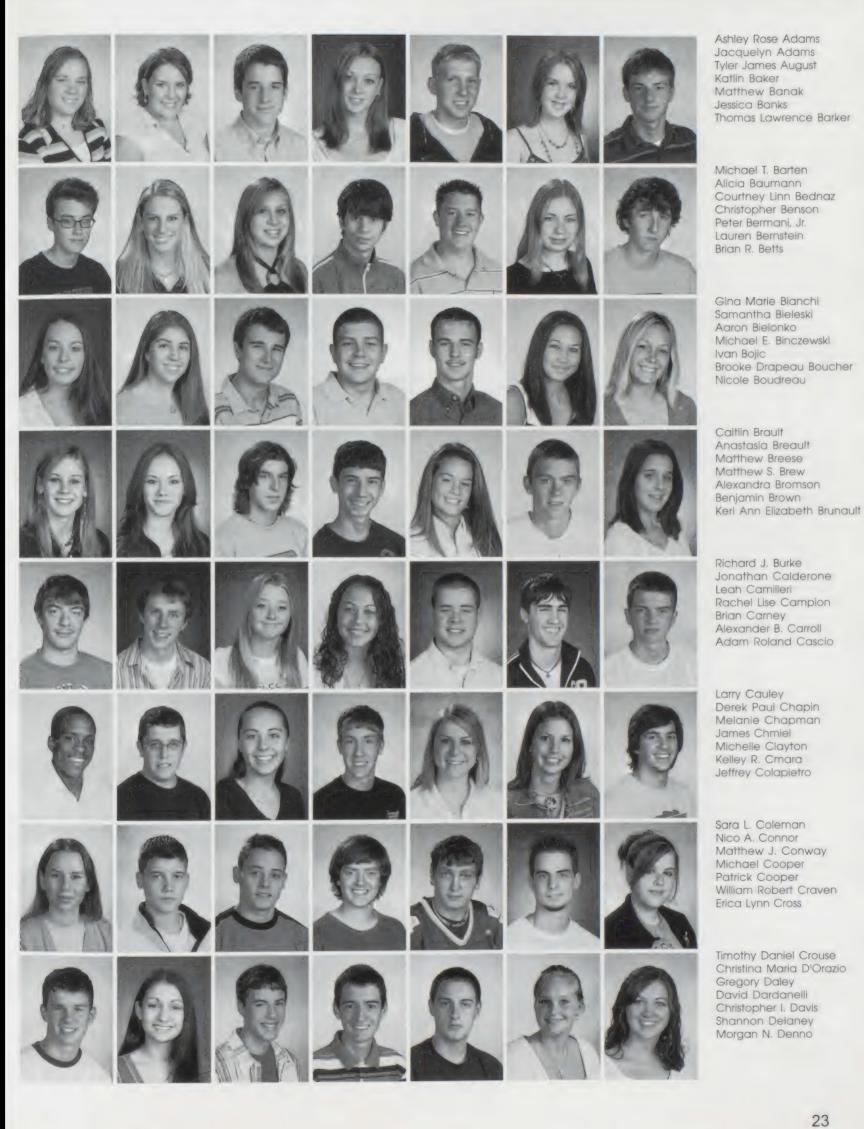
> Vermuri show of their detailed glow paint and their jungle spirit.

#### (above bottom)

Danielle Monsiegneur laughs with her friends while dancing at the junior senior prom.

(bottom) Chloe McKay pitches the ball towards the dunking booth at Suffield on the Green. own lives. It is also when they start looking into the future to plan for their professions. Most students resent to admit they enjoyed junior year because of the increase in work. Everyone says that junior year ends up being the worst, but by the end everyone truthfully appreciates the education and lessons they learned. In the years previous to the junior year the importance of the academic performance doesn't match up to the weight of the grades in the junior year. This is the year that colleges look at closely to see if the student is dedicated, persistent, and intelligent. Also, it is the year that most kids choose whether they want to put an effort in or would be content with floating through the rest of high school not worrying about grades or college. Along with an education, juniors acquire a new level of maturity. Teachers become less of the enemy and more of the friend. In conclusion, the junior year may seem as just another part of high school, but in reality it is the beginning of the future.





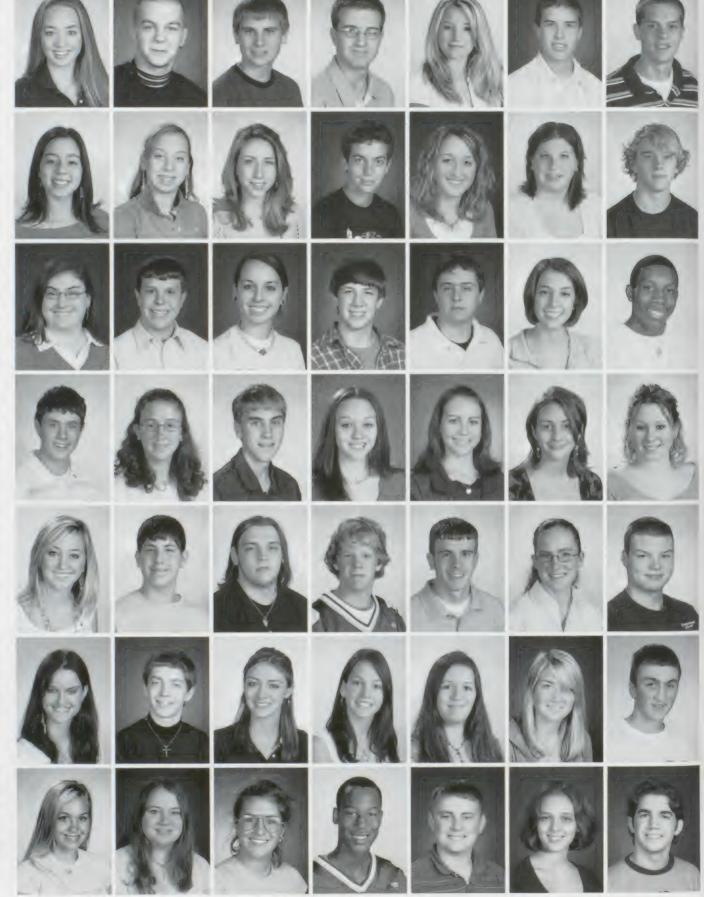
Kimberly Ann Denue Brian R. Depray Tyler W. Diprato Christina Doane Zachary Donais Stephanie N. Doucette Kimberly R. Dupuis Gretchen L. Eastman Kyle Eisenhaure Robert E. Emery Adam Fields Chloe Fortin Andrew J. Gabel John E. Gancarz Arianna Cristina Garcia Sara Beth Gardocki Lauren S. Gates Wayne B. Gates Patricia C. Graham Sydney Nelida Grout Jason Halse Laura Hawk Brian Arthur Hays Nicole Henao Kyle J. Henry Brian Herring Shannon A. Heyse Robert Hill Daniel Holmes Erin Horanzy Jeremiah M. Hunihan Kelsey Cynthia Hutchins Sara Elyse Jackson

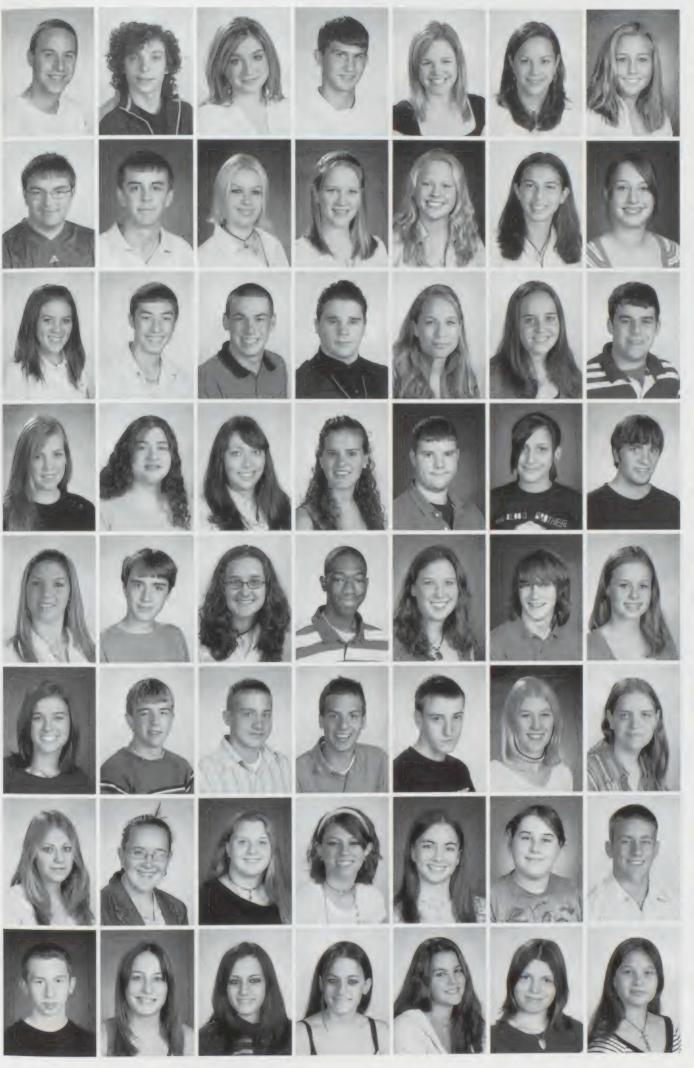
Resha Marie Jacquier Danelle Jarinko

> Alyssa Johnson Thomas Johnston Andrew R. Jones Shawn Jordan Dylan T. Keenan Michelle Dorothy Kelly Kyle A. Kennedy

Kaitlyn King Kieran Kirkland Bethany L. Klose Lauren Mari Kochanek Sara G. Kubetin Ashley Labarre Paul Laflesh

Elizabeth D. Lancaster Stephanie Landry Shelia Bykowsky Leary Joel Lee Runyon Lewis Amanda Lineweber Anthony David Longhi





James W. Lord Wesley S. Lowderback Diana Mark Andrew J. Martin Natalie M. Mazzetta Shannon Edith McCann Chloe McKay

Noah John Mealy Maxwell Merrill Christina Jon-Louise Mikkelson Nicole Mitchell Traci Mnich Danielle Monsiegneur Krystal N. Montgomery

Danielle Moores Vincent Morelli Sean Morrison Gregory S. Moser Bryanna Ashley Neale Carly Neilson David Newell

Lydia M. Nicoll April Blossom Nicotera Ayesheh Nims Alexandra E. O'Halloran Patrick Brian O'Kane Stephanie Michelle Ocasio Patrick J. O'malley

Amy Padrevita
Joseph M. Panasiewicz
Marissa Ann Parker
Roydel Patterson
Cassandra Pavel
Patrick Pease
Carrie Lee Perkins

Kyla Phelps
Richard Francis Pianka
David Pianki
Brandon Piastka
Christopher Ray Podlewski
Chelsea Nichole Ranstead
Mary Lina Remotti

Simone M. Remy Kellen E. Rice Lauryn A. Richmond Samantha Ridley Alicia Rose Ripoll Anna Rollet Dale Mathew Rollet

Michael Romano Crista Rookey Alaina Maria Rossetto Angela Gina Rossetto Shaina Christine Rostek Gina Roy Johanna Ruckey

Andrea Ruotolo Dunya Saleh Jennifer Sansom Nicole M. Santiago James P. Sanville Crystal M. Saunders Lauren M. Scandura

Nicole Renee Schools Amanda R. Scozzafava Brynn Scozzari Keri Faith Senter Elizabeth Shamy Sara T. Shea Justin Sheridan

Aneisa K. Sherman Rachel Sherwood Nicholas David Shute Matthew Silva Kathryn Slmison Whitney R. Simons Carina Jean Slimm

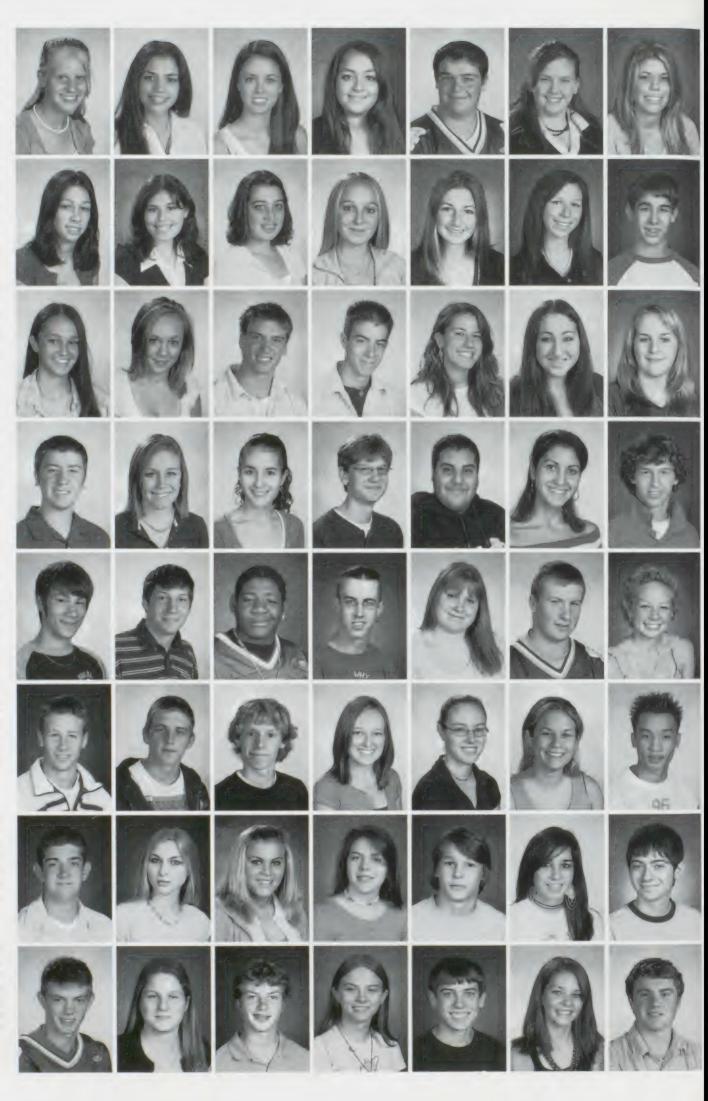
Kyle Allen Smith Lauren Smith Maureen Teresa Smith Ryan C. Smith Eric Xavier Soto Kathryn L. Spencer Anthony R. Sperrazza

Scott M. Spremulli Joseph Stepansky Jamell S. Stevenson Patrick Stiles Samantha Suitter Patrick Martin Sullivan Eleanor Sutton

Bennett John Sweeney Sergi Switalski Erik Martin Taylor Ashley Marie Thibodeau Kimberly Marie Toussaint Brittany R. Traficanto Tung Dang Tran

Steven Treglia Jamie R. Turner Alyssa Christine Ullmann Tierney Diane Vandervoort Mark D. Vanhaltern Navina J. Vemuri Robert Venturo

Corey Vogt
Ashley Nicole Wells
Sean Broyles Willoughby
Christine M. Wilson
Travis Wilson
Allyson Winne
Alexander Wright











Jeanette L. Yuodis Allison A. Zaczynski Lyndsey Ann Zavisza Peter Zywiak

(not shown): Mark Provera, Sara Seekins, Daniel Sindler, and Matthew Williams

(below) Pat Sullivan takes a seat at the volleyball marathon after a tough game



(below) Natalie Mazzetta, — Alicia Bauman, Lydia Nicoll, and Gretchen Eastman at their swimming meet.





(above) Aneisa Sherman and senior Josh Wadell taking a seat a a semiformal



(left) Tyler Diprato is caught by surprise as he heads to his lunch period



(above) Rob Venturo, Scott Spremulli, and Mark Provera relaxing at a dance

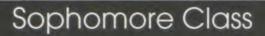
### **CLOSE UP**

#### A DAY IN THE LIFE OF A JUNIOR

A junior's day is something that should not be taken lightly. Unlike the previous years for sophomores and freshmen, juniors experience a rigorous schedule and loads of work. Getting behind in the curriculum is no longer an option because the teachers aren't willing to yield to the student's schedule anymore.







## "Another Brick in the Wall"

The class of 2008 has added another brick to the wall that represents their completion of high school

The class of 2008 has moved up another rung on the ladder and have graduated from their freshman year. They have matured and taken the first steps into becoming adults. For some, freshman year may have been an unforgettable year. To others it may have been a year to

forget. Either way, this year is a whole new year to start over. Your first step in high school is completed,

(top) Alicia Boyd smiles for the camera while having a blast at the 2005 prom.

(under top) Michele Niejadlik, Liz Trieber, Julia Roder-Hanna, Kirstie Albert, Jen Thresher, Kara Chamberlin, Liz Breen, and

Alex Wilson show off their beautiful dresses at the 2005 semi.

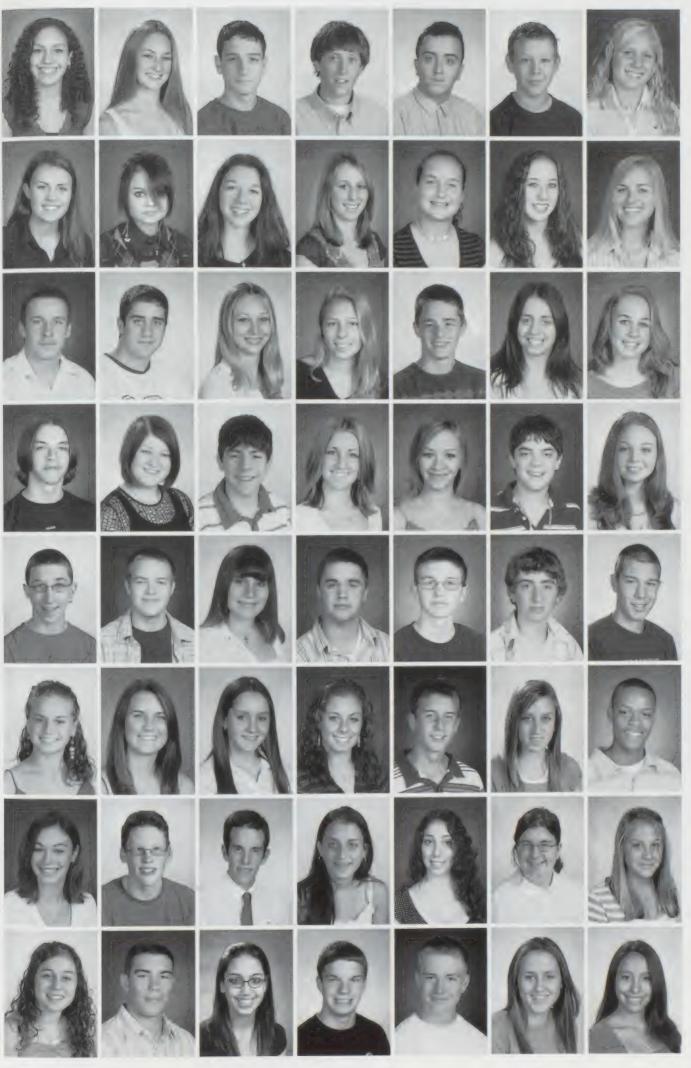
#### (above bottom)

Kevin Mannino, Kevin Muscarella, Sean Smith, and Mike Presnick model their hip style.

(bottom) These KISS impersonators rock out in front of the class of 2008 jukebox at Spirit Night.

but now the real work begins. This is your second year in the high school and you are beginning to grow accustomed to it. It is time to mature and take that next step towards adulthood. You have to leave any immature behavior behind because as you get older more is expected of you. You are given more responsibility and expected to be able to handle it efficiently. Some sophomores will begin to take driving lessons which is a very important time in a teenagers life. During this year you will take a journey that will begin to mold you into a mature, responsible adult. "Another Brick in the Wall" is the perfect title for the sophomore class because it represents how they have taken another step in completing their high school career and beginning their adult lives.





Ashley Agudelo Kirstie Albert Nathan Allard Luke Anderson Emile Backes Steven Barthen Taylor Bartini

Kathryn Bascom Mary Bauchiero Lauren Beaulieu Breana Rose Beck Lisa Beltramello Ashley Biddlecom Kelly Bielonko

Bojan Bojic Nicholas Bologna Tammy Lynn Bosley Ashley Boudle (Bazzano) Brett Boudreau Alicia Boyd Elizabeth Breen

Jeffrey Charles Brightman, Jr. Brittany Jade Brown Edgar Brown Kayleigh Brown Rachel Brueno Scott Burns Kaitlin Butterfield

Sean Cain Stephen Cannon Ashley Lauren Carra Maxwell Carroll Christopher Cascio James Cecere Edward Cerri

Kara Chamberlain Kelly Christian Jessica Christofori Samantha Cieri Christopher Coates Meghann Cocca Chavon Coleman

Amy Lynn Collins Sean Congden Kevin Connelly Margaret Cooper Jessica Corallo Allison Lynn Corbosiero Brittany Crosby

Tayler Crosby
Brycencent Cyr VI
Alexandra Czerniak
Justin Dailey
Kyle Dalrymple
Siobhan Marie Davis
Alexandra Joan De Leon

Shawn Deford
Brianna Deluco
Rosa Devito
Laura Dorman
Christopher Drake
Emily Droney
Michael Duncan

Adam L. Dwelley
Amanda Elcock
Kelsey Emmons
Eden Ettienne
Tiffany Fellows
Jenevieve Ferguson
Nicole Ferland

Meghan Fletcher

Meghan Fletcher Alyssa Frechette Victoria Furgerson Michael Fusick Katelynn Gay Devon Blake Gibson Bianca Glass

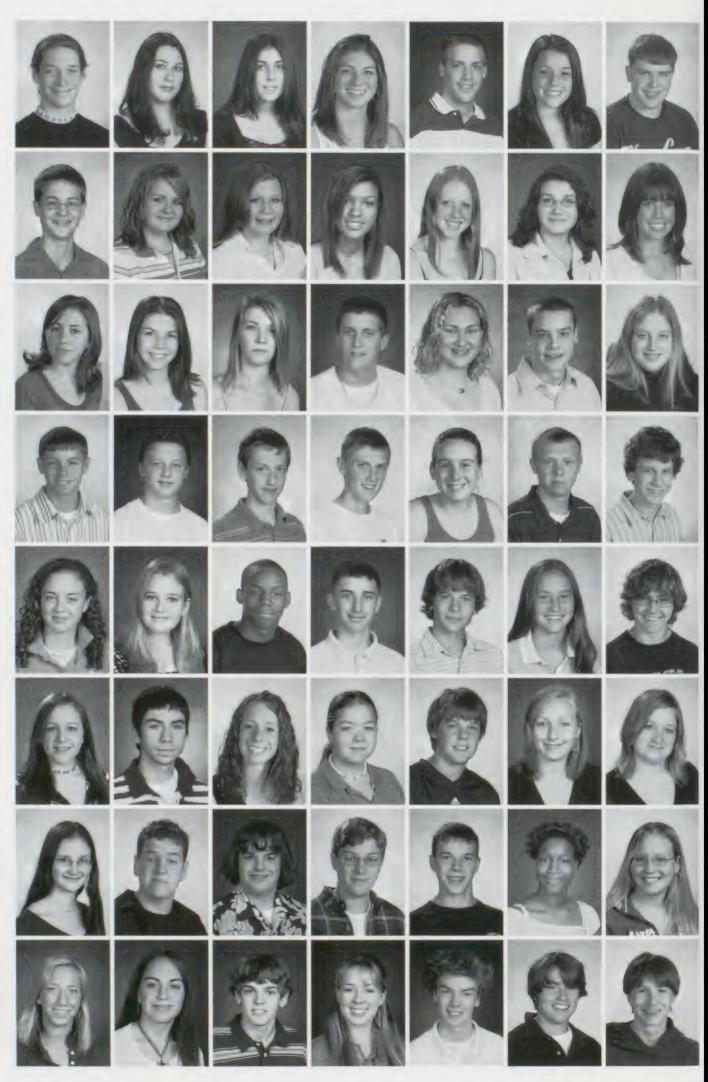
Brian Gracey Kyle Andrew Groszyk Jameson Donald Grout Alexander Guminiak Jessica Haffner Jessie Harbold Eric Mahlon Heaney

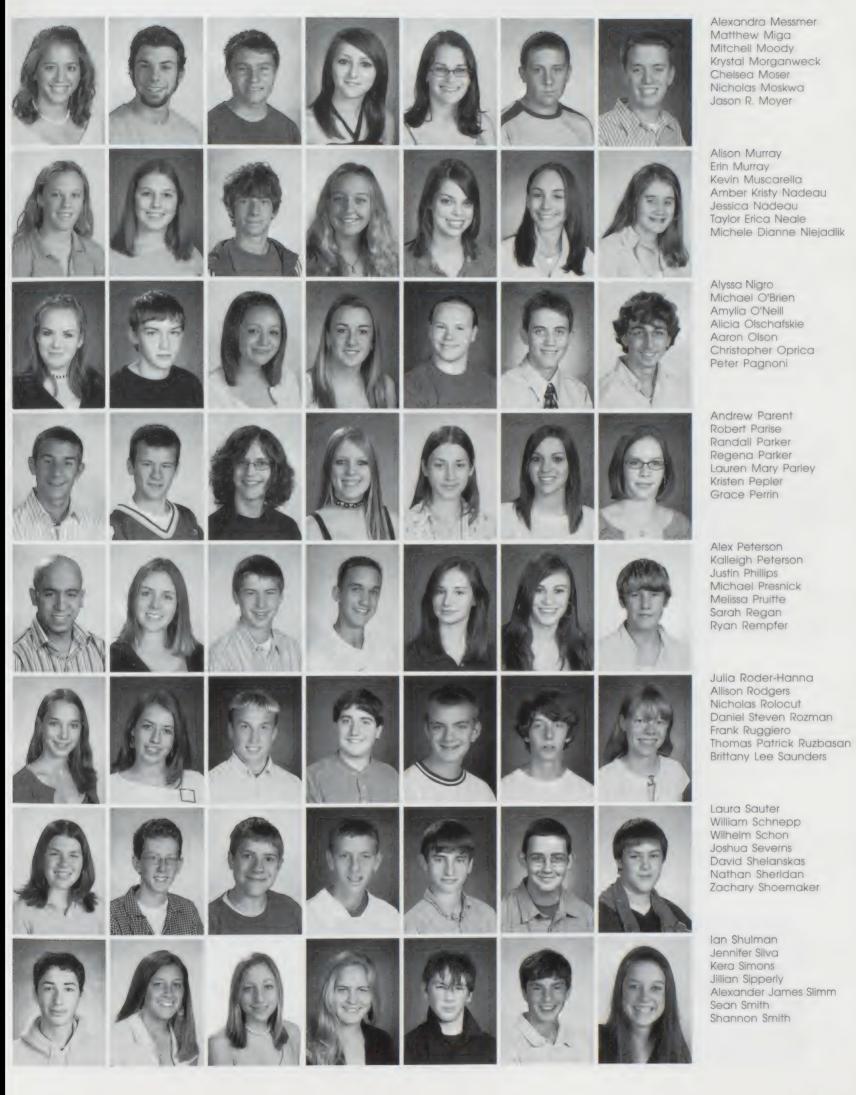
Tricia Herring Rebekah Higginbotham Jerome Hill Christopher Holtzman Bryan Hull Melissa Jenkins Kyle Johnston

Alannah Justesen Cody Keller Kathryn Kenney Taylor Kerr Drew Kirkland Alexandra Kuras Chelsea Lacafta

Pebbles Lacross
Jacob Lavalley
Travis Lavalley
Matthew Lefcheck
James Lemire
Kashema Latisha Little
Amanda Loveland

Christina Luban Whitney Frances MacKay Kevin Joseph Mannino Kristin Martin Jordan Mazur Meghan McGunigle Charles David McKeon





Samuel Joseph Smyth Skip Sneath Allison Spadorcia Kacey Lynne Srubas Scott L. St. George Rebecca St. John Samantha Stafford

Christopher Stein Lauren Eryn Stockton Brett Sullivan Danielle Sullivan Rachael Sullivan Christina Faye Szczepanski Michael Tassinari

Amanda Thibedeau
Jennifer Thresher
Melissa Tittarelli
Nicole Tittarelli
Justin Torone
Emily Tracey
Elizabeth Treiber

Ashley Turkowski
Jacqueline Tyman
Stephanie Tyman
James William Ullmann
Richard Vaughan
Cassandra West
Matthew Willett

John Williams
Alexandra Wilson
James Wilson
Matthew Winne
Max Christopher Wiosna
Gregory Wright
Daniel Wrobel

Braidy Zavisza



(not shown): Lisa Bornas, Tammy Bosiey, James Coates, Patrick Doherty, Bethany Galletly, Deanna Lamantini, Pat MacNeely, Ian Thomas, Nicholas Mavis, Gregory Moser, Nicholas Rockett, Vincienzo Santos, Kane Seaha, Nicole Silkey and Megan Wesolowski

(right) Christine Cannon jams on her trombone while sporting her colorful top.

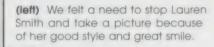




(below) Katelyn Romano and her friend re-write the definition of matching.



(above) Rachael Chittenden is well known for her original style and this tuxedo shirt really proves it.





(above) Elizabeth Breen and Jennifer Thresher sit together after school for a quick snack.



(left) Who else is wondering why Sean Smith looks so happy?



(above) Krystal Montgomery zips her jacket down to show off her trendy AE shirt.

## **CLOSE UP**

### A DAY IN THE LIFE OF A SOPHOMORE

Sophomore year is important because it is a transitional year for not only curriculum, but also for the student. This is when they enter the world of standardized testing and, if they are ambitious, they might even start planning for college. This year is a reality check and it is important that the sophomores recognize its significance to the high school experience.









### Freshman Class

# "Welcome to the Jungle"

The class of 2009 enters a scholastic jungle that they will remember forever.

The freshmen come to
Suffield High School and
are overwhelmed with the
many changes from the
past years in the Middle
School. The song title
"Welcome to the Jungle"
signifies the feelings a
freshmen experiences well
because the insanity of
their lives will increse
exponentially. Work will

increase, responsibility will expand, trust will evolve, new friendships will be made, which means they need to

(top): Ashley Aguidelo (sophomore) and Jordan Colon pose together for a quick picture after the freshman/sophomore semi formal.

(under top) The freshmen class did an

excellent job making a creative bean bag toss sign for Suffield on the Green.

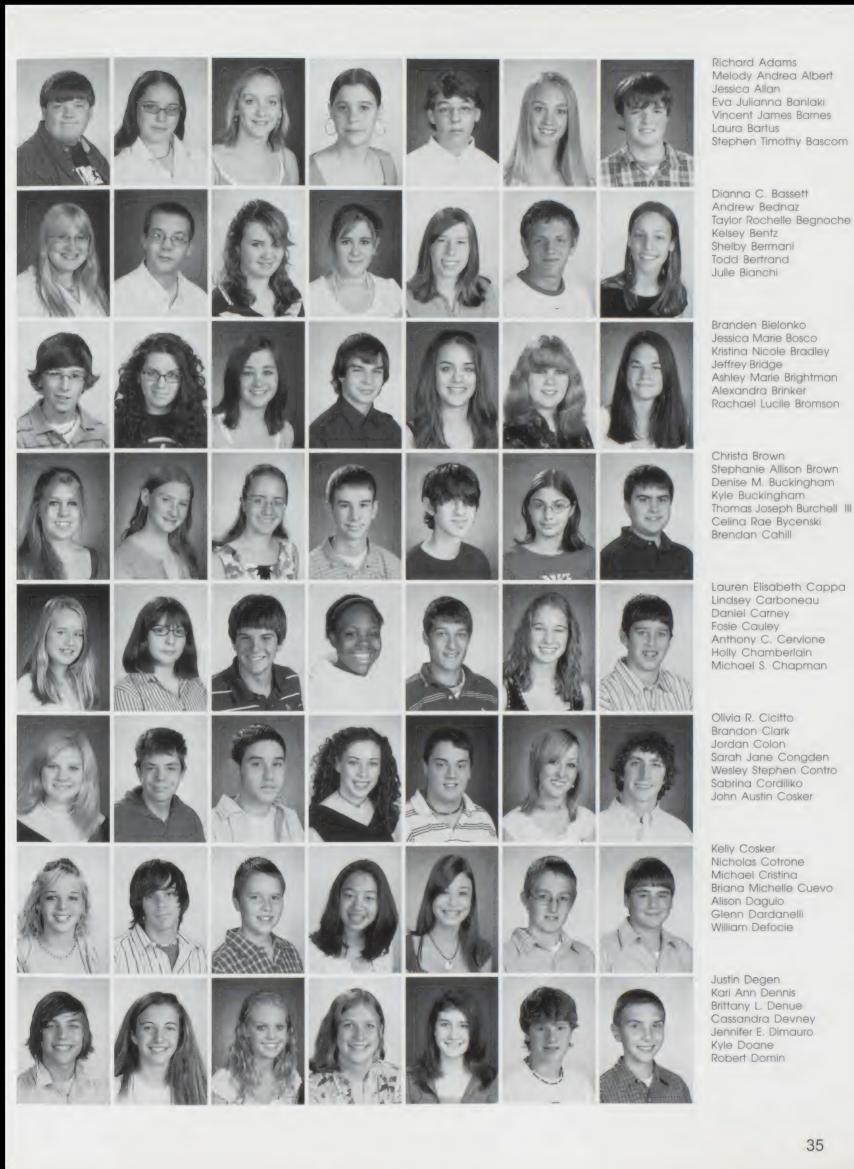
(above bottom)
Brittany Moores
and Gabby
Macari take a
quick break from
class for a picture.

(bottom) These freshmen girls work hard to raise money for their class at Suffield on the Green. control of their lives. Freshmen year is seen by many as their worst year because they are at the bottom of the grade caste system. They are looked down upon by many of the other classes because of a stereotype that had been stamped on them since the beginning of eternity. The freshmen have an uncomprehendable burden upon them selves that many people don't realize or respect. The uperclassmen feel a sense of responsibility to let the freshmen know that they are to respect the upperclassmen. If one looks beyond the pain they go through, they realize that freshmen year is an experience that is essential to the growth of the students. It brings students into a new world of education and fun. It might seem like it is a hardship at the time, but freshmen year is always looked back upon as a very important part of life and that they will never forget the

memories from it.

step up to the plate and start taking





Timothy Jackson Dufore
Michelle Durant
Jenny Duval
Amanda Emery
Kayla S. Fahle
Jessica Fall
Mitchell Flagg

Alexander Flynn Shaughn Flynn Michael B. Formaggioni Jessica Fox Anthony James Fusco Allson Gagnon Katie Lynn Gardocki

Charlene Elizabeth Geer Kylie Marie Gifford Joshua Giller Timothy Glynn Gregory Hall Jessika Rose Halmers Harrison Hansen

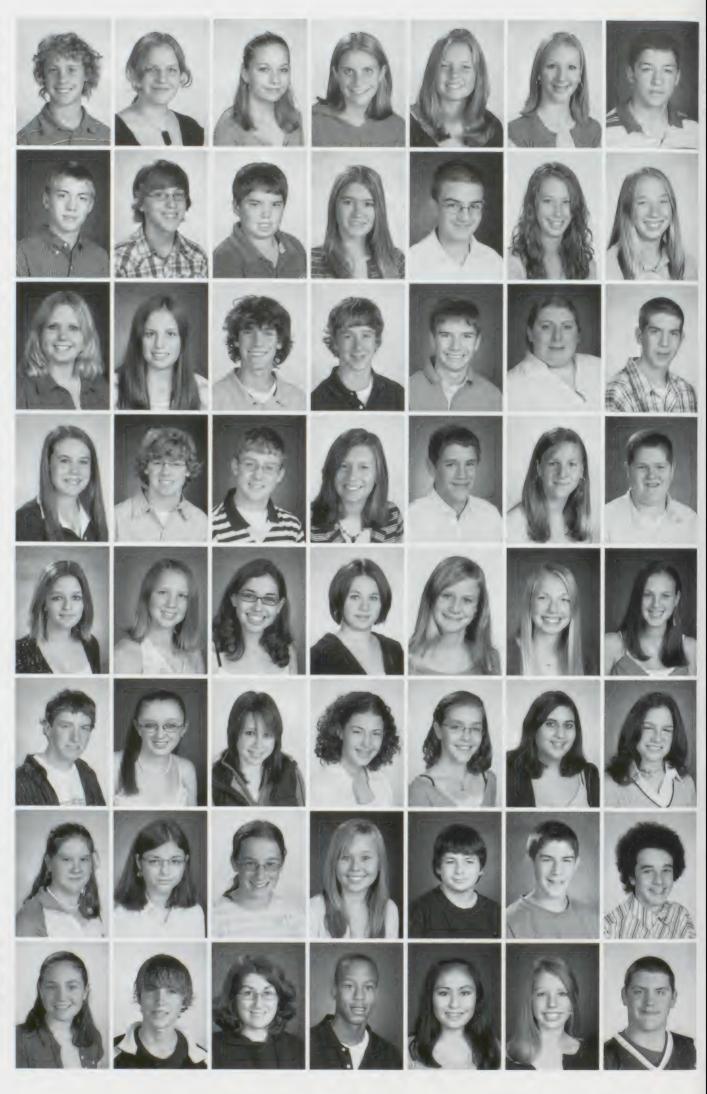
Brielle Elizabeth Heinl Craig Henderson Patrick Henderson Victoria Elizabeth Heyse Michael Patrick Holland Kristin Horanzy Logan Thomas Horner

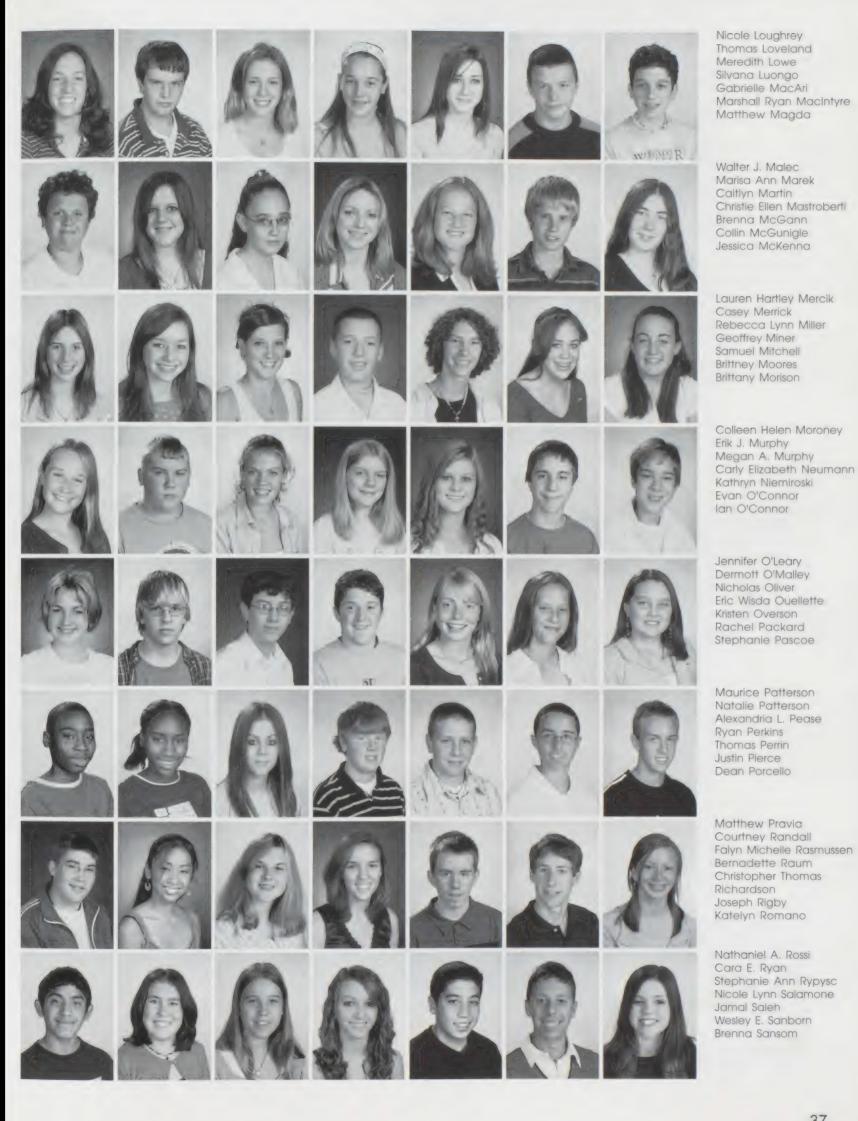
Sharell Lynn Hunt Chelsea Hunter Miranda Nicole Ingram Stephanie Jarinko Devon Marie Johnson Lisa Lynn Johnson Caitlin Jones

Joel Jordan Nicole Jordan Kayla Rose Kaplan Sara Kaplan Margaret A. Kelliher Meaghan A. Kelly Melinda Eileen Kilty

Kristine Koistinen Michelle Kopec Sarah Elizabeth Krauss Michelle Kula Daniel J. Lafreniere Andrew Lagana Andrew Jeconiah Lamagna

Michelle Laplant Evan Laux Jessica Lawrence Erik Lee Amanda Leonhardt Brianna Lertora Robert Samuel Logan





Adam H. Santaniello Zachary Satryb David Hathaway Senter Stephanie Shamy Holly Shea Evan Shelansky Shawnee Sherman

Laura Sikes
Julie Silva
Bryce Skawski
Michael Small
Alexandra Anne Smith
Brian Frank Sorrell
Matthew Spremulli

Stephen Standish Derek Stiles Kallie Sullivan Kathleen Summa Bryan Sutton Rebecca Suzenski Edward Charles Szoka

Britney Elisabeth Tarantino Nicole Marie Tedone Andrew Terlesky Ashley Terlesky Ashley Thibedeau Giuliana Tittarelli Anne-Sofie Toftgaard Knudsen

> Michael Turgeon Colby Tyler Laura Vallance Angela Vincenzo Daniel Wallace Kelly Briana Walsh Justin Waterman

Rachel Lynn Wells Taylor Werth Amber White Shannon Wilson Heidi Kathleen Wolfe Emily T. Zaczynski Kendra Zaczynski

Jessica Zamal Lucas A. Zielinski Vesselin Zlatev



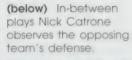
(not shown): Ryan Bouteiller, Luke Cintron, Colin Daly, Shayna Davilli, Matthew Lavoie, Edward Martin, Megan Pietras, Antonio Luis, and Christopher Sweeney

(right) Alexander Flynn does a solo dance with his some of the freshmen girls who were background dancers.





(above) Mr. Jensen gives a detailed analysis on an earth science topic to his freshmen class.





(left) Erik Lee and Dermott O'Malley give the teacher their full attention during science class.



(above) Walter Malec gives a big smile because he just finished his lunch and he loved it.



(left) Ryan MacIntyre was found hurrying out of the commons because he was late to class.



(above) They seemed like they were enjoying themselves so we felt bad for disturbing Todd Bertrand and his friends during lunch.

### **CLOSE UP**

### A DAY IN THE LIFE OF A FRESHMAN

Freshmen year is a year to test the waters. They need to get there feet wet in order to understand what difficult tasks may lay ahead of them. This is also when grades start to seriously count because middle school is simply just preparation for high school. These freshmen have several important years ahead of them, thus success it in their sight.



## "I Can't Get No...Satisfaction!"





(above) Eric Heany and Laura Sauter can't help but show their excitement when they are with each other.



(left) We found Nick Mavis looking good after school in the cafeteria.

(right) Some of the freshmen enjoy a game of cards as an after school activity.





Being an underclassmen isn't always easy. When you're a freshman, you usually get picked on and experience what's known as "freshman friday." Sophomores aren't noticed as much, so sometimes they get frustrated. And being a junior is difficult, seeing as it's the most challenging year, and you aren't at the top of the school caste system yet. But one good thing is you know that you're almost at the end which will motivate you more. Especially when you are in 9th and 10th grade, you sometimes feel like the "underdogs," which is hard on some kids. It all gets better though!! High school is supposed to be the most memorable years of your life, so make the most of it! Even though you feel like you can't be satisfied until you're at the top, you can. Don't worry about everything so much, and just live life to the fullest!

(left page top) Alex Peterson attractive Halloween costume.

(left) Ryan Rempfer gets a bottle of water after his impressive gymnastic skills at spirit night.

(below) Larry Cauley makes his rounds in the cafeteria looking for things to eat.

(below right) Katie Bascom, Eleanor Sutton, and Karie Ann Brunault love to spend the weekends at each of their houses.

"Young man, there's no need to feel down. I said, young man, pick yourself off the ground. I said, young man, 'cause you're in a new town. There's no need to be unhappy."

The Village People - YMCA





## "Moonlight Sonata" Groups Musical

person has ever been to a Suffield High School concert, it is known that it will be a good show. It is also known that these students have spent countless hours practicing and rehearsing for their one chance to perform on the stage.

Each and every student in each and every music group takes Their practices are intense and their lessons are laborious, It is part in an example of creative minds doing great things. If a astonishing to hear what can come from some of your best friends. Many people don't realize how talented these musicians are. Also, many people don't know how enjoyable the concerts are. It should be a requirement for each student to see at least one concert in their high school career.



Nina Vono, Brynn Scozzari, Aneisa Sherman, Alex Wilson, Kirstie Albert, Jenn Thresher, Brianna Lertora, Rebecca Suzenski, Allie Rogers, Amber White, Katie Donovan, Rayshelle Mazur, Anne Santaniello, Courtney Walker, Aaron Olson, Liz Treiber, Nate Sheridan, Lucas Zielinski, Cassandra Devney, Lindsey Carboneau, Luke Anderson, Derrick Mathieu, Aaron Bielonko, Liz Breen, Todd Bertrand, Amanda Emery, Robert Domin

Christine Cannon, Alex Peterson, Samuel Mitchell, Doug Hackenyos, Dave Wilson, Steve Cannon, Ricky Burke, Tyler Diprato, Steve Barthen, Alex Guminiak, Michael Cristina, Joshua Giller, Andrew Laguna, Walter Malec, Adam Santaniello, Julie Roder-Hanna, Ryan Perkins, Dan Scozzari, Dan Bryll, Josh Waddell, Alex Messmer, Andrew Lamagna, Colby Tyler, Courtney Randall, Wesley Sanborn.

Marching Band: Nina Vono, Brynn Scozzari, Aneisa Sherman, Alex Wilson, Kirstie Albert, Jenn Thresher, Brianna Lertora, Rebecca Suzenski, Allie Rogers, Amber White, Katie Donovan, Rayshelle Mazur, Anne Santaniello, Courtney Walker, Aaron Olson, Liz Treiber, Nate Sheridan, Lucas Zielinski, Cassandra Devney, Lindsey Carboneau, Luke Anderson, Derrick Mathieu, Aaron Bielonko, Liz Breen, Todd Bertrand, Amanda Emery, Robert Domin, Christine Cannon, Alex Peterson, Samuel Mitchell, Doug Hackenyos, Dave Wilson, Steve Cannon, Ricky Burke, Tyler Diprato, Steve Joshua Giller, Andrew Laguna, Walter Malec, Adam Santaniello, Julie Roder-Hanna, Ryan Perkins, Dan Scozzari, Dan Bryll, Josh Waddell, Alex Messmer, Andrew Lamagna, Colby Tyler, Courtney Randall, Wesley Sanborn. Michael Cristina,





Jazz Band: Brynne Scozzari, Katie Donovan, Rayshelle Mazur, Liz Treiber, Derrick Mathieu, Aaron Bielonko, Liz Breen, Amanda Emery, Christine Cannon, Steve Cannon, Ricky Burke, Michael Cristina, Andrew Lagana, and Dane Scozzari



NCCC Instrumental: Dane Scozzari, Steve Cannon, Brynn Scozzari, Christine Cannon, Liz Breen, Robert Domin and Ricky Burke



Regional Members 2006: Steve Cannon, Christine Cannon, Jennifer Sansom



Seniors: Dan Bryll, David Wilson, Dane Scozzari, Doug Hackenyos, Derick Mathieu, Josh Waddell, Courtney Walker, Rayshelle Mazur, Katie Donovan, Christine Cannon, Nina Vono, and Annie Santaniello



All State Members 2005: Christine Cannon, and Jennifer Sansom

### Music to The Ears

Music to (left) Emily Nilson and Liz Shamy lead the band with the SHS banner.

(middle) Dan Bryll does his best Frank Sinatra. (bottom) The band preformed at the Big E.











(top left) Mrs. Duval focuses while getting money thrown at her for lunch. (top right) Despite the broken computer Mr. Goodwin and Mrs. Milikin still have smiles on their faces.(bottom right) Mr. St Amand, Mrs. Lusigna, Mr. Jones, Mr. Kilby and Mr. Garvey stop eating for a quick second to take a picture.



BS, Fairfield University MS, Univ. of Rhode Island CAGS, Rhode Island College Principal 6 vears



**Edward Garvey** MS, CAGS, Westfield State. College Assistant Principal 18 years



Sharon Akkouris **Educational Assisstant** 6 years



Paula Anderson Associates, Bay Path College Secretary 7 years



Fran Aniello BS, Springfield College Physical Education 29 years



"I Could

Not Ask

By the end of a students four years of high school, especially in a small school, every teacher will know almost every student. And the connections between

the two are something to cherish. Our teachers are

committed not only in school,

the students in Suffield high school, we thank you and

not ask for more.

would like to say that we could

but also out of school and go to many activities including sports, dances, spirit night, etc. From

For

More"

Molly Baumann BSN, Curry College Nurse 10 years



Mark Beigel BS, University of Rochester MED, UMASS Science 4 years



Karima Belemlih BA, Jacksonville State Spanish/French 4 vears



Kimberly Bernard BA, Eastern Illinois Univ. English 2 years



Miriam Blackaby BA, Mid-Herts College Media Center **Educational Assistance** 15.5 years



Amanda Brown Mathematics 1 year



Sure Carlson BS, Rockford MS, CCSU MS, Lesley College Business 16 years



Carl Casinghino BA, Princeton GPA, NYU MA, Union Institue & Univ. French 9 years



Domenico Casolari BS, Boston University MA, Simmons College Mathematics 5 years



Christopher Cosma BA, Stonehill College Mathematics 6 years



Diana Cunnigham BS, CCSU MS, Lesley College MS, St. Joseph's College Physical Education 22 years



Nancy Davis Substitute 1 year



Libby Deedy BS, Bryant MS, Rensselaer at Hartford Busniess 13 years



Steve Dudeck BS, WNEC MS Ed, Westfield State C.A.G.SCambridge College Business 7 years



Paul Dumais BA, Assumption College MS, CCSU History 3 years



Bede Duni Secretary 40 years



Michael Duni BA, St. Anselm College BS, Westfield State College MA, Westfield State College Ph.D, UMASS Amherst English 35 years



Robert Eggleston Phsyical Education 6 years



Gina Fasoli SUNY English 2.5 years



Guy Fortunato BA, MS, Sacred Heart University English 3 years



Greg Gaillard BA, Keene State College Social Studies 4 years



Gina Garfield Guidence 1 year



Daniel Gatto BS, Springfield College Physical/Life Education 3 years



Jeffrey Gowdy BS, MS, CCSU Social Studies 35 years



Janet Grasso 1 year



Harrison Griffen BS, MA, UConn Agriscience 36 years



Joseph Grimard BS, MS, CCSU AS, Champlain College Earth Science 5 years



Janet Hackenyos 1 year



Noreen Harnett English 2 years



Darlene Harris ATCC Associates Secretary 14 years



Tomas Hernandez-Rozas Spanish 1 year



Allen Hoffacker Middlebury English 2 years



Christine Hoffacker ARCT, Royal Conservatory of MS, SW & Middlebury/Oxford Music LRSM, Royal Schools of Music Hartt School of Music Music-5 years



Stephanie Holland English 3 years



Edward Huppe BS, MS, CCSU Mathematics 4 years



Charmane Jacobs Asnuntuck Comm. College **Educational Assisstant** 3 years



Rick Jenson BS, MS, Rutgers Earth Science 30 years



Jean Johnson Physical Education 2 years



Kristin Johnson BA, UConn MLS, Southern Connecticut Librarian 6 years



Sarah Kaplan UConn Social Studies 2 years



Justin Kaput BS, UMaine Agriscience 3 years



Larry Katulka BS, MS, CCSU Social Studies 30 years



Alan Kaufmann BS, University of Albany MA, Virginia Science 2 years



Trinity BA SUNY Albany MA Spanish 8 years



Cathy Kerr Bay Path College Associates Secretary 8 years



Ron Kilby CCSU BA Westfield State College MS Wesleyan Univ. MALS, MS Westfield State College Special Education 9 years



Ann Marie Kimmet UConn BA Mathematics 6 years



Barbara Klaus Smith College Special Education 4 years



Laura Laflamme Agriscience 1 year



Amy Lalonde B.S M.A, UCONN Sacred Heart Univ. **Educational Assisstant** 1 year



Harold Larson BA, Westfield State College Permanent Subsitute 14 years



Ann Lewis **Educational Assistant** 3 years



Nancy Lombard BS, CCSU MS, SCSU Life Education 25 years



Robert Lowell Head Custodian 23 years



Norah Lusigna Ed. DUMASS **Psychologists** 19 years







## "Forever Young"

The teachers at Suffield High School range from their midtwenties to their mid-sixties, but "age 'aint nothin' but a number." All of our teachers are young at heart. They like to play and have fun at school just as much as students do. Whether it's playing basketball, judging at Spirit Night, dancing at prom, or gossiping, teachers know how to have fun. The Suffield High School teachers' willingness to play AND work helps their teaching to be more effective, helps foster better relationships with students, and makes school more fun.

(Clockwise from left): Dr. Duni is so excited to be entering more grades into the computer.

Mrs. Anderson, office lady, Mrs. Bauman, and office lady may be having too much fun together.

Senora Harnett and Larry Cauley are having a blast during Spanish class.



Margaret Majewski BA, Clark University English 2 years



David Mangus P.G., CCSU Biology 1 vear



Kyle McCullough B.S. BiologyCase Western BS, BA, American University BA, University of Delaware MED, University of Hartford History 7 years



Katherine McGurn History 8 years



Robin Mentzer BA, Wheaton MA, Univ. of Hartford Math 2 years



Maryellen Mercik Asnuntuck Associates Secretary 5 years



Joseph Migliore BS, UConn MA, CCSU Music 23 years



Deborah Miner BS, Hillsdale Bowling Green St. College Family/Consumer Science 8 vears



Kristina Miszko (Kochanek) BS, Springfield College MS, AIC Guidence Counsler 5 years



Stacey Navratil Guidence 1 year



Cathy Peerless BS, Univ. of North Carolina MAE, UHartford Art 33 years



Diane Phelon Secretary 7 years



Dennis Picard BA, Rhode Island College MFA, Catholic University BS, MS, Westfield St. College English 29 years



Deborah Pierce Bay Path Associates Mathematics 9 years



Sandy Plourde BS, Univ. of Rhode Island Secretary 19 years



Janice Potter MS, CCSU English 23 years



Selina Quirion BS, St. Michael's College Mathematics 3 years



Kim Radziewiez BS, Bates College MAT, Tufts University Biology 13 years



Karin Riordan BA, Bates College MAT, Elms College Spanish 7 years



Marge Schmidt History 3 years



Steve Shultis MS, Washington University BA, Westfield State College Salem State College MA, Madrid San Luis Spanish 5 years



Lori Silva **Educational Assistant** 9 years



Barbara Smith BS, Western Connectivut St. **Educational Assistant** 11 years



Brian Smith American International College B.A. Special Ed. and Liberal Studies M.A. Educational psychology English



Robert St. Amand BA, Westfield State College MS, CAGSUMASS Amherst Guidence Counsier



Shannon Stauffer B.A Psychology, UCONN M.S.W., Smith College 1 year



Ned Sullivan MS, Westfield State College Guidence Counsier 26 years



Richard Therrien Case Western Reserve BS, University MS, Univ. of Bridgeport Science 6 years



Judy Tower Western New England **Educational Assistant** 16 years



Lou Wanat BS, MS, CCSU **Technology Education** 35 years



Anne Willard BS, M. Ed., UConn MS, CCSU Agriscience 13 years



Mark Winiarski BIND, Auburn University Permanent Subsitute 1 year



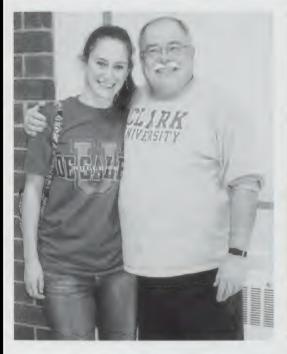
Etsuko Yamanaka University of Mass./ **Amherst** Springfield College **Educational Assistant** 1 year

#### (not shown) Jeremy Meade

(below) Mr. Casolari and Mrs. Kochanek were having a delightful conversation while supervising the semi-formal.







(above) Jessica Giller and Mr. Gowdy pose for a quick picture together.



(above) Mr. Kaput and Mrs. Johnson smile for the camera while trying to listen at a teachers meeting.

#### Day in the life of an SHS Teacher

Mr. Grimard quickly picks up after 1st lunch before the next lunch comes in.

Ms. Blackaby stops from her busy work to take a picture.

Mrs. Lombard and Michelle Salamone stop to discuss life in the hallway. Mr. Eggleston remains composed as an extreme volleyball game happens off in the distance.

Mrs. Hoffacker jokes with another student during class.











### Clubs and Orgs

## "Come Together"

When you take intelligent students, collaborative clubs, and dedicated leaders, you get Suffield High School clubs and organizations.

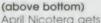


Clubs and Organizations are the foundation of Suffield High School. Each club brings a unique aspect to student life and gives students a chance to take part in a new experience. These new experiences will be beneficial to their later jobs. For example the WSHS-TV clearly have a

bright future in broadcasting or communications. Colleges look at the students extracurricular activities

(top) Heather Reed fixes up some concoction to provide food to the plant. In the process she is also watering the

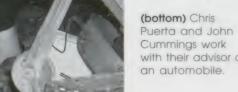
> some great food with as many cooks as that.



April Nicotera gets some cramming in for a test before her club meeting starts.

(bottom) Chris Puerta and John Cummings work with their advisor on to get an idea of how ambitious the student is. These students involved in clubs and organizations take time out of their already packed schedule to take part in something they thoroughly enjoy. The clubs and organizations of Suffield High are constantly expanding, influencing new students to join, and starting entirely new clubs. For example the Earth Club and Capoeira Club are student-designed, highly active clubs. It is amazing how willing the teachers and administration are to acknowledge the students requests to start a club. One of the most beneficial parts of clubs and organizations is the community service it puts back into the town. Two clubs that do serious out of school, community, service are Interact Club and Giraffe Club. All of these clubs make up a large society of dedicated students that clearly have a bright future. They represent Suffield High School, thus our school is a great asset to the town. When students put their minds together they can accomplish amazing things.

(below top) Amber Riccio definitely gets





Math Team: Advisors - Selina Quirion: Lydia Nicoll, Sara Shea, Noah Mealy, Ryan Smith, Erin Horanzy, Megan Wesolowski, Julie Silva, Ed Szoka, Holly Chamberlain, Julia Roder-Hanna, Kara Chamberlain, Matt Willett, Kirstie Albert, Alex Wilson, Ricky Pianka, Joey Stepansky, and Rob Parise



W\$H\$-TV: Advisor-Denis Picard: Riel Hoffacker, Ben Zavisa, Chelsea Phillips, Emily Neilson, Kashema Little, Kara Chamberlain, Margaret Cooper, Elizabeth Trieber, Veronica Nunces, Kalina Nowak, Brandon Clark, Meredith Coyle, Jessica Springsteen, Kristin Martin, Sean Morrison, Chealsea Skawski, Rayshelle Mazur, Vinny Barnes, Heidi Michalewiez, Michelle Kelly, Annie Santaniello, Evam Laux and Adam Santaniello



**Science Club:** Advisor- Mr. Jenson: Ryan Smith, Pat Pease, Mike Cooper, April Mirotera, Mandy Levieweba, Chris Benson, Brian Carney.



Math Team-Lydia Nicoll: "We did really well and it was exciting to have a lot of new people on the team this year."



SHS-TV-Veronica Nunes: "It is a great experience especially considering it's something I want to pursue a career in."

## SHS Clubs and Orgs

### Quotes and Thoughts



**Drama Club Josh Hirst:** "There is nothing better then playing the role of another person because you enter a life that you would never live."



National Honors Society Tim Dupuis: "NHS is a important group that is made up of students with amazing potential. We participate together to raise money and do community work."



Drama Club: Advisor-Ms. Holland: Kashema Littie, Heather Reed, Nicole Santiago, April Nicotera, Cassie Parel, Adam Santaniello, Evan Lavx, Krista Stepanksy, Ben Zavisa, Maddie Munson, Michelle Kelly, Chris Kwiat, Gillian Baxter, Shawna Withee, Laura Rinaldi, Bryce Skawski, Sean Morrison, Chelasea Skawski, Tyfani Unger, Rayshelle Mazur, Christine Wilson, Courtney Walker, Josh Hirst, John Cummins, and Brandon Clark



National Honors Society: Advisors-Mrs. Pierce and Mrs. Miner: Mike Ansman, Joe Antelmi, Mari Beltramello, Julie Blair, Melanie Brown, Christine Cannon, Ryan Cappa, Lauren Christofori, Tim Dupuis, Chris Ewald, Jessica Giller, Angela Giallanza, Cath Giallanza, Doug Hackenyos, Rie Hoffacker, Anna Kubetin, Danielle Loughrey, Peter Masso, Lauren McGuiness, Madison Munsor Colin Packard, Tom Parise, Nora Parsons, Chelsea Phillips, Melinda Polek, Jamie Reagan, Nate Rheault, Matt Rigby, Andrea Roccanti, Michelle Salamone, Alex Sauter, Aaron Shelanskas Lindsey Shultz, Chelsea Skawski, Erin Waters, Carla Wilson, Ashley Adams, Tyler August, Alici Baumann, Samantha Bieleski, Aaron Bielonko, Ivan Bojic, Nicole Boudreau, Matthew Brew Kimberly Dupuis, John Gancarzs, Lauren Gates, Erin Horanzy, Bethany Klose, Elizabeth Lancaste Stephanie Landry, Sheila Leary, Amanda Lineweber, Danielle Monsiegneur, April Nicotero Alexandra O'Halloran, Kellen Rice, Andrea Ruotolo, Jennifier, Sansom, Crystal Saunders, Matthew Silva, Kathryn Simison, Lauren Smith, Maureen Mith, Ryan Smith, Kathryn Spencer, Steve Treglia Alexander Wright, Lyndsey Zavisza, Beth Alaimo, Jamie Brause, Michael Dzioba, Samual Foreste Justin Foss, Jill Grakowsky, Josh Hirst, Gabrielle Howe, Nicole Kenney, Emily Nilson, Richelle Oullette Michelle Owens, Ann Santaniello, Lindsay Small, Kelly Sullivan, Jason Threshe, Matthew Tyo Emily Willoughby, Christine Wilson, David Wilson.



Student Activity Board: Advisor-Daniel Gatto: Greg Tower, Kathryn Simison, Chloe McKay, Taylor Bartini, Lydia Nicoll, Courtney Bednez, Grethen Eastman, Mike Dzioba, David Wilson, Danielle Monsiegneur, Colin Packard, NAte Rheault, Mike Ansman, Ali O'Halloran, Natalie Mazzetta, Lauren Smith, Danielle Moores, Alicia Baumann, Ayesheh Nims, Laura Sauter, Tayler Kerr, Crystal Saunders, Ally Winne, Sara Shed, Alyssa Johnson, Diana Mark and Kellen Rice



Capoeira Club: Jamie Brause, Joe Antelmi, Matt Tyo, Julia Roder-Hannah, Margaret Cooper, Randy Parker, Benz Waranyoo Katanyo, David Shelanskas, and Rob Parise



**Orpheus:** Advisor-Mrs. Potter: Mandy Lineweber, Sara Kubetin, Crystal Saunders, Erin Horanzy, and April Nicotera



Student Activity Board-Colin Packard: I love working with the people that are part of SAB. The group works well together and there is always a lot accomplished at each meeting."



Orpheus-Mrs. Potter: "The final product of Orpheus, our literary magazine, is always entertaining. Each year it gets better and better."



Class of 2009-Mrs. Lombard: "Shown by there cooperation with events like Spirit Night they are clearly destined to be a prosperous class council."



Class of 2007-Diana Mark: "I love these guys so much I can't wait for our meetings during the week."



**Student Council Class of 2009:** Advisors- Mrs. Lombard and Mr. Sullivan: Brittney Moores, Katie Romano, Brianna Lertora, Colleen Moroney, Michelle LaPlant, Geoff Minor, Nicole Salamone, Mike Christina



Class of 2008 Student Council: Advisors - Mrs. Riordan and Mrs. Belemlih: Alex Peterson, Meghan Fletcher, Alexandra Messmer, Ryan Rempher, James Grout



Class of 2007 Student Council: Advisors - Mrs Kochanek and Mr. Casolari: Ayesheh Nims, Alicia Baumann, Lauren Smith, Diana Mark, Matt Silva, Bethany Klose, Andrea Ruotolo, Kim Dupuis, Zachary Donais, Nicole Boudreau, Navina Vemuri, Noah Mealy



**Student Council Class of 2006:** Advisors- Mr. Gaillard and Mr. St. Amond: David Wilson, Mike Ansman, Michelle Salamone, Chelsea Phillips, Colin Packard, Jay Fletcher, and Chris Ewald.



**Student Senate:** Advisor - Mr. Casolari Mike Cristina, Emily Willoughby, Stephanie Landry, Bethany Klose, Carla Wilson, Anna Kubetin, Sara Kubetin, Tom Parise, Nicole Salamone, Kelsey Emmons, Kalleigh Peterson, Noah Mealy, and Joe Antelmi



**Art Club:** Advisors- Mrs. Peerless: Alexandra DeLeon, Allison Spadorcia, Greg Daley, Amanda Scozzafava, Anna Rollet, Lydia Nicoll



Class Council '06 Michelle Salamone: "I've really enjoyed being on class council the past four years because it gave me an opportunity to work with a lot of different people in my class. It was a worthwhile experience and I had a lot of fun with it.



**Student Senate-Tom Parise:** "Mr. Casolari has been extremely influential to the success and accomplishments of the student council.



SHS Newspaper-Mr. Casolari: "This year's newspapers have been extremely interesting. The group puts their minds together well to create an amazing product."



Interact Club-Nate Rheault: "The club's success was influenced by the great advisors we have, Mr. Garvey and Mrs. Lombard."



SHS Newspaper: Advisor - Mr. Casolari and Mrs. Klaus: Julie Blair, Mandy Lineweber, Ryan Smith, Erin Horanzy, Stephanie Landry, Anna Kubetin, Sarah Kubetin, Bethany Klose, and Kim Dupuis



Interact Club: Advisor-Mrs. Lombard and Mr. Garvey: Danielle Loughrey, Greg Tower, Nate Rheault, Laurne McGuiness, Luke Anderson, Rachel Brueno, Olivia something, Nicole Salamone, Michelle Salamone, Melanie Brown, Jen Dimauro, Sarah Brueno, Valerie Longhi, Anthony Longhi, Colin Packard, Tim Dupuis



**Debate Club:** Advisor- Ms. Schmidt and Ms. Holland: Chris Benson, Chris Kwiat, Laura Rinaldi, Matt Magda, Kellen Rice, Stephanie Landry, Shawna Withee, and Ricky Planka



**Robotics:** Advisors- Nick Jenson and Mr. Wanat: Brendan Cahill, Melanie Chapman, Chris Davis, Sean Congden, Justin Foss, Chris Holtzman, Kieran Kirkland, Ross Marx, Pat Pease, Emmie Tracey, Matt Willett, Frank Ruggiero, Brittany Tarantino, Bryce Skawski, and Mike Cooper



Best Buddies: Advisors- Ms. Kaplan and Mrs. Donais: Anthony Fusco, Wesley Sanborn, Jen Dimauro, Colleen Moroney, Victoria Heyse, Kacey Srubas, Jenny Druval, Branden Brelanko, Michelle Kopec, Derek Stiles, Wally Malec, Bryan Sutton, Jimmy Lemire, Rob Howe, Tom Sheridan, Max Carroll, Zack Zazaczka, Matt Zazaczka, Lauren Stuckton, Katelynn Gay, Becky St. John, Nicky Lemire, Michelle Clayton, Betsy Pagau, Brielle Heinl, Colleen Moroney, and Kalleisn Peterson



"Becoming Me" Theatre: Advisor-Kristina Kochanek and Kim Radziewicz: Sara Coleman, Nicole Santiago, Mandy Lineweber, Tom O'Brien, Alexandra O'Halloran, Veronica Nunes, and Ryan Smith



Robotics Club-Pat Pease: "The final product for competition is completely worth the work that is endured throughout making it."



Becoming Me Theatre-Alexandra O'Halloran: "It is a great feeling for me to entertain little kids. It is amazing how such a simple thing can brighten up their day."

## SHS Clubs and Orgs



Anime Club-Nate Lamagna class of 2005: "The most important part of Anime Club is not letting anyone know that you're in Anime Club."



**Giraffe Club-David Wilson:** "It makes me feel really good to help others."



Anime Club: Advisor - Mr. Gowdy: Aaron Olson, Matthew Olson, Nathan Sheridan, Gillian Baxter, Eva Banlaki, Lindsey Carboneau, Jessica McKenna, Jess Zamal, Celina Bycenski, Cassie Devney, Miranda Ingram, Laura Rinaldi, Ian Shulman, Chris Benson, Greg Moser



Giraffe Club: Advisors- Mrs. Garfield, Mrs. Lombard, and Mr. Sullivan: Michelle Salamone, Jessica Giller, Michael Ansman, Alicia Baumann, Sean Willoughby, Lauren McGuiness, Justin Phillips, Chelsea Phillips, Brianna Neale, Taylor Neale, Meghann Cocca, Danielle Loughrey, Colin Packard, David Wilson, Nate Rheault, Rachael Brueno, Alexandra Messmer, Kirstie Albert, Melissa Pruitte, Braidy Zavisza, Chelsea Moser, Brianna Leitora, Courtney Randall, Annie Santaniello, Lauren Beallieu, Michelle LaPlant, Emily Nilson, Jenn Thresher, Sarah Brueno, Chloe Fortin, Lydia Nicoll, Maureen Smith, Denise Buckingham, Rob Emery, Amanda Emery, Julie Silva, Rachael Packard, Brooke Boucher, Christina Doane, Jessica Banks, Lauren Scandura, Nicole Mitchell, Laura Hawk, Casey Merrick, Liz Shamy, Lisa Beltramello, Luke Anderson, Whitney Mackay, Meredith Lowe, Emily Willoughby

## **FFA**

### Suffield has one of New England's top FFA organizations



2005-2006 FFA Officers: (back row) Mrs. Willard, Erica Cross, Resha Jacquier, April McWha, Chris Puerta, Nicole Silkey, April Nicotera (front row) Tyler August, Melinda Polek, Allison Corbosiero, Gabrielle Howe, Angela Giallanza, Megan Wesolowski

FFA at Suffield High School is growing in size every year. With many different classes from Floral Design to Animal Science, the opportunities are endless. Living in a agricultural community we are proud of our FFA organization that contributes to the everyday diversity that makes us what we are. Agriscience students are introduced to many opportunities that could be pursued as a career. Being in the program, you are entitled to attend many different activities such as the Holiday sale and the spring plant sale. The students also make a

in many FFA activities such as Career Development events, SAE and the National FFA Convention.

### "No DIGgity"







(top) Mrs. Willard and Mrs. Laflamme show off their Holiday Cheer at the FFA Holiday Sale (middle) Kate McKeon wins big at the Big E Floral Design Show. (bottom) Ms Tronsky and her students show off their farm pride.



Student Research Project- Invasive Species (front row) Mrs. Willard, Heidi Michaelewicz, Gabrielle Howe, Gillian Baxter, Alberto Mimo, Water Quality Specialist/Environmentalist for the CT Dept. of Environmental Protection, Zach Donals, Shannon Murphy, Chris Oprica

(back row) Katrina Reynolds, Melinda Polek, Lauryn Richmond, Kate McKeon, Patrick O'Kane, Tim Crouse







(far left) Carina Slimm and Nicole Schooles work at the Big E Floral Demonstration Booth. (middle) Chelsea Ranstead and Michelle Owens demonstrate safe handling and restraint of horses

(far right) Melinda Polek poses with her dog Kelth, who is in training to be a guiding eye for the blind.

## "Living on a Prayer" The Yearbook Staff

From the first day of our yearbook been a fantastic year that we could adventure it has been a whirlwind of meeting deadlines and conflicting ideas. Another big concern was our worry that the staff number was insufficient to complete our task. Compared to the previously large yearbook staff of last year, we have only four students. This put the same strenuous amount of pressure on a smaller, but more efficient staff. It has

compare to a soap opera. This is because throughout the year we have created enemies and allies, but by the end of the journey, we were all friends. The sense of accomplishment negates any argument that may have happened because knowing that four students made this entire yearbook is a story in itself. Hope you enjoy the book!



The Yearbook Staff: Ashley Bridgman, Sarah

Brueno, Chris Ewald, Joey Lawrence











"Just the four of us, we can make it if we try"





(above) Diana Mark stares down her opponent on a restart, ready to pounce on the oncoming player the second the referee blows the whistle.



(above) Tim Dupuis pitches a two-seam fastball that hangs on the outside of the plate, striking the batter out, and ending the inning.



(above) Mike Tassinari, David Wilson, and Matt Rigby jump off the starting line quickly in order to get to the front of the pack. Once they get in that position no one will be able to catch up.



## "Play the Game"

Sports in Suffield High School is more of a second lifestyle to students rather then a tedious pastime. There are very few cases in which a team lacks dedication or spirit. Sports are a way for many students to interact, get in shape, and tone their skills. That is why sports are so important to the Suffield High School experience. Social education and interaction are things that are taught at Suffield High School, but not in the classroom. It is taught within the lives of the students and it is provided by the school's

extracurricular activities, like sports. These teams almost always create new friendships, and if it is a successful season, it also creates some unforgettable memories. Hard work and leadership are key assets in a student's future. The sports not only teach the student how to play the game, but also how to be a leader and to be dedicated to something. These assets will probably be used later in life. In conclusion, the sports that a teenager takes part in plays an important role in their present life and their future life.



(above) Doug Hackenyos, a defender, uses a bull dodge to plow through the opposing defense in order to ignite the Suffield offense.

(left) Ben Sweeney fakes out the defender so he can string some passes together with Mike Devine as he makes a run up the middle.

### Winding up





(top) Aneisa Sherman wins the ball and goes towards the goal. (middle) Nicole Loughrey baffles the oponent with her amazing skills

(bottom) Elizabeth Shamy gives the other team a challenge when trying to get possesion of the ball



(top) Chloe McKay and Lindsay

"This team has been the best team to be a captain of and it has helped me enjoy every part of my last season with the girls!"

-Lindsay Small



Varsity Girls Soccer: (top row) Coach Sullivan, Nicole Boudreau, Jenn Thresher, Meghan McGunnigle, Jenn Silva, Rachel Bromson, Whitney McKay, Kallie Sullivan, Kristen Overson (middle row) Ashley LaBarre, Christina Luban, Lisa Johnson, Katie Donovan, Ali Bromson, Laura Bartus,

Andrea Ruotolo, Jess Orr

(bottom row) Rachel Packard, Lisa Beltramello, Kelly Christian, Chloe McKay, Lindsay Small, Taylor Bartini and Lauren Smith.



Junior Varsity Girls Soccer: (top row) Sarah Heyse, Jillian Sipperly, Liz Treiber, Stephanie Shamy, Emily Droney, Erin Horanzy, Kristen Horanzy, Aneisa Sherman (middle row) Nicole Loughrey, Ashley Boudell, Laura Vallance, Chelsea Hunter, Melissa Jenkins (bottom row) Brittany Crosby, Elizabeth Shamy, Alexandra Messmer, Kara Chamberlain



(left) Jessica Orr rushes to beat her opponent to the ball.

(right) Rachel Bromson charges the goaly after a stunning shot.



# "Kick Off"

This year, the girl's varsity soccer team was the one to watch out for. Going into the season with expectations high, they knew they could not let down. The girls showed determination and heart every game and played to their limits, proving to everyone that they were un-beatable. They came out of the season with a perfect 16-0-0 record, making them the first girl's soccer team from Suffield, to go a whole season undefeated. In their postseason they beat the odds and went 4-0 against some of the best teams in Connecticut. They won the Class M title against Holy Cross with a score 3-1. In the end of the season they scored over 100 goals and had only 4 scored against them. They ended the season breaking records and setting standards.

**(right)** Kristen Horanzy wlnds up for a hard, low drive towards the goal!



#### Girl's Soccer

Girls soccer is a sport that requires determination, speed and focus.



(left) Rachel Packard fakes out the oponent and runs for the goal.

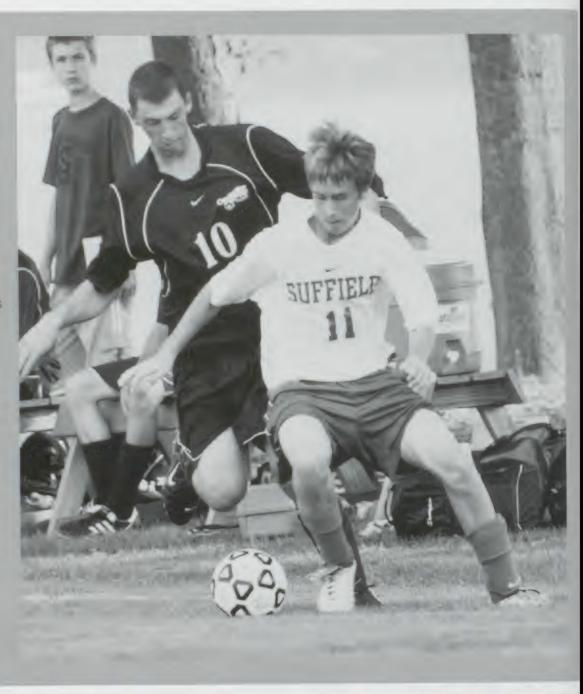
(right) Taylor Bartini shows off her soccer skills during the first game of the season.



## "Never Surrender"

In a town where there are as many soccer fields as there are tobacco fields, soccer is an integral part of Suffield. Coincidently it isn't surprising that there are large crowds that congregate at each game. The team fought valiantly through each game with most of the games being won or lost in a matter of one goal. Close games kept the team on their heels the entire season along with their coach, Mr. Beigel. At the beginning of the season he said, "Each game is going to be decided on one play, there will be no blowouts." His prediction proved true. There was some heartbreak, but just as much celebration in their 9-6-1 season. It was not only a positive season, but also extremely entertaining.

**(right)** Chris Coates remains calm and composed while the opposing player puts on the pressure.



### Boy's Soccer

The boys soccer teams encountered many fierce teams, but have been consistent with their sportsmanship at the same time.



(left) Jason Thresher gets some major air when he goes up for a head ball.

(right) Michael Devine sprints down the base line to beat the opponent to the ball.



## SUFFIELD 12 AUPPIELD SUIFIED

Boys Varsity Soccer: (front row) Chris Ewald, Kasey Christian, Doug Hackenyos, and Michael Devine (middle row) Chris Coates, Andrew Parent, Jason Thresher, Dane Scozzari, Wayne Gates, and Ben Sweeney

(back row) Sean Willoughby, Kevin Muscarella, Andrew Martin, Michael Presnick, Ben Brown, Josh Severens, Anthony Cervione, and Coach Mark Beigel (not shown) Michael Ansman



Boys JV Soccer: (front row) Andrew Lagan, Glen Dardanelli, Alex Guminiak, Eric Lee, Pat Henderson, Justin Pierce, and Colin McGunigle

(middle row) William Defocie, Mike Chapman, Nick Catrone, Joe Rigby, Dean Porcello, and Todd

(back row) Nick Rologut, Bryan Hull, Luke Anderson, Jeff Bridge, Drew Kirkland, and Coach Mark Cervione



(left) Kasey Christian plays the ball around the opponent without even trying.

> (right) Ben Sweeney puts on the moves. baffling the opponents.



#### The Next Generation







(top) Eric Lee beats the defender to the ball and takes a shot on

(middle) Drew Kirkland preforms a give-and-go with his teamate to break the opposing defense. (bottom) Michael Chapman chases down the ball to keep possession.



(above) Michael Ansman, Kasey Christian, and Doug Hackenyos

"When all else fails go for the ankles."

-Michael Ansman

## On The Line







**(top)** Jerome Hill leans over, preparing to blitz the opposing quarterback.

(middle) The defensive line awaits the snap.

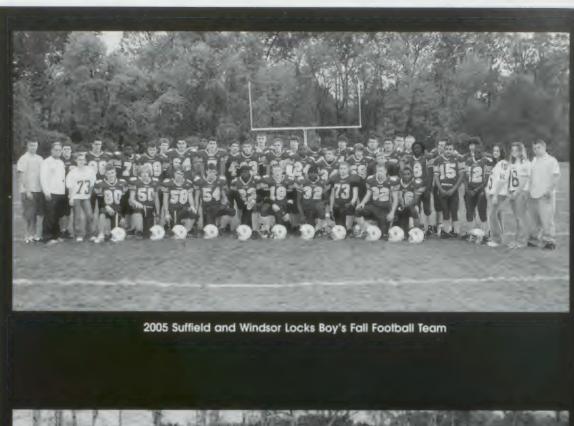
(bottom) Bryce Cyr is ready to breakthrough the line and sack the QB.



(above) The team gathers around the coach to go over plays before the game.

"I'm pleased with our team this year. We were very young and small, but we still got hopes for our third Division Championship."

-Pat Cooper





The Windsor Locks/Suffield Football team cheerleading squad is led by some of Suffield High schools very own cheerleaders: Stay-C Cauley & Kelly Cosker



(left) Rob
Hill takes
the handoff
and
sweeps
wide right.

(right) Matt Conway fakes the handoff and rolls out left.



# "Rough Raiders"

This year has been a rebuilding vear for the Suffield/Windsor Locks Football team. After having a tremendous year last year, the team is short thirteen seniors who were mostly starters. As if this were not enough, the team has suffered tremendous losses this year due to injuries. Matt Conway was injured in a scrimmage against Suffield Academy, John Haslam was injured for the duration of the season, and three others were out for ample time. However, the team did not throw in the towel. They battled through every game and worked hard to stay atop their division and clinch it for the second year in a row. The team finished with a strong record of 5-5-0 with a short run in the state tournament and can only expect to continue to improve.

(right) Rob Hill puts a stiff arm on the defender as he returns a kick.



### Boy's Football

Football is a sport that requires immense dedication and drive in order to progress as a team.



(left) John Haslam struts into the endzone after a long

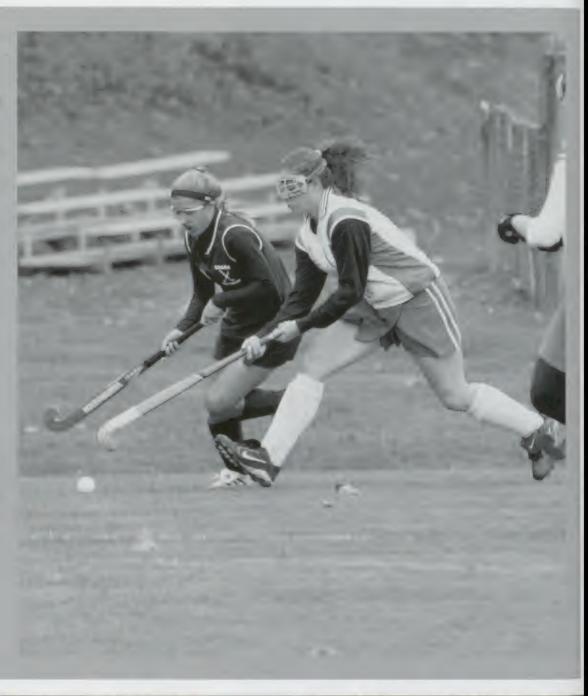
> (right) Joe Lewis stretches out to reach the first down marker.



# "Sure Shot"

Suffield's Field Hockey team has come a very long way since freshmen year. From only winning one game freshmen year to making the state tournament only three years later. They have immensely improved and become a team that opponents now dread to play. The team was led by its six seniors, Brianna Flynn, Riel Hoffacker, Jessica Giller, Valerie Longhi, Chelsea Philips and Mallory Mitchell. The girls lost in the first round of the tournament to Brien McMahon. but the fact that they made it all the way to states shows how much they have improved. With the rest of the team returning they should be able to have an even more promising season next year. The team finished with a 8-7-2 record.

(right) Samantha Cieri galns an extra step on the opponent to steal the ball.



### Girl's Field Hockey

Field hockey is a sport that builds character and strength because of the the scars and bruises they endure.



(left) Brianna Flynn battles for a loose ball.

(right) Riel Hoffacker gets tripped up while fighting for position.



**Team Name: (front row)** Liz Lancaster, Mallorie Mitchell, Brianna Flynn, Jessica Giller and Chelsea Phillips **(middle row)** Brianna Neil, Alexandra Kuras, Lyndsey Zavisza, Valerie Longhi, Brynn Scozzari, Brooke Boucher

(back row) Carly Neilson, Samantha Cieri, Braidy Zavisza, Patricia Herring, Courtney Bednaz, Ally Winne, Sheila Leary



**Team Name: (front row)** Laura Sauter, Kelsey Emmons, Meg Murphy, Rachel Sherwood, Kim Denue **(middle row)** Liz Breen, Sarah Shea, Kalleigh Peterson, Kathryn Kenney, Vicky Heyse, Amanda Scoz **(back row)** Coach Lalonde, Nicole Ferland, Kayla Fahle, Ayesha Nims, Alex Smith, Colleen Maroni



# (left) Colleen Maroni hustles down the field to play defense.

(right) Laura Sauter winds up to pass off the ball to her teamate.



#### WARRIORS!







**(top)** Patricia Herring paces in the net eagerly awaiting some action.

(middle) Alexandra Kuras charges down the field with her stick ready for battle.

(bottom) Kaleigh Peterson lunges for the ball.



(above) Five of the team's six seniors stop for a quick photo-op.

"We had a really exciting season. We won many games that we have not in the past. Overall everyone had fun and we had a great season."

- Valerie Longhi

#### Eye On the Finish Line







(top) Caitlin Martin sprints to finish the last ten yards of her race. (middle) Jamie Brause's huge muscles intimidate the other runners.

(bottom) PJ Masso hustles to the finish line.



(above) Tom Parise, Jaime Brause, David Wilson, Alex Sauter, Matt Rigby

"Despite injuries we had a successful season. We were led to a record of 13-9 by our dedicated coach Domenico Casolari."

-Matt Rigby



Boys Cross Country: (back row) Tom Parise, Jamie Brause, David Wilson, Jameson Grout, Alex Sauter, Matt Rigby, Mr. Casolari

(front row) Tim Dufore, Matt Brew, Josh Giller, Rob Domin, John Gancarz

(front row) Tim Dufore, Matt Brew, Josh Giller, Rob Domin, John Gancarz (not shown) PJ Masso



Girls Cross Country: (back row) Coach Hennigan, Margaret Cooper, Julia Roder-Hanna, Kelly Bielonko. Meaghan Fletcher, Caitlin Martin, Coach Dougherty (front row) Danielle Monseigneur, Beth Alaimo, Danielle Loughrey



(leff) David
Wilson and
Danielle
Monseigner
pose for a quick
picture before a
meet.

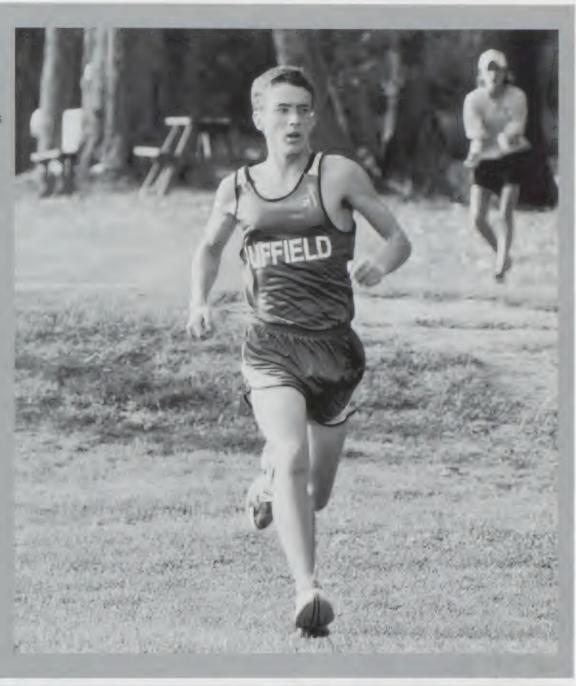
(right) Beth Alaimo paces herself at the beginning of a race.



## "Run It!"

Cross country is not the most popular sport at Suffield High School, but is one of the toughest. Each member of the girls and boys cross country team has a passion for running that shows in their many achievements. Every person participating in cross country this season has improved tremendously during the year. Many of the Suffield athletes have come in first in their races. As their records show, the Suffield High School cross country teams have been very victorious this season. Although cross country is partially an individual sport, each member works hard to do well to benefit the team. With drive, determination and a love for running, the girls and boys cross country teams had very successful season.

(right) Matt Rigby's impeccable form helps him to be successful in his races.



#### Boy's and Girl's Cross Country

Resiliance,
determination,
pacing, and
concentration are just
a few of the aspects
that make up a good
cross country runner.



(left) Megan Fletcher concentrates on her footwork.

(right)
Margaret
Cooper
keeps her
head in the
race.



# "We Go Deep"

The SHS Girl's Swimming and Diving team has had a tremendous year. Despite losing eight seniors from last year, this year's team is stronger than ever. Even though the team suffered the loss of many talented athletes, they gained the membership of several amazing new swimmers. The team ended their season with eight wins and five losses, placing fourth in their league, and sixth in the state. Another accomplishment achieved by this year's team is breaking almost ever school record as well as numerous league and state records. The coach, Mr. Beck has had a huge impact on the girls, and is truly a gift to the team. His hard work and dedication is reflected in the good sportsmanship and talent exhibited by every team member. As they years go by, the SHS Girls Swimming and Diving team improves, so one can only imagine what the future may hold.

**(right)** Melanie Brown nails her inward dive during a meet.



#### Girl's Swimming and Diving

"I had a little rooster.
Oh yeah! And I sat
him on a pole. Oh
yeah! And he rooted
for SUFFIELD. Oh
yeah! Cause he had
some soul!"



(left) Mindy Kilty gets in the starting position for the backstroke.

(right)
Captain
Emily
Willoughby
makes a
splash doing
freestyle.



Varsity Girls Swimming: (bottom row) Gosi Kelliher, Miranda Ingram, Jen O'Leary, Katie Gardocki, Meredith Lowe, Mindy Kilty, Silvana Luongo, Jessica Allen, Brittney Moores, Nicole Salamone (second row) Alex Wilson, Grace Perrin, Sam Stafford, Kera Simmons, Kathryn Betts, Katie Bascom, Kirstie Albert, Michele Niejadlik, Allie Rogers, Shannon Smith (third row) Sara Gardocki, Kathryn Spencer, Eleanor Sutton, Whitney Simmons, Kelen Rice, Amy Padrevita,

(third row) Sara Gardocki, Kathryn Spencer, Eleanor Sutton, Whitney Simmons, Kelen Rice, Amy Padrevita, "Anastasia Breault, Traci Mnich, Natalie Mazetta, Lydia Nicoll, Alicia Bauman, Gretchen Eastman (top row) Melanie Brown, Sarah Brueno, Coach Beck, Emily Willoughby, Michelle Salamone (not shown) Nicole Lemire



Varsity Girls Diving: (left to right) Alex Wilson, Melanie Brown, Sarah Brueno, Eleanor Sutton



(left)
Freshman
Jessica Allen
does an
amazing
butterfly.

(right)
Shannon
Smith has
great form
swimming
the
backstroke.



#### Let Me See You Work It







(top) The team mascot "Sexy" sits on the diving board to cheer the team on during a meet. (middle) Amy Padrevita comes up for a breast during breaststroke.

**(bottom)** Eleanor Sutton prepares to take off for a dive.



(top) Sarah Brueno, Melanie Brown, and Emily Willoughby

"It was one of the best seasons out of all my four years and I'm really going to miss the girls."

-Melanie Brown

#### Crossing Up





(top) Kelly Heath stares right into the eyes of her defender and does a move to get around her. (middle) Jen Silva gets ready to catch the ball coming towards her.

(bottom) Jen Thresher gets ready to pass to her teamate who is picking and rolling.



"It has been a really good year for our team. We are very close and I'm sad to leave after this year.

-Lindsay Small



Girls Varsity Basketball: (top left to right) Coach Sullivan, Luke Anderson, Whitney McKay, Jen Thresher, Jess Nadeau, Rachel Packard, Jill Gradowski, coach Perry (middle left to right) Lisa Beltramello, Chloe McKay, Jen Silva, Taylor Bartini, Michele Njiedlik (bottom right to left) Lindsey Zavisa, Lindsay Small, Kelly Heath and Shannon McGann



Girl Junior Varsity Basketball: (top left to right) Rachel Packard, Sam Cieri, Whitney McKay, Coach Perry (middle left to right) Lisa Johnson, Kristen Overson, Kristen Horanzy, Nicole Loughrey (bottom left to right) Michele Njiedik, Lisa Beltramello, and Jen Silva



(left) Taylor
Bartini sneaks a
pass down into
the paint to
her power
forward.

(right)
Lisa Johnson
towers over the
opponent while
trying to block
her from a pass.



# "Shooting Hoops"

The roster for the Girl's Varsity Basketball sauad was feared by the competitors before the season even started. Each player was a threat on the court at any point in the game. Even the JV team provides an impressive amount of competition to their opponents. Both teams give an immense amount of effort each game. Coincidently, many spectators show up to both of the teams' games. No one is disappointed when they come to the high school to watch on e of the girl's basketball games. Their coach, Mr. Sullivan, is the fire under the team's feet that forces them to win. He is the most essential part to the success of the team. Together, the players and the coaching staff make a recipe for domination.

(right) Lyndsey Zavisza skies above the defense and all the opponents can do is watch.



#### Girl's Basketball

When these girls run onto their court, the fans go crazy and the opponents can't avoid the intimidation.



#### (left)

Nicole Loughrey dribbles the ball towards the hoop.

#### (right)

Lisa Beltramello trys to steal the ball away from her opponent.



## "Welcome to Jam Rock"

Almost every night there is a game the bleachers are full with dedicated fans and passionate parents. Each game brings together students to show the vast amount of pride they have in the school. Even though the amount of players on the varsity team was limited they each provided an individual effort. With the combination of each player's talent and abilities, the team turned out to be one to remember. Basketball is often a game of individual efforts, but it is the teamwork that is the ultimate reason for the outcome of the record. Both the varsity and the JV went through rigorous tryouts and practices, but it was beneficial. This was proven by results of the season. The talent on this team is something to remember.

**(right)** John Haslam shows his outstanding ability to get his shot off over a tough defender.



#### Boy's Basketball

The basketball team only requires five players on the floor at a time so a strong bond forms between teamates.



(left) The varsity squad gets pumped up in center court before the game.

(right) Chris
Drake throws
up a freethrow
as the players
wait for a
rebound.



# SUFFIELD SUF

Boys Varsity Basketball: (back row) Coach Gatto, Steve Treglia, Joel Lee, Alex Carroll, Chevon Coleman, and Coach McHullaugh

(front row) John Haslem, Alex Wright, David Pianki, Corey Vogt, and Mike Devine



Boys JV Basketball: (back row) Alex Guminiak, Chris Drake, Skip Sneath, Matt Silva, Chris Coates, and Coach Gaillard (front row) Mike Presnick, Josh Severns, Sean Smith, Eric Lee, and Bryan Hull



(left) Alex Guminiak receives an inbound from Chris Drake.

> (right) The varsity looks upon the opposing team as they get ready to play.



#### They're Just Warming Up







(top) Matt Silva and Chris Drake battle the other team for the rebound.

(middle) Coach Gaillard gives the team a play during a timeout.

**(bottom)** Mike Devine burns the defense and lays the ball up in style.



(above) Seniors John Haslem and Mike Devine

"The team has been through some very tough times, but it's impressive how we've bounced back."

-Mike Devine

#### Sky High







(top) Greg Hall rolls the ball off his fingertips for an easy basket. (middle) The girls warm up their passing.

(bottom) Nicole Tedone shows perfect form while shooting her free throws.



"This season has with the intense practices."

-Anthony Cervione



Boy's Freshmen Basketball: (back row) Coach Cervione, Dean Porcello, Justin Waterman, Mitch Flagg. ALex Flynn, Nick Cotrone (front row) Joe Rigby, Michael Chapman, Greg Hall, Anthony Cervione, Glenn Dardenelli (not shown) Jordon Colon



Team Name: (back row) Lindsay Carboneau, Amanda Emery, Kristy Koistinen, Nicole Tedone, Stephanie Pascoe, Coach McGurn (front row) Michelle LaPlant, Brenna McGann, Caitlyn Martin, Kayla Fahle, Casey Merrick

(not shown) Kendra Zaczynski Managers- Natalie Patterson and Julie Silva



(left) The girls show off their skills to the other team during half time warm up.

(right) Anthony Cervione uses his dribbling skills to maneuver down the court.



# "Baby Baller"

They may be freshmen, but man are they strong. They Boy's Freshman Basketball Team and the Girl's Freshman Basketball Team here at Suffield High School both have had an amazing year. These kids are new to high school, and are also new to the demand that sports puts on them. All of the students handle themselves very well, and are becoming prepared to play basketball on the junior varsity and maybe even varsity teams in the years to follow. Although they are only freshmen, these student athletes demonstrate the sportsmanship and respect of professionals. The Boy's Freshman Basketball Team and the Girl's Freshman Basketball Team are the future for Suffield Highschool basketball.

**(right)** Alex Flynn gets mad air as he tries to grab rim.



#### Freshman Basketball

These boys and girls
are the future
prospects for the JV
and Varsity teams.
Keep an eye on these
talents.



(left) Justin Waterman gets some air and a nice layup.

(right) Kendra Zaczynski hits nothing but net.



# "The Distance"

Indoor Track takes a lot of hard work and dedication. The team practices after school in the halls and outdoors with the unfriendly weather conditions. However, that does not deter their high spirits and love for indoor track. The team had lost some key members from last year, but was not willing to simply throw in the towel. They worked even harder to make up for the losses and finish with a strong record. With star standouts like Danielle Loughrey, Matt Rigby and Doug Hackenyos both the girl's and guy's teams look strong this year. The girls hope to repeat as NCCC champions after a spectacular season last year and the guys are looking to be fierce competition for every opponent they face.

**(right)** Sean Deford prepares to get a good jump off the line with intesnse vigor running through his face.



#### **Indoor Track**

Indoor track is a sport of dedication because it consists of athletes trying to keep in shape.



(left) The team warms up with some static stretches.

(right) Though the team starts practice with relaxing drills, it gets rigorous quickly



Boys Indoor Track: (back row) Coach Smith, Brian Gracey, Rob Parise, Josh Giller, Justin Deagan, Mike Teassinari, Owen Tanner, Anthony Longhi, and Coach Sinicrope (middle row) Kevin Muscarella, Jordan Mazur, Blank Blank, Sean Deford, Matt Brew, Joel Jordan, and

Craig Henderson (front row) PJ Masso, Alex Sauter, Doug Hackenyos, Tom Parise, Matt Rigby, David Wilson, and Jason Thresher



Girls Indoor Track: (back row) Coach Smith, Nicole Boudreau, Lauren Bealieu, Kelly Bielonko, Alex Wilson, Sidney Grout, Brielle Heinl, Christina Luban, and Coach Sinocrope (middle row) Danielle Monsiegneur, Kathryn Simmison, Liz Treiber, Alexandra Messmer, Kirstie Albert (front row) Kara Chamberlin, Navina Vermuri, Jessica Giller, Danielle Loughrey, Erin Waters, Margaret



(left) Meghan Cocca stretches out the running cramps

(right) These air bicycles are done to prevent leg injuries.



#### Smells Like Team Chemistry







(top) The team looks professional with synchronized calisthenics (middle) Tom Parise carries Matt Rigby down the hall. The team has great chemistry. (bottom) Robbie Parise prepares for a start to get a good sprinting time.



(above) Danielle Loughrey and

"The team did a great job this year and we worked together well. It was a record setting year."

-Danielle Loughrey

#### Rising Talent







(top) Anthony Poissant clears the puck in front of the net. (middle) Alex Cerry strides up the ice with ease.

(bottom) Andrew Thompson takes his man off the face-off.



(above) Captains Mike Dzioba, Nick Shute and Joey Lawrence pose with Coach Wrabel

"We made a great improvement from last years dismal season and had a lot of fun doing it."

- Mike Dzioba



Varsity Hockey: (top) Coach Wrabel, Tommy Campeone, Anthony Poissant, Jimmy Thompson, Matt Breese, Dan Holmes, Coach Carney.
(middle) Chris Lemay, Travis LaValley, Owen Kahn, Mike Small, Brian Depray, Dave Newell, Mike Durais, Curt Lapointe, Brett Sullivan, Hunter Stone Managers: Ashley Bridgman and Rachel Campeone

Curt Lapointe, Brett Sullivan, Hunter Stone **Managers:** Ashley Bridgman and Rachel Campeone **(bottom)** Vinchenzo Santos, Alex Cerry, Joey Lawrence, Mike Dzioba, Nick Shute, Zac Daniels, Nate Allard. **Not pictured:** Coach Hinckley, Ben Sweeney, Zac Lombardo, Andrew Thompson, Steve Beck, Barry Suzy, KK Smith and Kelly Christian



JV Hockey: Owen Kahn, Travis LaValley, Hunter Stone, Mike Small and Chris Lemay



(left) Nate Allard slides across the ice to block off the net.

(right) Joey Lawrence runs his man into the boards.



# "Under Pressure"

This years hockey season started out with a little ripple of hope in that Tim Dupuis was rumored to play for the team. However, when the season began it was just that: a rumor. That did not deter the teams high hopes for the season to come though. Instead, they pressed on under the leadership of the teams captains Mike Dzioba, Joey Lawrence and Nick Shute. The team had a lot to prove after a dismal record last year. Although the season started out a bit rocky the team was able to bounce back with a huge win over Enfield that turned the season around. The team stuck it out and whenever it got rough they never turned on each other. Instead, they hung in there and simply played as a team finishing their long journey together in triumph.

**(right)** Mike Dzioba rifles a shot on net after crossing the blue line, scoring another goal.



#### Ice Hockey

"A journey of a thousand miles begins with a single step." - Lao Tzu



(left) Nick Shute shoots a rocket from the point.

> (right) Ben Sweeney sprints down the ice carrying the puck.



#### Boys Wrestling







(top) Jamell Stevenson gets up after a tiring battle on the floor. (middle) Dale Rollet contorts his body to capture the opponent.

(below) Larry Cauley puts force onto the opponent to get the shoulders down.



(above) Jaron Piogia, Dale Rollet, and Shane Lewis

"We had a great team this year. We all worked hard and had a lot of success."

-Shane Lewis

## "Let's Get Ready to Rumble"

In the recent years, wrestling has grown in popularity here at Suffield High School. It is a very physically demanding sport and it takes a lot of time and effort in order for a wrestler to be successful. Being a wrestler is not easy. Being a wrestler means following a strict diet in order to maintain a certain weight. Being a wrestler could also be very dangerous because not only is the wrestler exposed to the skin condition ring worm, he has the chace to get physically injured if a move is performed incorrectly. The Suffield High School wrestling team has had a very successful year, despite the loss of some very talented young men from last year, and should have continued success in the years to come.

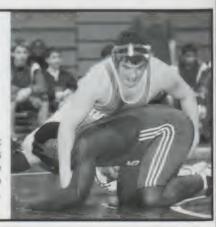


Boys Wrestling: (back row) Greg Wright, Dave Shelanskas, Jaron Plogia, Nick Mavis, Pat Sullivan, Shane Lewis, Bojan Bojic, Steve Pascoe, Larry Cauley, Jeff Bridge, Jamal Saleh, Jamell Stevens, Coach Potter (front row) Brandon Bielonko, Nick Oliver, Ivan Bojic, Ross Marx, Justin Sheriden, Dale Roller, Eric Heany, Jimmy Lemire



(left) Justin Sheriden tries to pull out his opponent's arms.

> (right) Nick Mavis uses brute force to pin the opponent.



## "Just Keep Swimming"

This year, for the first year ever, Suffield High School made available a Boy's Swim Team. Being the first year for the team, there weren't a ton of members, but the boys that chose to participate, enjoyed themselves and all improved tremendously. The team's coach Mr. Beck, who also coaches the Girl's Swim Team, has been an important influence on the team. His dedication helps to motivate the boys, and helps them to improve their swimming ability. The team has had a very good year, and they are looking toward the future hoping to continue swimming. Hopefully, the amount of attention and participation given to Boy's Swimming will increase in future years so the team can take home a championship.



Boys Swimming: (back row) Tim Dufore, Adam Fields, Keyes Perrin, Dermott O'malley, Jason Moyer (front row) Coach Beck, Shannon Smith, Eleanor Sutton, Allie Rogers, Erik Murphy, Mike Cristina, John Williams, Spencer Bernard, Rob Domin.



(left) Tim
Dufore soars
in front of
his
opponents
in the
freestyle.

(right) Erik Murphy pops up for a breath during the 100 yd butterfly.



#### Boys Swimming







**(top)** Jason Moyer launches himself off the block with perfect form.

(middle) Adam Fields swims the freestlye perfectly.

(bottom) Mike Cristina is a butterfly machine!



(above) Captain Adam Fields

"It was a really good year for a first year team and next year will be even better."

-Adam Fields

#### Girl's Dance Team





(above) Dance Team is the highlight of every basketball game. It is a great way to keep the fans upbeat when the Wildcats are winning or to get the fans in the game if the team is losing.



(above) The Seniors: Katie Donovan, Karah Laprade, Ashley Bridgman, Valerie Longhi, Jen Senofonte, Jackie Czerniak

"Life is like a dance; you make it up as you go along."

-Karah Laprade



Dance Team: (back row) Alexandra DeLeon, Lauren Kochanek, Jessica Banks, Ali Czerniak, Lauren Scandora, Kathryn Spencer, Kim Denue

(middle row) Sabrina Cordiliko, Rachael Sullivan, Danielle Sullivan, Eleanor Sutton, Rachel Brueno, Alyssa Frechette, Ashley Aguidelo

(front row) Katie Donavon, Karah Laprade, Ashley Bridgman, Valerie Longhi, Jen Senofonte, Jackie Czerniak

## "Dance With Me"

The Suffield High School Dance Team has not been around for long, but it is very popular among the student body, and is a crowd pleaser at the basketball games. The dance team practices every day afterschool, preparing dances to perform at halftime at basketball games. All the girls on the team are very skilled dancers. They must learn complete dances in a very short amount of time, in order to have new dances ready for the games that they perform in twice a week. The girls often choreograph their own dances, which shows their creativity and talent. They always help each other out in learning dances, and they have excellent team spirit. The team never fails to impress fans at the games, and will keep on dancing at games in the future.



(left)
Rachel
Sullivan
leads a
group of
fellow
underdosmen

(right)
Karah
Laprade
and Val
Longhi sure
can feel
the music.





**Team Name: (top row)** Coach Leon, Becky Higginbotham, Jill Sipperly, Kayleigh Brown, Rachel Cosker, Fosie Cauley, Coach Green (middle) Stay-C Cauley, Alisha Olfacheski, Kelly Cosker, Kashema Little (bottom) Amelia O'Neil, Kaitlin Baker, Ashley Labarre, Sara Kaplan, Tiffany Cosker

## "Hey Mickey You're So Fine"

We've got spirit, yes we do, we've got spirit, how about you? The Suffield High School Girl's Cheerleading team was on fire during 2006. The team lost some girls from last year, but that wasn't going to stop them from dominating. The girls cheered like it was their job! They wowed the crowds with their difficult stunts that they performed at basketball games, and they increased the fan spirit. The cheerleading team's presence at the basketball games motivated the players to do their best, and made the games even more entertaining. The girls had a tremendous year, and had a fantastic time. The graduating seniors will be missed next year, but the show must go on, and the team will continue to wow fans for many years to come.



# (left) Kayleigh, Ashley and Sarah show some of the dance steps.

(right) The girls do a very difficult lift which involves everyone



#### Girl's Cheerleading







(top) Rachel Cosker shows off her strength as she lifts Ashley Labarre (middle) Amelia O'Neil asks us to give her an "S"

(bottom)Fosie Caulie demonstrates spirit fingers



(above) Captains Stay-C Cauley and Rachel Cosker

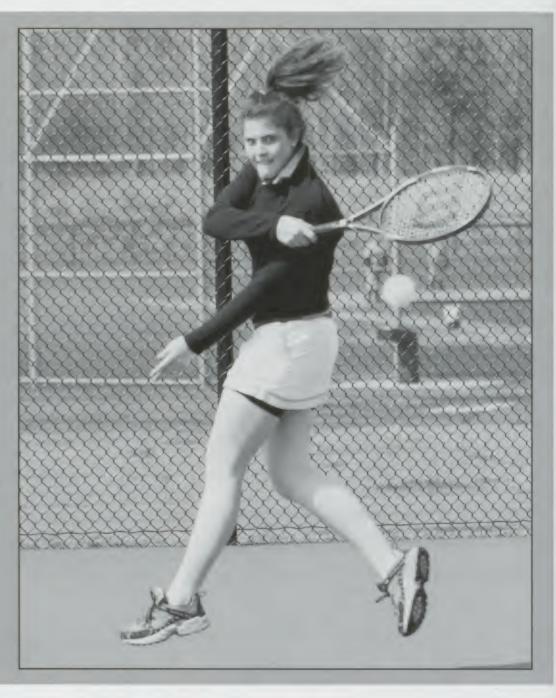
"Cheerleading is a lot of fun. I'm glad more girls at Suffield High are doing it these days."

-Rachel Cosker

## "Anyone for Tennis?"

Tennis is a sport that has been growing in popularity each year at Suffield High School. Each team lost some of their top players from the previous year, but also gained some talented new members. The girls team had a very successful season this year, ending with an excellent record, winning twelve of their matches, and losing only three. For the first time in about five years, the girls team made it to the state tournament. The boys team did not have as successful of a season as the girls did, but they still enjoyed themselves and had a great time. The good sportsmanship and close team relationship helped both teams have outstanding successes. Whether is was on the court, in school, or at a pasta dinner, the teams were always having fun. Hopefully, this years success will make way for more exceptional years of tennis at Suffield High School.

**(right)** Riel Hoffacker demonstrates a perfect followthroug after receiving a power serve.



#### Girl's & Boy's Tennis

Tennis is 50% skill and 50% mental. A player must have their head in the game to be successful.



(left) Kristen Lefferts smiles as she prepares to slice the ball

> (right) Colin Packard sprints to make it to the ball in time for a backhand.



Girls Tennis: (back row) Valerie Longhi, Kristen Lefferts, Sarah Brueno, Liz Shamy, Dany Andrade, Lyndsey Zavisa, Bethany Klose, Coach Senofonte (front row) Jessica Haffner, Allie Rogers, Ashley Boudle, Jen Senofonte, Christina White, Ashley Labarre,

Jenny Sansom

(not shown) Ali Bromson and Riel Hoffacker



Boys Tennis: (back row) Matt Brew, Pat Pease, John Gancarz, Jimmy Chmiel, Mike Ansman, Colin Packard, Eric Kelley

(front row) Devin Potter, Mitchel Buder, Mike Schorr, Eric Lacivita (not shown) Chris Ewald and Joe Panasiewicz



(left) Juniors Mike Deedy, Mike Ansman, and Colin Packard pose for a quick picture before a match.

(right) Allie Rogers watches the ball as it falls so she can put it away.



#### Hit them with your best shot!







(top) Dany Andrade uses great power to make a perfect serve. (middle) Jimmy Chmiel prepares to hit a backhand.

(bottom) Ashley Labarre shows off her perfect form for net play.



(above) Mitchel Buder and Mike Schorr smile for the camera before a big match

"Winning is everything! Good luck next year boys!."

-Mitchel Buder

"We had a lot of fun this year because winning is not everything."

-Mike Schorr

#### Hitting Away







(top) Brian Laflesh following through on a beautiful swing. (middle)Casandra Pavel finishes off her swing with an excellent follow through. (bottom) Dave Pianki examining the lie of the ball.



(above) Sarah Padegimus, Alisson Duni, Caylene Frechette and Amber Higley pose for a quick shot.

"This year has been an awesome year for us girls! We have had one of our best seasons and have enjoyed every minute of it!"

-Sarah Padegimus



Girls Golf: (top row) Kalina Nowak, Chloe McKay, Sarah Padegimus, Michelle Kelly (bottom row) Caylene Frechette, Alisson Duni, and Amber Higley, with coach Mr. Kilby. (not shown) Ms. Cunnigham, and Casandra Pavel



Guys Golf: (Left to right) Coach Mr. Aniello, Dave Pianki, Michael Dzioba, Jason Thresher, Peter Masso, Brian Laflesh, and Coach Mr. McCullough. (not shown) Scott Murdock, Nico Connor, and Runyon Lewis



(left) Jason Thresher, Peter Masso, and Mike Dzioba stopping for a quick photo.

(right) Sarah Padegimus starts off a spectacular swing.



## "Fly Like An Eagle"



In the past years, the success of the men and women's golf team has grown tremendously. And this year has been an awesome year once again! When each player gets out on the links, they all are extremely focused and ready to get another win for the team! The captains, of the girls team and of the guys team have helped with the rising talents, and strive to make each year a better one. The coaches, Ms. Cunningham with Mr. Kilby for the girls, and Mr. Aniello with Mr. McCullough for the guys, both put their time and effort into these teams. If they had a tough match, no one would ever give up. At the end of this season, the boys and girls teams both know that what they accomplish will be remembered forever.

(left) Caylene Frechette follows through on a perfect swing.

#### Boy's and Girl's Golf

Girls and boys golf requires you to have patience and determination to finish every match.



(left) Michelle Kelly takes a closer look at the lie of the ball

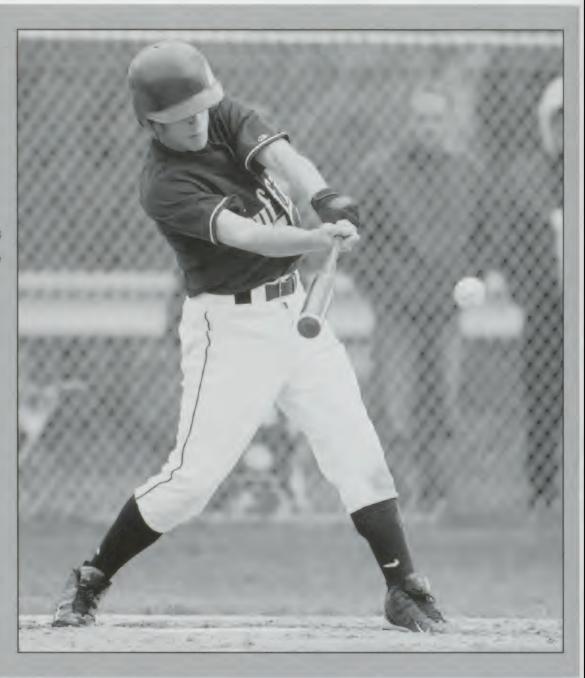
(right) Amber Higley waits to see where her hit will put her.



### "Take Me Out to the Ball Game"

The JV and Varsity teams both got off to a great start. There were very few expectations for the baseball team this year as almost the entire starting lineup had graduated.Little did they know. With their strong pitchers and determined teamates we knew this season would end up right. As the NCCC league roared upon our boys they persisted and never through in the towel. The team was able to battle through the season and finished the year with a very respectable record. On any given warm, spring day, who's not up for our nations favorite past time? So grab your friends and head out to an SHS baseball game for a good time. Next season holds some promise as the team only graduated three seniors.

**(right)** Chris Drake takes a perfect swing and smashes a shot deep into the outfield.



#### Boy's Baseball

Baseball is a sport of patience and teamwork. The whole team must work as one in order to be successful.



(left) Tyler Diprato dives back to first to avoid the tag.

> (right) Tim Mandirola safely slides into home to tally another run.



# Suffield Suffield Stield Suffield Suffi

**Boys Varsity Baseball: (back row)** Coach Eggleston, Bobby Kingman, Jim Ullman, Steve Treglia, Corey Vogt, Coach Fortunato

(middle row) Mark Beltramello, Chris Drake, Tyler Diprato, Mike Devine (front row) Nate Rheault, Aaron Smith, Tim Mandirola, Rob Poit, Tim Dupuis



Boys JV Baseball: (back row) Mike Presnick, Bryan Hull, Pat Sullivan, Bryce Cyr, Chris Stein, Jason Mazur, Nick Mavis, Coach Gatto (middle row) Alexander Guminiak, Nick Moskwa, Max Carroll, Mike Duncan, Eddie Brown (front row) Jim Sanville, Luke Anderson (not shown) Rickey Burke



(left) Nick Moskwa blows a fastball past the batter.

(right) Luke
Anderson
leaps over
the runner as
he makes the
force out at
second base.



#### Practice Makes Perfect







(top) Aaron Smith has a quick toss to get ready for the game. (middle) Bobby Kingman warms up his arm before the game starts.

**(bottom)** Tim Mandirola, Tyler Diprato and the rest of the team take a warm-up lap.



(above) Rob Poit, Aaron Smith and Tim Mandirola are the teams three departing seniors.

"This year turned out better than we expected and I hope next year the team gets even better." - Aaron Smith

### Rounding the Bases







(top) Kelly Blais prepares herself to run the bases.

(middle) Emily Droney, helps lead the team on the defensive end of the game.

**(bottom)** Krystal Eisenhaure is given the green light to hit away at the pitch.



(above) Jamie Pearsons, Krystal Eisenhaure, Tiffany Doane, and Kelly Blais are the seniors of the squad.

"When it's all said and done, it all really comes down to team work!"

- Kelly Blais



Girls Varsity Softball: (front row) Coach Presser, Caitlin McGunigle, Jaime Pearsons, Krystal Eisenhaure, Tiffany Doane, Kelly Blais, and Coach Lombard.

(back row) Manager Gillian Moser, Taylor Bartini, Samantha Cieri, Michele Niejadlik, Jen Silva, Jen Thresher, Kathryn Betts, April McWha, Beth Alaimo, Jess Orr, Mallory Mitchell, Melanie Chapman, April Nicotera.



Girls JV Softball: (back row) Coach Gaillard, Kalleigh Peterson, Lauren Stockton, Alex Wilson, Amber Nadeau, Whitney MacKay, Kristie Albert, Emily Droney (front row) Amylia O'Neill, Kara Chamberlain, Kathryn Spencer, Christina Doane, Brynn Scozzarl, Caitlin Brault, Samantha Bieleski, Elizabeth Breen (not shown) Kathryn Kenny



(left) Emily
Droney tags
out the
opponent at
home plate
to save a run.

(right)
Jessica Orr
hits away
at a pitch
sent right
down the
middle.



## "Fastball"



The girls of the Suffield Highschool softball teams combine talent and determination to create an unbeatable resiliance and ample amounts of sportsmanship. There were many tasks they had to overcome, like teamwork and new techniques, but they worked together as a unit to have a positive outcome to their season. Although the season was tough, they worked through the difficult times to get to the point where they could enjoy the positives of the season. The hardest part about sports, in general, is forming team chemistry and teamwork. This team had an instant success in both of these from the second they formed the softball squad. The girls look forward to both their future seasons and new friendships.

(left) As Mallory Mitchell winds up for a pitch the crowd and her teamates wait in anticipation for the call.

#### Girl's Softball

Girl's Softball requires a demanding dedication from talented players.



(left) Kathryn Spencer, Samantha Bieleski, Christina Doane, Caitlin Brault and Brynn Scozzari.

(right) Jen
Thresher catches
a ball sent quickly
to short stop to
retire the batter
for the opposing
team.



## "Ready to Run"

Are you ready to run? Track is one of the most exciting competitive sports of the year. All the track stars show their talent and love for running while they participate in many different events. The track meets are held at many different, interesting places. One we will never forget was the trip to Philadelphia, Pennsylvania. It was an exciting two day trip that consisted of nothing but the best competition. As a team we struggled throughout the season, but on the brightside we had some individual competitors that show the entire state that Suffield can still run with the best. You might not know how good your friends really are at running, throwing or jumping until you go out to see them participate in a track meet.

**(right)** Liz Treber does an amazing job at jumping over the hurdles. Where she gets this much energy is beyond us.



#### Girl's and Boy's Track

Persistance is the key in track because no matter how hard the training gets, these athletes don't give up.



### (left) Danielle Loughrey is

Loughrey is leading the pack for the wildcats.

(right)
Navina
Vemuri
does an
amazing
job at
crossing the
finish line.



# SIFE JUFFEL STREET STRE

Girls Track: (top row) Stay-C Cauley, Alexandra Messmer, Shannon Smith, Kaitlin Butterfield, Mr. Sinicrope, Mr. Dougherty, Mr. Winarski, Elizabeth Trieiber, Meghan Fletcher, Julia Roder-Hanna (middle row) Danielle Monsiegneur, Nicole Boudreau, Brooke Boucher, Ayesheh Nims, Andrea Ruotolo, Meghan Cocca, Samantha Stafford, Allie Kuras, Stephanie Tyman, Navina Vemuri, Chloe Fortin (front row) Emily Willoughby, Naty Said, Katelyn Willoughby, Rachel Dardanelli, Whitney Tagliavini, Danielle Loughrey, Kayla Fahey, Erin Waters, Jessica Giller, Kim McGann



Boys Track: (top row) Jameson Grout, Anthony Longhi, Rob Emery, Sean Wiloughby, Shawn Jordan, Mr. Sinicrope, Mr. Dougherty, Mr. Winarski, Robert Hill, Andy Martin, Max Wiosna (middle row) Robert Parise, Nick Rolocut, Mike Tassinari, Gregory Wright, Andy Parent, Chris Oprica, Kevin Muscarella, Jacob Lavalley, Brian Gracey, Wayne Gates, Joey Stepanski (front row) David Wilson, Matt Rigby, William Hill, Sean McGuiness, Billy Chapman, Mike Cocca, Tom Parise, Ian Shulman, Nick Sheridan



(leff) We found Rob Emery flying over the high jump bar.

(right) Kim McGann is gracefully landing her long jump with perfection.



#### Caught Up







(top) Meghan Cocca easily jumps over her hurdle.
(middle) Anthony Longhi gets caught up in mid air.
(bottom) Robert Hill is in the middle of throwing his javelin.



(above) Katelyn Willoughby, Rachel Dardenelli, Whitney Tagliavini, & Kayla Fahey

"It's a time where one can put everything you got on that starting line" -Kayla Fahey

### Physical Defense







(top)Lauren Smith leaps to deflect a pass.

(middle) Diana Mark scowls at the opposing team to show she's not scared.

**(bottom)** Lisa Beltramello boxes out on defense in order to steal the ball.



(above) Brianna Flynn and Lauren Smith are the two girls lacrosse team captains.

"Even though this year did not turn out so great, we had a great group of girls and a lot of fun." - Brianna Flynn



Girls Varsity Lacrosse: (back row) Sheila Leary, Diana Mark, Kathryn Simison, Katie Donovan, Katie Vaughan, Coach Quirlon

(middle row) Lisa Beltramello, Alicia Olschafskie, Ally Murray, Meghan McGunigle, Morgan Denno, Shannon Heyse, Alyssa Johnson

(front row) Margaret Cooper, Kelly Christian, Brianna Flynn, Lauren Smith, Alicia Bauman, Danielle Moores



Girls JV Lacrosse: (front row) Charlotte Simmons, Sara Shea, Ally Winne, Eden Ettienne, Kay Bascom, Coach Majewski

(middle row) Patricia Herring, Melissa Jenkins, Taylor Kerr, Laura Sauter, Brittany Crosby, Gretchen Eastman, Crista Rookey

**(front row)** Carrie Perkins, Christina Luban, Lauren Kochanek, Veronica Nunes, Eleanor Sutton, Shannon Delaney

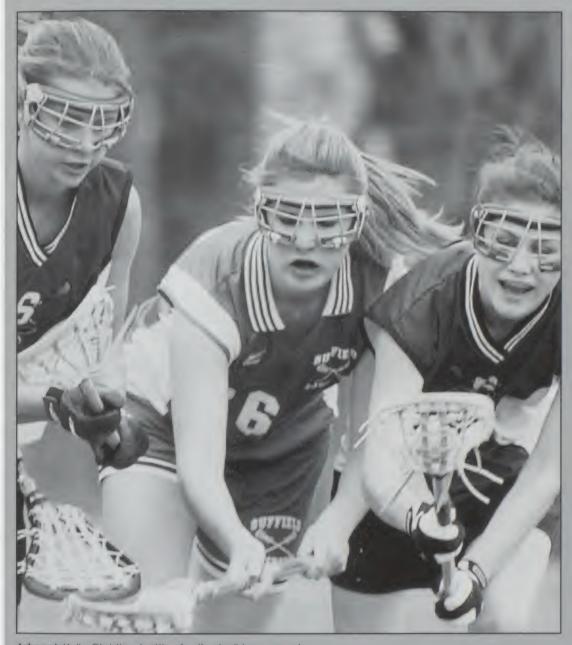


(left)
Margaret
Cooper
races down
the field
looking to
make a
pass.

(right)
Lauren
Smith
stretches to
catch a
pass.



## "Gotta Get Mean"



(above) Kelly Christian battles for the ball in a crowd.

This was only the third year that girls lacrosse has been offered here at Suffield High and only the second year that it has been considered a varsity team and not a club. There was a lot of competition this year because so many girls were trying out for the team. The team was young and consisted of no seniors. The leadership was contributed by the three juniors on the team: Brianna Flynn, Katie Donovan and Katie Vaughan. The girls also had one of the toughest schedules to play against. They played almost every top team in the state so unfortunately, expectations were not very high. However, the girls did not simply roll over and accept this. They worked hard every game and with everyone returning next year the team looks to hold a lot of promise.

#### Girl's Lacrosse

The Girl's Lacrosse team needed a little patience to get through this year, but next year will be a much better year.



(left)
Kathryn
Simison
makes a
spectacular
lunging
save.

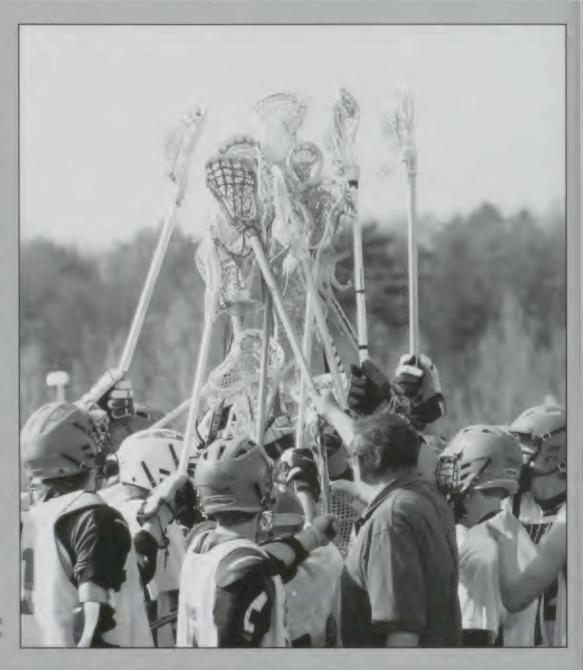
(right)
Shannon
Heyse bolts
down the
field past
the
defense.



# "The Rising"

The Suffield Boys Lacrosse team has vastly improved since it first began seven years ago. Since the team has moved to the new high school they have made the tournament each year and this year were a serious competitor in the tournament. Expectations from the coach were that the team would be a .500 team even after they started out the season 4-0. The team was made up of mainly sophomores and freshman. However, the seven upper classmen, that consisted of five juniors and two seniors, displayed tremendous leadership to guide the team through the season. Although there were some conflicts along the way the team finished strong and looks to get even better with all but two players returning.

**(right)** Coach Bazyk leads the team in a cheer before sending them back out on the field for the second half.



#### Boy's Lacrosse

Boy's Lacrosse is an extremely physical sport that requires patience, determination and hardwork.



(left) Nick Jubrey hustles to get the ground ball after winning the face-off.

> (right) Kasey Christian charges down the field and looks to set up a play.



# STREET ST

Boys Varsity Lacrosse: (front row) Nick Shute, Ben Sweeney, Doug Hackenyos, Kory Peterson, Nick Jubrey, Matt Conway, Ryan Cappa, Derrick Mathieu, Sam Smyth.

(middle row) Ben Brown, Mike Romano, Dan Holmes, Kasey Christian, Dylan Keenan, Brian Depray, James Wilson, Shawn DeFord.

(back row) Joey Lawrence, Coach Bazyk, Jason Halse, Coach Lee, Brett Sullivan.



Boys JV Lacrosse: (front row) Kyle Groszyk, Jason Moyer, James Cecere, Justin Phillips, Zac Donais. (back row) Mike Binczewski, Billy Craven, Josh Tunstall, Matt Winne, Brian Betts, Michael Cooper, Jerry Hunihan.



(left) Brian
Depray
cradles in the
offensive zone
waiting for a
teammate to
get open.

(right) Ben Sweeney levels the defenseman while going for the groundball.



#### Young Guns



**(top)** Jason Halse, sophomore, steps forward to make a pass.

(middle) Shawn DeFord, freshman, looks to the open man and delvers a perfect pass.

**(bottom)** Nick Shute, sophomore, cuts through the defense in order to get open.



(above) Kory Peterson and Nick Jubrey are the only two seniors on the boy's lacrosse team.

"This season was illmatic! I'm gonna miss the team next year, but they'll have a great season."- Nick Jubrey



(above) It is obvious that the senior's skit was Pirates because of how great the costumes were.

## "Dance Craze"

(right) Colin
Packard does his
rendition of the
"Napoleon
Dynamite" dance.
The crowd loved it.



(right) Dancing just seemed like the popular thing to do at prom because everyone was on the dance floor.





(left) The freshmen girls do an intense dance for their spirit night skit.



(left) Bethany Klose does a little shimmy dance at the semi formal.

## "Spice Up Your Life"

Suffield High School Events







(left) Matt Tyo sports his stylish sunglasses while doing the Q and A section. (middle) Lauren Smith and Alicia Baumann get in ready position to bump, set, and spike the ball during the volleyball marathon. (right) Larry Cauley acts limber and does a split on stage while singing in his band.





Socialization is a key part to high school and the way the school provides the opportunities to allow kids to socialize is by funding events. There are numerous different events that happen at Suffield High School throughout the year. From Suffield on the Green in September to Prom in May, there are many unforgettable memories to be made at events during the year. These events take ample amounts of effort to make a beneficial product. What doesn't get acknowledged often is the people that apply their time and energy into these events. It is a sign of true dedication to take ones own time and donate it to a project. One of the events that was a compilation of many students was Spirit Night. It was a perfect example of students coming together to create a fun and festive night. It is rare to find a school with as much spirit as ours. For example, classes start planning their skit for spirit night 6 months before the date and all just for bragging rights. Many students from other schools don't take something like spirit night seriously, but here, people will be talking about it for months. Spirit night is only one example of a great production put together by many kids. Our school takes pride in how involved the students are in the events. It shows that Suffield High School has true character.

(left) Shawna Withee, Heidi Michaleawicz, Laura Rinaldi, April Nicotera, Liz Breen, Pebbles Lacrosse, and Julia Roder-Hanna. (top left) The limbo is a tradition to do at spirit night and it brings out the flexible side of people.

#### Mr. Suffield

Ben Zavisza cracks up the audience as he plays the part of Mad TV's Stewart perfectly for his talent.

Mike Dzioba and Mike Ansman, or should we say Brian Fantana and Ron Burgandy, sing the classic "Afternoon Delight" Jamie Brause looks amazing as he struts his stuff on the runway during the swimsuit competition.

Christopher Ewald looks fantastic in his sharp designer suit. Who wouldn't want to go on a date with this stud?

Greg Tower shows that even the hosts are talented. During a break, he shows the audience his plate spinning skills.







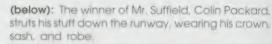




## "Do Ya Think I'm Sexy?"

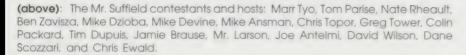
The Mr. Suffield pageant was started last year by the Class of 2005 as a senior class fundraiser. It was such a success that the Class of 2006 decided to make the Mr. Suffield pageant a tradition and to have another one this year. There were 15 handsome contestants. Each participant modeled a casual outfit, a swimsuit, and formalwear. They also each showed off a talent and took part in a question and

answer segment. All of the guys looked stunning and proved to be very talented. The hosts, Greg Tower and Tim Dupuis, did an excellent job keeping the audience entertained. It was a very close competition, but in the end, Colin Packard was crowned "Mr. Suffield." The Class of 2006 Mr. Suffield pageant was very successful this year, and will remain a senior tradition at Suffield High School.











(above): David Wilson models his Giants uniform while he plays the Monday Night Football theme on trumpet.

(below) Alex Sauter belts out his song in between one of his stellar guitar riffs



## "On With the Show"

their fellow Suffield students had. Everyone who performed worked extremely hard to prepare and it showed in their performances. There were a variety of acts ranging from singing by Kristen Martin to an original rap by Double Z to a display of self-defense by Ryan Renfer.

The variety show was a huge success and Some of the other acts consisted of a jam everyone was amazed at the talent that session featuring Alex Sauter and Jamie Brause and a few piano performances by Annie Santaniello and Richelle Oulette. The night was a blast, but in the end Matt Tyo was awarded first place for his tremendous talent with the very challenging ukelele.



(above) Matt Tyo sings a little diddy while he strums away on his ukelele. His formidable talent would eventually get him crowned the victor.



(above) Larry Cauley, Chris Topor, Matt Tyo and Dane Scozzari give a rocking performance of Led Zeppelin's "Communication Breakdown.

### Variety Show

Kristen Martin gives a star studded preformance. If you closed your eyes while ou were there you might hink you were listening to Mariah Carey



Dane "Double Z" Scozzari isn't fazed by his injury. He just lets his rhymes flow with ease. Freestyle gets taken to a whole new level when he's on the mic



to play a song, but to make cost. your own music is beyond difficult



Josh Hirst plays an original Kristin Lefferts glares at the song that simply left the camera to show that she audience in awe. It's tough was ready to win at any



Mr. Gaillard drops back in a defensive stance and screams to show his own hidden talent: Karate.



#### Semi-Formal

Brooke Boucher can't make herself stop laughing at other people dancing, but Lauren Skandora had the decency not to look.

When PJ Masso, Tom Parise, and Matt Tyo show up the party really starts. They just couldn't wait to start dancing with their friends.

Blank Blank and Blank Blank shake their junk in the trunk to a classic R&B tune. Who can hold back their eagerness to dance to it?

Ashley Branca and Joanna Namsna take dancing to a new level and show everyone else how it is done.

Patty Graham twirls Lauren Gates as the do some swing dancing to a classic 50's tune. They were so good, everyone else was too intimidated to dance.











# "Winter Wonderland"

night to remember. Everyone showed up looking formal, but as soon as the music started they just kicked back and let loose. Both the junior and senior classes lit up the dance floor. It seems as though the heated battle between the two classes that took place following Spirit Night has long been forgotten. Everyone just wanted to go out and have a great time

This years Semi-Formal was once again a with all of their friends. DJ, Jay Silva, got the party started playing jam after jam. Some of the highlights of the night were when Chris Ewald and Nate Rheault gave the crowd an encore of their tremendous dancing skills seen at Mr. Suffield and when everyone at the dance joined in to "ride the train" around the commons. The night was a blast and one that will be remembered forever.

(below): Colin Packard sports his stylish aviator glasses as he escorts his stunning date, Lyndsey Zavisza. They try to hold back their excitement, but the semi was just too fun.



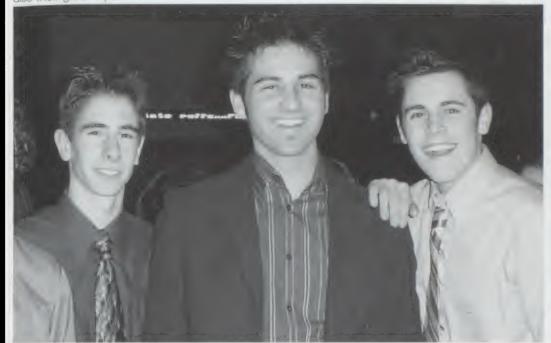


(above): Jamie Brause does a little shimmy while dancing with his date, Kristin something, and his friend, Laura Sauter.



(above): Laura Rinaldi and Chris Benson are caught in a deep trance while dancing to the song "I Can't Keep My Eyes Off You."

(above): Dave Wilson, Timothy Dupuis, and Tyler Diprado not only show off their fantastic smiles, but also their great style.



(above): Alex Wright does a "Rico Suave" pose as Lydia Nicoll shows her adoration for it.





(above): We caught Traci Minch and Mark Beltramello chatting off to the side because they were taking a break from the hopping dance floor.



(above): Jill Grakowsky, Kelly Heath, and Beth Alaimo do a three-way dance off and become the center of attention because they are that good.

#### Semi-Formal

Even though Michael Dzioba & Lauren Kochanek are dating, they refused to display their affection, thus they kept some space between each other.



Billy Craven went with an original style of the polo under the sweater while his date, Jackie Czerniak, wore a designer dress.



Gretchen Eastman and Natalie Mazzetta say to each other, "It shouldn't be assumed that when a slow dance comes on that we need to dance with boys!"



Katie Vaughn, and Nicole Turgeon pose like models around the stunning Wayne Gates. It's just so hard to keep your hands off him.



When Liz Lancaster came into the semi she took the breath away of any on looker. Looks that good are dangerous.



#### Battle of the Bands

The set for battle of the bands was a very well done display of colors and creative design. It was all done with the help of the fantastic stage crew.

Mr. Dumais decided he would "dress down" for the occasion, but he still looked great in his Emmitt Smith jersey, beanie, and jeans.

Dane "Double Z" Scozzari, once again, rapped his own lyrics that he created beats to. Just like the previous battle of the bands, he shocked the crowd.

Mr. Shultis and Mr. Dumais pounced on the musicians and were relentless with their questioning after each preformance. They were a comedic duo The lead singer for London Classics was a multitalented musician because he played the keyboard, played the guitar, and sang lyrics.







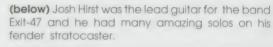




## "For Those About to Rock, We Salute you"

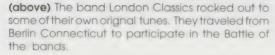
The Battle of the Bands was brought back this year by a popular demand from the student body. Our school is filled with so many talented musicians that it simply needed to be brought back. Every group that participated gave a stellar performance and gave the audience their money's worth. Most of the music was rock, but the bands like Chamber Choir and Latino Heat provided some alternative and classic music. The winning band

of the night was Snuffy with Matt Spellman, Matt Tyo, Chris Topor, and Wayne Gates. They had an amazing combination of cover-ups and original pieces. The hosts of the night were Mr. Dumais and Mr. Shultis. They were perfect for the part because both of them are humorous people and can make any event interesting. All in all, the Battle of the Bands was an indication that musical talent is everywhere in Suffield High.











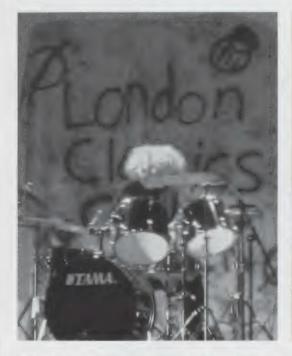
(above) Kyle Smith performed an amazing rendition of classical music by Beethoven and Mozart. He called it "neo classic guitar"

(below) Chris Topor and Matt Tyo were impressive together on their guitars while Wayne Gates jammed out on his drums. They were three out of the four members of the band Snuffy



(above): Joe Antelmi might have been the most memorable musician of the night because of his intense singing and sparadic dance moves.





(above) The drummer for London Classics was a show in itself because of his long curly hair and quick movements. He also was background vocals for the band.



(above) Mr. Shultis told Jaimie Brause that he didn't need to interview him and that he wanted to interview Veronica Nunes because, "She looks better."

#### Battle of the Bands

Chamber Choir was an important part to the battle of the bands because it provided a different sound compared to most of the rock bands.

Jim Bouchard was an amazing bassist and he played for the band Exit-47. He said he was musically influenced by the band The Who.



Latino Heat was made up of two members, Jaimie Brause and Veronica Nunes. They were an alternative duo and got second place in the competition.



The winning band was Snuffy with Matt Spellman on vocals/bass, Matt Tyo on bass/vocals/guitar, Chris Topor on lead guitar, and Wayne Gates on the drums.



Matt Tyo was an impressive bass player with impressive style. He was an important part of his band because he sang, played the guitar, and played the bass.



#### Spirit Night

Matt Conway licks his lips in anticipation of devouring the doughnut dangling in front of him. Kelly Christian and Sean Smith sit down to a romantic dinner before it is rudely interrupted by a crowd of rocking sophomores. Alex Carroll vigorously chews gum and attempts to blow a bubble after consuming the whip cream pie. The freshmen girls did an amazing job with their dance. They struck an amazing pose in the middle of the freshmen skit "New York".

Brian Richardson chomps down on his doughnut. His strategy of getting off the string and eating it on the floor paid off in the end.







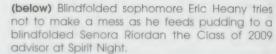




# "Bungle In the Jungle"

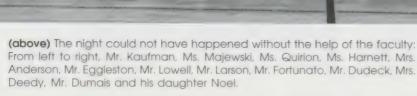
Spirit Night is one of the most important traditions at Suffield High School. It brings each class together to show spirit for their grade and the entire school. Each grade takes Spirit Night and the week leading up to it as if it were a war. The battle between the seniors and juniors is always a heated one but this year it was taken a little too far. Soon all was forgiven and forgotten. Each skit was extremely exceptional and

well rehearsed. The freshmen's theme was New York, the sophomore's was Rock N' Roll, the junior's Welcome to the Jungle and the senior's did Pirates. The senior class was extremely disappointed when, in the middle of their skit, the music stopped working. It was a tragedy but it was handled with class. The night was unforgettable and next year promises to be the same.











(above) Mike Dzioba and Ryan Cappa sure know how to strike fear into a person's heart. Shiver me Timber!

(below) The SAB staff guide a blindfolded relay race participant across a balance beam.



(below) One of the freshmen musicians shows his musical talent along with his high spirits for his class.





(above) Anthony Longhi holds the string in preparation for the doughnut eating contest. His face shows the pure excitement he has during his anticipation for it to start.



(above) All the sophomores were singing in unison to their theme, "Rock and Roll All Night." Their skit was well done and it was entertaining for each person in the gymnasium.

### Spirit Night

Ali Czerniak and Rachel Brueno show off their stuff as they wow the crowd with their skillful dance moves in hopes of winning Spirit Night. Dylan Keenan takes a breather during the doughnut eating contest to chew and swallow his donut. Kathryn Spencer takes a break with Kathryn Betts to watch some Spirit Night activities. Alex Wright works with his fellow classmates to "untie the human knot." It was a difficult taks, but they ended up being successful.

Mr. Dumais and Mr. Eggleston were two to the best judges at Spirit Night because they were fair, fun, and understanding.











### "What A Wonderful World"







The junior-senior prom is one of the more important high school memories for anyone. This is because for the first time in most teenager's lives they get to experience an upper class event. Prom is something that most high schoolers look forward to from the start of their freshmen year. Everyone dresses up to look their best and celebrates a spectacular night with either a date or just a group of friends. Prom is a night to remember and this prom was no exception. Both classes had a fantastic evening that included a delicious dinner, some fantastic dancing and an all-in-all memorable prom.









(right) Katie Donovan and Katie Vaughan just can't stop dancing while Angela Giallanza gets her groove on to some fantastic music.

(far right) Chelsea Skawski, Nina Vono, and Nicole Lussier enjoy a fun game of ring-aroundthe-rosie at the prom.









(left) Liz Lancaster and Rachel Sherwood display their dazzling jewelry.

(far left) Veronica Nunes, Chris Ewald, Michael Ansman, Nicole Boudreau, Kathryn Simison, Ryan Cappa, Lauren Kochanek, Michael Dzioba, and Michael Deedy enjoy their three course meals.

(below) John Haslam, Edwin Edwards, Billy Chapman, and Nate Slater get down and dirty













(left) Danielle Loughrey, Jessica Giller, and Jill Grakowsky look like models as they show off their beautiful dresses for the crowds.

(far left) MIke Siorois shows us his pearly whites as he gets some loving from Jessica Anderson and Leah McFarland.

#### Oklahoma!

Christina Mikkelson, Laura Sauter, and Braidy Zavisa pose for a quick picture backstage as they get rid of their pre-show jitters. Lydia Nicoll and Jordan Mazur, strut their stuff on the bustling streets of Kansas City. He sure is lucky to escort such a "purdee lady." Some of the Tech-Crew, Stephanie Landry, Sarah Kubetin, Rashelle Maysur, Chelsea Skawski, and Peter Brunette flex their collective muscles. Jaime Pearson (Ado Annie) shows some affection towards Alex Sauter (Aki Hakim) during a poignant scene in Oklahoma. Riel Hoffacker (Ellen) and Veronica Nunes (Vivian) sing together to explain to Laurey that "many a new day will come."







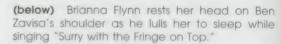




### "Oh, What a Beautiful Morning!"

The Oklahoma! production was truely a cooperative masterpiece of stellar acting, elegant dancing, and mellifluous singing. The cast started their practicing almost three months in advance in order to reach the point of a flawless performance. It was a combination of high dedication and positive spirits that helped them to get through the lengthy endeavor. The success of the play can

also be credited to "The Big Three;" Christine Hoffacker, Lyle Pearsons, and Margie Sacourse. They were the director, choreographer, and wardrobe designer. The leads of the play, Brianna Flynn as Laurey, and Ben Zavisa as Curley, acted as if they were born on the stage. By the end of the production, the cast of *Oklahoma!* had many new friendships and they all had memories that will never be forgotton.







(above) Jim Grant, Matt Tyo, and Larry Cauley, look on excitedly as Dane Scozzari (Will) shows off his new toy, the "little wonder." The cowboys are easily fascinated by the simple token from Kansas City.



(above) After showing off their western dance skills, this group of girls proves to us that the farmer and the cowman should be friends.

(below) Andrea Rutolo unfortunately got voted to be in the water booth. Luckily it was about 90 degrees that day



### "Might as Well Be Walking on the Sun"

that every organization in Suffield congragates on the green to promote their businesses/clubs. Kids and parents all come for their own reasons. Kids come to enjoy the vast amount of games and prizes. The parents come to not only watch their kids, but to also interact with other parents who they haven't seen in a while. Another important part of Suffield

Suffield on the Green is an annual event on the Green is the High School grade's participation. Each grade runs a fund raiser to collect money for their class. The reason it is so important is because it is one of the biggest fund raisers of the year for their class. Due to it's revenue, students try to put in applications early just to get a good spot on the green. That way they can make more money. All in all, the green is a place to enjoy a summer day.



(above) Justin Foss shows off the Robotics Club's robot that they made. The name of their group is the Aces High.



(above) Before Jay Beck met up with Aaron Shelanskas he also picked up a quick bite to eat over on the other side of the green.

### Suffield On The Green

Spongebob Squarepants made a guest star appearance at the green. Everyone wanted to meet him, but his time was



Emily Corallo, KK Smith, and Lindsey Small all met up on the green to burn some time and get some great barbecue in their sunday



Rachael Bromson was picking up a tan when was asked to take a picture, but it was difficult because she was constantly socializing with other people.



It was a big mistake of the class of 2006 to let Michael Ansman handle the money. It seems he has an evil scheme in his mind to steal



We caught a little kid throwing the ball at the target because we wanted to see Andrea Rutolo fall into the bucket



### "Leaving on a Jet Plane" Foreign Exchange

The people involved in the foreign a completely different country. Chris Kwiat ample courage to start a whole new life in we hope it will continue.

exchange program deserve more respect traveled to an island off the coast of Brazil, then they receive. The four that have had Nora Parsons traveled to Germany, Benz been involved in this program are Chris Katanyoo traveled from Thailand, and Olle Kwiat, Benz Katanyoo, Nora Parsons, and Svenson traveled from Sweden. Both Nora Olle Svenson. Imagine changing your and Chris said that it was a tremendous entire life style and moving to another experience. Benzand Olle, although they did country where your experience with the not at first, are both starting to enjoy living in language is lacking. It is a task that they America. The foreign exchange program has should all be proud of because it takes become an intricate part of Suffield H.S. and



### "The Fantastic Four"



(above) Benz Katanyoo lived in his native country, Thailand, for his whole life until last year when he moved here for the foreigh exchange program.



(above) Olle Svenson lived in his native country, Sweden, for his whole life until he came to this country last year for the foreign exchange program. Benz and Olle live together now.



(above) Chris Kwiat traveled to Brazil in his junior year to study abroad.



(above) Nora Parsons traveled to Germany in her junior year to study abroad.

# "Doin' My Job"



By the time teenagers reach high school, like Dunkin Donuts, Suffield Pizza, or they are at the age where they may have an after school, or a summer job. For freshmen and sophomores, who are Market or Shaws, on local farms, and at not of age to work in Connecticut, babysitting or farmwork, such as picking towns. The money made at after school tobacco is very popular. For juniors and jobs helps kids pay their cell phone bills, seniors, who are of age to work in Connecticut, jobs at restaurants,

McDonalds, clothing stores, like Marshalls or Bobs, grocery stores, like Highland Park many other locations in the surronding and pay their car expenses. It also helps support the expensive lifestyles us Suffield teens live. What would we do without our after school jobs?



(top) Aaron Shelanskas struggles to keep up with the demand of the customers (far left) Matt Bouchard is busy cutting meat at Suffield Pizza before the night begins. (left) Jason Fletcher and Bobby Kingman show how fun it is working together at the Sheraton Hotel.





(far left) Nikki Lemire is checking out the merchandise at KB Toys where she works.

(top) Alex Carroll takes a break from bagging to pose for a picture.

(top right) Ryan Forcellina uses great technique to wash dishes at Suffield Pizza.

(center) Zach VonKummer shakes the hand of a very satisfied customer at Highland Park Market.



(right) Amanda Lineweber handles the phones with style as she does her job in the school office.









## Congratulations Ryan



Love Mom









# Congratulations!



Karah,

You are a unique individual with so many talents. While kind and compassionate, you are determined and have proven that you can be successful at whatever you choose. You know "who" you are and bring that to everything you do. Don't ever lose that special quality. We are so proud of who you are and what you have achieved.

We love you so much, Mom, Dad, Kristi and Sasha











If you wanted to play dress-up everyone had too.



Val please leave Anthony alone, he doesn't want to play pretty, pretty princess.



Valerie, you can't be Mary Poppins.



Valerie, you can't reach the brass ring, your too small.

Valerie - Since you were a very little girl you were determined to do what you wanted. You were always full of adventure and much fun. Life has always been unpredictable when you were around. We hope that you are as determined in the future as you were in the past. Continue to follow your dreams with the passion that you already possess. Good luck at UCONN!

With Love, Mom, Dad, Michelle, & Anthony



Val, you can't climb the cabinet.



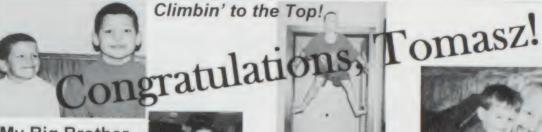
Valerie, you can't sleep on the stairs, you'll fall and get hurt.

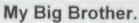














down!



I'll drive!



Monkey Homo sapiens



omo



Dear Tommy:

Congratulations and Good Luck! We are so proud of you and all your accomplishments! Keep up the good work!

Love,

Daddy, Mommy, Katie, Robbie, Rosie, and of course dear Joey



That left eye, another Sunday mishap!



My Mom:)





Big Sister is Boss!



OOPs!

























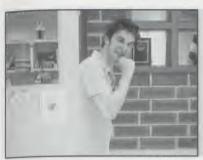


LIFE IS NOT MEASURED BY THE NUMBER OF BREATHS WE TAKE, BUT BY THE MOMENTS THAT TAKE OUR BREATH AWAY...

... TO A BRIGHT & BREATHLESS FUTURE!

LOVE, MOM, DAD, SUE, JEHN AND TAYLOR











### Congratulations to Chris and the Class of '06!! With Love, From your Family



Matt & Courtney



We Saved the Best for Last!!



Brian, Melissa & Becca



Congratulations Justin



And to think it all started here...

Good luck in college and beyond Love Mom, Dad & Z

and ended here...













Lu, May all your dreams come true. We are so very proud of you.

Love, Mom, Dad, Mike and Gram



Congratulations Dane!
You've done a great job.
Anything is possible when you believe.

We love you, always. Mom, Dad, Brynn and Taryn





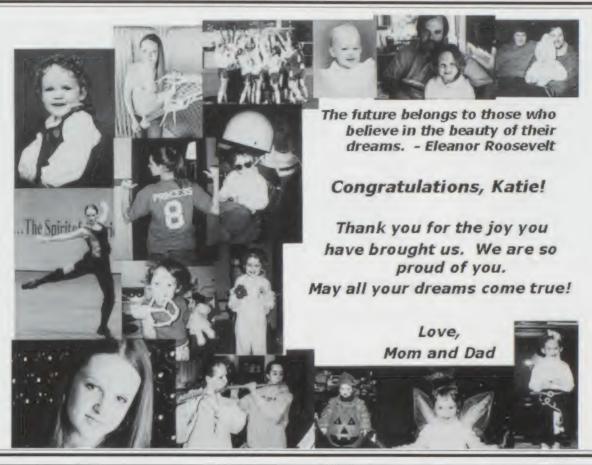














Congratulations Nikki! We are all very proud of all your accomplishments!

Love Always, Mom, Dad and Jimmy (Abby and Tasha, too)













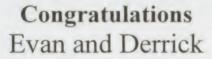












"Just like peas & carrots"

We love you, Mom, Dad and Megan





Parents can only give good advice or put them on the right paths, but the final forming of a person's character lies in their own hands.

Anne Frank

Good Luck to the class of 2006

### Congratulations Katie!

Love, Mom, Dad and Rich













You've Come a Long Way! Congratulations Joey!

Love, Mom, Dad, Jessica, & Sydney









Where did the time go? We are so very proud of all that you've accomplished!

Love, Mom, Dad, & Dan







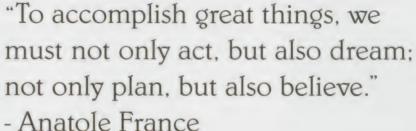


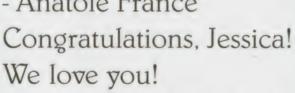












Mom, Dad, Josh & Ashley















Rayshelle,

The years have gone bye so fast, we can hardly believe it. Your future is so bright. We love you and are very proud of you. May all your dreams come true.





Mom, Dad, Jordan & Conor















Congratulations, Carla!

We Love you and are very proud of you and your accomplishments!

Love, Mom, Dad, Sarah, Grampy, Auntie & Uncle Steve, and Clover too!

Best Wishes to the Class of 2006!













We are so proud of the wonderful young woman you've become and of your many accomplishments!

Best of luck to you next year in college and may all of your dreams come true.

Love, Mom & Dad













#### CONGRATULATIONS MIKE!

We are proud of your many accomplishments.

We know you will succeed in making your dreams come true.

You deserve the best in life!

Love, Mom, Dad & Jen









Sarah,
At some point you have to make a decision. Boundaries don't keep people out, they fence you in. Life is messy. That's how we're made. So you can waste your life drawing lines, or you can live your life crossing them. Here's what I know: if you are willing to take the chance, the view from the other side is spectacular.

Always Follow Your Dreams! Love Forever, Dad, Mom, and Rachel













Jackie,

One day you will see that it all has finally come together. What you have always wished for has finally come to be. You will look back and laugh at what has passed and you will ask yourself, "how did I get through all of that?" Just never let go of hope. And never let love depart from your life. "Jancarl Campi

We're very proud of you and love you very much!

Mom, Dad and Ally







Ashley,
We are all very proud of you. We wish you and the Class of 2006 the best in the future!



Love, Mom, Dad, Jonathan & Kristin

### CONGRATULATIONS to Chelsea Marie and Friends!

Chelsea, We are so proud of you and all you have accomplished. You have definitely surpassed "PRETTY GOOD!"

Love, Mom, Dad and Justin







Congratulations Jen!

May all you wishes and dreams come true!

Love, Mom, Dad and Malorie











Congratulations Michael and the Class of 2006!



We are very proud of you!

Love, Mom, Dad, Lisa and Lexie



PKAC <3 Congratulations 2006

The best memories are the ones you try to explain and you end up saying, you just had to be there!



### CONGRATULATIONS BENIIIIII

It's been a long road, but hopefully you've enjoyed the journey. We wish you the best of everything in the future. You have become an amazing young man and we are so proud of you!!! We have no doubt that you will be successful in whatever you do. Enjoy all of the great things to come!!!

Love always, Mom, Joe, Brian, Braidy & Gram



Rachel,

We are so proud of you! I know Poppy is smiling down from heaven watching his "Rachie" all grown up. Keep that amazing laughter.

We love you!

Mom, Dad, Tiffany, Kelly, Kaily, Brandon, Meggan, Christopher, D.J. and Benjamin.









Melinda,

Congratulations. You are the best! We are very proud of you. You will always be a success.

Love, Mom and Dad





Congratulations Heidi!

We are so proud of you. May all your dreams come true.

Love, Mom, Dad & Nathan





Either swim with strength or run at length,

Many people sit and grasp your grit.
In countless tests you brightly prevailed,
Let in no thought that you have glided or failed.

You head for heights with yet uncertain stride.
Let logic, God and conscience be your guide.

'Til end the paths and forks you mindfully choose.

We'll convey to you the truth- you shall not lose.

Congratulations! Love, Mom, Dad, Katelyn and Sean David,

Congratulations on all of your acheivements, both in and out of school.

Your hard work and dedication will always pay off!

Love, Mom, Dad and Alexandra









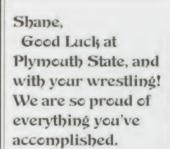


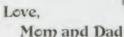


CONGRATULATIONS
RAYSHELLE AND JESSICA!

I AM SO PROUD OF YOU.

LOVE, "GRAMPY G"









Way To Go Erin!
We're so proud of you.
Good Luck in College!

Love, Mom and Ray



Mark,

It seems so long ago that you were this small, but you have grown up now and are ready to graduate from high school. You are a great son and brother and we could ask for anyone better.

Love, Mom, Dad, Lisa and Anothony Jamie.

We are so proud of you. Best of Luck in College!



Love,
Dad, Mom
and Sarah



From Preschool to High School we have been so proud of your accomplishments! Love,

Mom, Dad, Catherine and Jennifer



Danielle,

You've made us very proud! Keep up the good work in college.

> Love, Mom, Dad and Nicole













Nicole,
"CONGRATULATIONS"

With Love, Stevo, Mom, Grandma, John, Jamie, Kyle, Johnny, Jill, Abby, Cleo & Monique

Rever Stop Reaching For the Stars!



Love, Mom, Dad and Shelly

TIM,
THE YEARS
HAVE FLOWN BY.
REMEMBER THE
YESTERDAYS AND
BEST WISHES FOR
ALL YOUR
TOMORROWS!



Love, Mom, Dad, & Amanda

MICHELLE,

MAY ALL YOUR

DREAMS COME TRUE!

LOVE, MOM, DAD & NICOLE





Veronica,
Wishing you the best in life, health and happiness.
We are very proud of you!
Love,
Mom and Jared

Congratulations Colin! We love you!

Mom, Jim, Marisa, Erin & Rachel





Congratulations
Amber!
I'm so very proud of you.
Love,
Mom

Congratulations Ryan!

We're very proud of you.

Love, Mom, Dad & Lauren



Congratulations Kate!

We Love You! Mom, Dad and Laura





















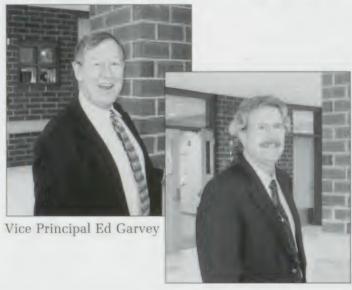








# Congratulations to the Class of 2006!



Principal Tom Jones

Congratulations to the Super Senior Class of 2006!



Y.F.N.G.D.









## Congratulations Class of 2006



# Superior Interiors

We are a full Service
Commercial Flooring & Painting Company.

### FRANK J. LaTEANO

Vice President

TEL (860) 623-3486 • FAX (860) 292-6102 • CELL (860) 883-5378 E-Mail: flateano@flrassociates.com P.O. Box 568 • 230 Main St. • East Windsor, CT 06088











IMAGINE



Where Seniors Go!



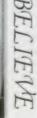
ACHIEVE



DREAM









s Avenue • Holyoke, MA 01040 • 413.532.9406 • 800.639.2104

www.greniersphoto.com









#### Dimensions Hair Design, L. L.G.

805 Thompsonville Rd. Suffield, CT 06078 860-668-4830

Tues. - Thur. 9:30-8 Fri. 9:30-6

Sat. 9:00-2



PlourdeRealty.com

#### PLOURDE REALTY

Joe Plourde, ABR, CRS

Your Neighbor Your REALTOR Since 1971

"Experience Matters" (860) 668-1020

Tel. (860) 668-6476

Fax (860) 668-6075

THE LAW FIRM OF VICTORIA SPELLMAN & Associates, LLC

133 MOUNTAIN ROAD, SUFFIELD, CT 06078 E-MAIL VICTORIA@VICTORIASPELLMAN.COM

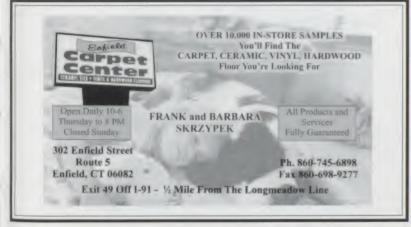
#### J. T. N. ELECTRICAL, INC.

"Where Quality Comes First"

Specializing in:

- Home Network Wiring Service Upgrades
- Custom Home Wiring Generator Wiring 860-668-8854

CT Lic. No. 180298 MA Lic. No. E38216 John T. Nadeau 1213 North Street, Suffield, CT 06078



www.Superiordecor.com supdec@aol.com

Phyllis La Teano



Wallcoverings • Carpets • Shades & Blinds Custom Draperies

880 Burbank Avenue Suffied, CT 06078

Phone: 860.668.1505 Fax: 860.668.1974

# LAGANA, ROBERGE

James A. Lagana, CPA

One Hartfield Boulevard • East Windsor, Connecticut 06088 (860) 627-6600 Ext. 12 • (800) 359-6600 Ext. 12 • Cell: 462-2752 Fax (860) 623-6590 • E-mail: lagana5@juno.com Website: www.lrccpa.com

#### THE COUNTRY DINER, LLC

#1 Place Where Friends Meet to Eat



#### BREAKFAST • LUNCH • DINNER • CATERING

Joseph M. Ravalese - Prop.

111 Hazard Avenue • Enfield, CT 06082 Bus. (860) 763-5338 • Fax (860) 749-6868 • Cell (860) 463-0142 www.thecountrydiner.com









# Congrats Class of 2006

#### EAST GRANBY FAMILY PRACTICE, L.L.C.



13 Church Road P.O. Box 518 East Granby, CT 06026 Hours by Appointment Only

Appointments: (860) 653-4526 Prescriptions: (860) 653-2305 Referral: (860) 653-0006 Billing: (860) 653-0006 Fax: (860) 653-5209

Steven R. Dieterich, M.D. Edward M. Ewald, M.D. David R. Howlett, M.D. Sandra M. Hughes, M.D.

Elizabeth S. Freedman, M.D. Edee Vassar, A.P.R.N. Maryann Webster, A.P.R.N. Jeannie Crabtree, A.P.R.N









Congratulations
To
Emily Corallo
And
The Class of 2006
From



Newberry Industries And Mom, Dad, Ben, Chris and Danny









### Congratulations To The Class of 2006

From All of Us At



A Full Service Salon For Men and Women

Color and Foil Specialists

Hair - Manicures - Pedicures - Skin Care - Massage Therapy Tanning - Micro-Dermabrasion - Waxing Fiberglass, Gel and Acrylic Hails Private Facial and Pedicure Rooms

One of the Area's Largest Salon's Serving Suffield and The Surrounding Communities Since 1983

Hours:

Monday 9 a.m. - 5 p.m. Tues. thru Friday 9 a.m. - 8 p.m.

Saturday 8 a.m. - 3 p.m.

136 Mountain Road Suffield, CT 06078

www.hairunlimitedct.com

(860) 668-7401





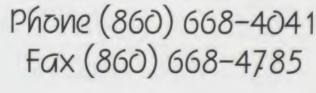




# Suffield Veterinary Hospital

Dr. Ann Huntington Dr. Anita Sabellico Dr. Dawn Burke Dr. Jean Herrman Dr. Tracy Powell

577 East Street South Suffield, CT 06078





Website: www.suffieldvet.com









## Suffield Police Department



Congrats Class of 2006!!

#### Congratulations

Class of 2006!
Good Luck as you start the next chapter in your life.

SUFFIELD HIGH PARENTS ASSOCIATION SUFFIELD HIGH SAFE PARTIES



SUFFIELD HIGH ATHLETIC BOOSTER CLUB











#### Airways Golf Course & CC

PAR FORE GOLF, LLC

PUBLIC GOLF • PRIVATE PARTIES • TOURNAMENTS SEASON MEMBERSHIPS • LEAGUES

1070 South Grand Street West Suffield, CT 06093 (860) 668-4973 www.airwaysgolf.com

Bob & Susan Kemp Owners/Managers



WNITED GEAR & MACHINE, INC.

**GEAR & SPLINE SPECIALTY** 

"Play It Cool and Stay In School"

> William J. Malec President

(860) 623-6618

1087 East Street, Rte 159 Suffield, CT 06078











# FL & R Associates, Inc.

D.B.A. SUPERIOR FLOORING & FINISHES

We are a full Service Commercial and Residential Interior Finishes Contractor

#### FRANCINE LATEANO

Coordinator

(860) 623-3486 • FAX 292-6102 230 Main St. • East Windsor, CT 06088

# The Suffield House and Eagle Pointe @ The Suffield House

Life is filled with compromises....

Your choice of assisted living and nursing home care shouldn't be

One Canal Road, Suffield, CT 06078 860-668-6111









# "For A Life Worth Celebrating",

#### Nicholson & Carmon Funeral Home

Congratulations to the Class of 2006







668-7324

www.carmonfuneralhome.com

443 East Street



Suffield, CT

#### CONGRATULATIONS

Class of 2006 Suffield High School



CHESTNUT OAK ASSOCIATES
Your Home Town Realtor
76 Mountain Road
Suffield, CT 06078
668-0234

Knowledgeable and Professional Service









#### Major to Minor Auto Repairs



# SHERIDAN'S PROTECH AUTOMOTIVE

Jim Sheridan, Jr.

(413) 569-1254 (413) 569-1255 1-800-497-5395

153 Point Grove Road

Southwick, MA 01077



BRIAN E. SIKES Conn. Licensed Tree Expert

#### SIKES TREE SERVICE

Complete Tree Maintenance & Removal Since 1950 - Fully Insured

P.O. Box 447 1425 Mapleton Ave. Suffield, CT 06078

Telephone# 860-668-4159







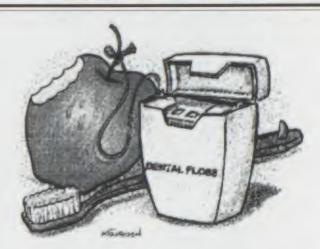


# Congratulations and Best Wishes to the Class of 2006



61 Ffyler Place Suffield, CT 06078 860-668-3722

Commerical Printing • Promotional Products
Business Forms • Distribution Services



SUFFIELD VILLAGE DENTAL, P.C.
Lawrence Albert, D.D.S.
Craig Tini, D.D.S.
(860) 668-4431
215 Suffield Village
Suffield, CT 06078

## Congratulations to the Class of 2006



#### **FIRST PIONEER**

Farm Credit, ACA

174 South Rd. ♦ Enfield, CT 06082-4414 (800) 562-2235 ♦ (860) 741-4380 ♦ FAX (860) 253-5565



#### SmileOra

Smiling Teeth is the way we Care!

Anil Mehta,DDS. Family Dentistry

Family Dentistry

MOST INSURANCES ACCEPTED

FREE CONSULT

PH: 860-668-CARE (2273)

EVENING & SATURDAY APPOINTMENTS AVAILABLE

Our Goal:

C. Commitment to Excellence

A. Affordable Price

R. Relaxing Environment E. Emergency Treatment Laser Whitening Implant Prosthesis 681 East St. North State Route 159 & 190) Suffield, CT 06078 Visit our Website:

GREAT DISCOUNTS FOR SELF-PAY PATIENTS. DISCOUNTED DENTAL PLANS & COUPONS AVAILABLE AT AN AFFORDABLE PRICE. 10% SENIOR CITIZEN DISCOUNT. 10-25% DISCOUNT FOR DENTAL PLAN MEMBERS. (Not valid with Dental Insurance)

GET A PROFESSIONAL CLEANING, CHECKUP AND X-RAYS DONE AT A REASONALBLE PRICE AND RECEIVE FREE GIFT AND FREE FLUORIDE TREATMENT (VALID FOR NEW PATIENTS ONLY)





















